

UMSL Campus Rec Weightlifting

RECORD HOLDERS

AS OF SPRING 2007

Mens

| WT CLASS | YEAR | NAME | SQUAT | BENCH | DEAD | TOTAL |
|-------------|------|-----------------------|-------|-------|------------|-------|
| 123 | 1982 | Tony Rogers | ---- | ---- | 305 | ---- |
| | 1984 | Tim Fulton | ---- | 245 | ---- | ---- |
| | 1988 | Gary Steensgard | 300 | ---- | ---- | 685 |
| 132 | 1983 | Matt Muccigrosso | 295 | ---- | 375 | 865 |
| | 1988 | Roland Nichols | ---- | 275 | ---- | ---- |
| 148 | 1987 | Kelly McKee | 450 | ---- | 475 | 1175 |
| | 2001 | Trever Mitchell | ---- | 345 | ---- | ---- |
| 165 | 1984 | M. Kinney | ---- | ---- | 465 | 1195 |
| | 1984 | Pat Chunn | 475 | ---- | ---- | ---- |
| | 1998 | Trever Mitchell | ---- | 365 | ---- | ---- |
| 181 | 1982 | Steve Gebbardt | 500 | ---- | ---- | 1240 |
| | 1999 | Trever Mitchell | ---- | 360 | ---- | ---- |
| | 2003 | Jim Powell | ---- | ---- | 480 | ---- |
| 198 | 1981 | Rick Rowley | 530 | ---- | ---- | ---- |
| | 1989 | Fred Washington | ---- | ---- | 485 | 1210 |
| | 1989 | Pete Vogel | ---- | ---- | 485 | ---- |
| | 2000 | Trevor Mitchell | ---- | 355 | ---- | ---- |
| 220 | 1984 | Paul Detommasa | ---- | 430 | ---- | 1480 |
| | 2004 | Kevin Spirek | 565 | ---- | ---- | ---- |
| | 2007 | Matt Schamburg | ---- | ---- | 535 | ---- |
| 242 | 1983 | Dan Lavery | ---- | ---- | 460 | ---- |
| | 1988 | Bill Mc Donough | ---- | 420 | ---- | ---- |
| | 1989 | Robert Melton | 565 | ---- | 460 | 1340 |
| Heavyweight | 1991 | Arnold Peoples | ---- | ---- | 535 | ---- |
| | 2006 | Matthew W. Krulic | 605 | 465 | ---- | 1565 |

Womens

| WT CLASS | YEAR | NAME | SQUAT | BENCH | DEAD | TOTAL |
|----------|------|---------------------|-------|-------|------|-------|
| 105 | 1995 | Nancy Berg | 160 | 75 | 155 | 390 |
| 114 | 1996 | Laura Schemmer | 135 | 80 | 145 | 360 |
| 123 | 1979 | Cindy Kuhn | ---- | 135 | ---- | ---- |
| | 1995 | Dawn Friese | 185 | ---- | 230 | 525 |
| | 2003 | Megan Mauck | 185 | ---- | ---- | ---- |
| 132 | 1997 | Neha Amin | 235 | ---- | 195 | 515 |
| | 1999 | Rebecca Robinson | ---- | 115 | ---- | ---- |
| 148 | 1986 | Bridget Bufford | ---- | 135 | ---- | ---- |
| | 1989 | Donna Witteried | ---- | ---- | 230 | ---- |
| | 1995 | Donna Witteried | 315 | ---- | ---- | 625 |
| | 1998 | ShaDonna Shaffer | ---- | 135 | ---- | ---- |
| 155 | 1989 | Shelly Krafft | ---- | 135 | 275 | 655 |
| | 1994 | Donna Witteried | 300 | ---- | ---- | ---- |
| | 1999 | Nancy Getchell | ---- | 135 | ---- | ---- |
| 166 | 1991 | Kathleen Grueneberg | 225 | 120 | ---- | 535 |
| | 1999 | Erica White | ---- | ---- | 195 | ---- |
| 177 | 1992 | Krista Salem | ---- | ---- | 245 | ---- |
| | 2000 | Erica White | 205 | 110 | ---- | 520 |
| | 2000 | Rachel White | 205 | 110 | ---- | 520 |
| 195 | 1996 | Joanna Webb | 135 | ---- | ---- | ---- |
| | 2003 | Nichole Foster | 215 | 165 | 235 | 615 |