"Autobiography can be a path to increasing our understanding of individuals' inside views of life and how these views may influence the outcomes of life in terms of health and well-being, especially as people enter their later years."

(Birren, 2006, ASA *MindAlert*)

Narrative Gerontology & Medicine:

Harnessing Personal Stories to Enhance Elder Care

8:15 AM — 4:00 PM
Friday, August 6, 2010

Bellerive Hall
UMSL South Campus

Preliminary Agenda

8:15 Registration & Networking *

9:00 Welcome — Program Chairs: Tom Meuser, PhD, UMSL Gerontology; Abhilash Desai, MD, SLU CHBA

9:15 The Healing Power of Personal Stories
Lori Schwartz, Apartment Community, Our Lady of the Snows

9:30 Reminiscence & Life Review in Aging: The UMSL Life Review Project
Tom Meuser, PhD

10:15 Life Review in Hospice: Enriching Life & Dying
Presentation team from St. Anthony's Hospice (TBA)

10:45 BREAK

11:00 Panel Discussion: Community-Based Interventions (Meuser, Moderator)
Karen Bono, MSG, Life Memories Renewed
Suzanne A. Doyle, PhD, RN, LCSW, BJC Hospice LUMINA & Threshold Programs
Daphne Lo, 3rd Year Medical Student, Saint Louis University School of Medicine
Deb Bryer, RN, Project Esteem, Alzheimer's Association — St. Louis Chapter

12:00 LUNCH *(Pick up your box lunch and join a table discussion!)*

12:45 Reporting from Discussion Tables (Desai, Moderator)

1:00 Narrative Medicine: Listening to Patients for Help & Healing
Abhilash Desai, MD

1:45 Narrative Medicine & Clinical Practice: A Personal Account
Florian P. Thomas, MD, MA, PhD, SLU School of Medicine & St. Louis VA Spinal Cord Injury/Dysfunction Service
Angela Cass-Prost, PsyD, Saint Louis VA Medical Center

2:30 BREAK

2:50 SPECIAL ADDRESS "Life, Meaning & Legacy in the Alzheimer's Experience"
Russ Ainsworth, Former Editor, St. Louis Post-Dispatch, & Author of *Drop & Hook* (2008)

3:20 Q & A with all Presenters (Modertator, Meuser)

Presented by
Gertontology Graduate Program & School of Social Work, University of Missouri — St. Louis
Center for Healthy Brain Aging (CHBA), Saint Louis University School of Medicine
Project Esteem, Alzheimer's Association — St. Louis Chapter

Pre-registration is required for this FREE program.
RVSP to 314-516-5280 by noon on Monday, 8/2/10.
Confirmation and driving directions by e-mail. Parking passes to be distributed at the Registration Desk. No formal CE units are planned, but everyone will receive a general certificate showing contact hours.

"Like narrative, medical practice requires the engagement of one person with another and realizes that authentic engagement is transformative for all participants."

(Charon, 2001, JAMA)