

UMSL CAMPUS RECREATION • FALL 2009

SPORTS & RECREATION
Click on Activity for FLYER & UPDATES

TEAM SPORT SIGN-UP
Click

	TEAM SPORT SIGN-UP Click <input type="checkbox"/>	Divisions	Format	Dates	Days	Times	Place	Entry Deadline
Kickball	<input type="checkbox"/>	COED	TOURNEY 6:6	SEPT 3	Thur	2-4pm	MT Rec Field	Tu, SEPT 1
Tennis		M & W •Beg/Int/Adv	Singles Tourney	SEPT 12	Sat	9:30am-1pm	MT Tennis Cts	Th, SEPT 10
Coed Volleyball	<input type="checkbox"/>	COED A & B	LEAGUE 6:6	SEPT 14 -NOV 16	Mon	7-10pm	MT Gym	Th, SEPT 10
Flag Football	<input type="checkbox"/>	Mens, Womens	LEAGUE 7:7	SEPT 15 -NOV 10	Tues	1:30-5pm	MT Rec Field	Th, SEPT 10
Bowling Doubles		OPEN	LEAGUE 2:2	SEPT 16 -OCT 28	Wed	3:30-5pm	North Oaks Bowl	Th, SEPT 10
Indoor Soccer	<input type="checkbox"/>	Mens, Womens	LEAGUE 6:6	SEPT 16 -NOV 4	Wed	7-10pm	MT Gym	Th, SEPT 10
Canoe the Meramec River		OPEN	REC TREK •\$70	SEPT 19	Sat	9:30am-5pm	Meramec River	Th, SEPT 10
Soccer	<input type="checkbox"/>	OPEN	LEAGUE 9:9	SEPT 21 -NOV 2	Mon	1:30-5pm	MT Rec Field	Th, SEPT 17
Golf Scramble	<input type="checkbox"/>	OPEN	Scramble 4:4	SEPT 25	Fri	10:30am	Normandie G.C.	Th, SEPT 17
Softball BBQ	<input type="checkbox"/>	COED A & B	Tourney & BBQ	SEPT 26	Sat	12-5pm	Softball Field	Th, SEPT 17
Punt Pass Kick Challenge		Mens, Womens	Skill Contest	SEPT 29	Tues	1-4pm	MT Rec Field	Just BE THERE!
40-Yard Dash		Mens, Womens	Skill Contest	OCT 6	Tues	1-4pm	MT Rec Field	Just BE THERE!
Horseback Trail Ride		OPEN	REC TREK •\$70	OCT 10	Sat	10am-12pm	Ace Stables	Tu, OCT 6
Racquetball		M & W •Beg/Int/Adv	Singles Tourney	OCT 20 -23	Tu-Fri	Flexible	MT RB Cts	Th, OCT 15
Hayride & Campfire Roast		OPEN	RECTREK •\$5	OCT 23	Fri	6:30-10:30pm	Old Halls Ferry Stable	Th, OCT 15
Floor Hockey	<input type="checkbox"/>	Mens, COED	LEAGUE 6:6	OCT 27 -DEC 8	Tues	7-10pm	MT Gym	Th, OCT 22
Bowling & Pizza Party		OPEN	PARTY •FREE!	OCT 28	Wed	7-9pm	North Oaks Bowl	Mon, OCT 26
BB Free Throws & Hot Shots		Mens, Womens	Shooting Contests	NOV 3 -6	Tu-Fri	11am-1pm	MT Gym	Just BE THERE!
Coed Indoor Soccer	<input type="checkbox"/>	COED	LEAGUE 6:6	NOV 4 -DEC 9	Wed	7-10pm	MT Gym	Th, OCT 29
Texas Hold Em		OPEN	Tournament	NOV 5	Thur	7-11pm	Provincial House	Tu, NOV 3
Lazer Tag, Demoball & Pizza		OPEN	RECTREK •FREE!	NOV 12	Thur	6-10pm	Adrenaline Zone	Th, NOV 5
Volleyball	<input type="checkbox"/>	Mens, Womens	TOURNEY 6:6	NOV 30	Mon	7-10pm	MT Gym	Th, NOV 19
Bingo Study Break Party		OPEN	PARTY •Prizes! Food!	DEC 3	Thur	7-9pm	Provincial House	Just BE THERE!
Wallyball	<input type="checkbox"/>	COED A & B	TOURNEY 3:3	DEC 7	Mon	6:45-9pm	MT RB Cts	Th, DEC 3

For Sports, Fitness, Adventure, and Fun... Register in the

CAMPUS REC OFFICE • 203 Mark Twain • 516-5326 • www.umsi.edu/services/recsport