

"Autobiography can be a path to increasing our understanding of individuals' inside views of life and how these views may influence the outcomes of life in terms of health and well-being, especially as people enter their later years."

(Birren, 2006, ASA *MindAlert*)

Narrative Gerontology & Medicine:

Harnessing Personal Stories to Enhance Elder Care

8:15 AM — 4:00 PM
Friday, August 6, 2010

Bellerive Hall
UMSL South Campus

Preliminary Agenda

- 8:15 **Registration & Networking ***
- 9:00 **Welcome** Program Chairs: Tom Meuser, PhD, UMSL Gerontology
Abhilash Desai, MD, SLU CHBA
- 9:15 **The Healing Power of Personal Stories**
Lori Schwartz, Apartment Community, Our Lady of the Snows
- 9:30 **Reminiscence & Life Review in Aging: The UMSL Life Review Project**
Tom Meuser, PhD
- 10:15 **Life Review in Hospice: Enriching Life & Dying**
Presentation team from St. Anthony's Hospice (TBA)
- 10:45 **BREAK**
- 11:00 **Panel Discussion: Community-Based Interventions** (Meuser, Moderator)
Karen Bono, MSG, Life Memories Renewed
Suzanne A. Doyle, PhD, RN, LCSW, BJC Hospice LUMINA & Threshold Programs
Daphne Lo, 3rd Year Medical Student, Saint Louis University School of Medicine
Deb Bryer, RN, Project Esteem, Alzheimer's Association — St. Louis Chapter
- 12:00 **LUNCH** (*Pick up your box lunch and join a table discussion!*)
- 12:45 **Reporting from Discussion Tables** (Desai, Moderator)
- 1:00 **Narrative Medicine: Listening to Patients for Help & Healing**
Abhilash Desai, MD
- 1:45 **Narrative Medicine & Clinical Practice: A Personal Account**
Florian P. Thomas, MD, MA, PhD, SLU School of Medicine & St. Louis VA Spinal Cord Injury/Dysfunction Service
Angela Cass-Prost, PsyD, Saint Louis VA Medical Center
- 2:30 **BREAK**
- 2:50 **SPECIAL ADDRESS** "Life, Meaning & Legacy in the Alzheimer's Experience"
Russ Ainsworth, Former Editor, St. Louis Post-Dispatch, & Author of *Drop & Hook* (2008)
- 3:20 **Q & A with all Presenters** (Modertator, Meuser)

Presented by

Gerontology Graduate Program & School of Social Work, University of Missouri — St. Louis
Center for Healthy Brain Aging (CHBA), Saint Louis University School of Medicine
Project Esteem, Alzheimer's Association — St. Louis Chapter

Pre-registration is required for this FREE program.

RVSP to **314-516-5280** by noon on Monday, 8/2/10.

Confirmation and driving directions by e-mail. Parking passes to be distributed at the Registration Desk. No formal CE units are planned, but everyone will receive a general certificate showing contact hours.

"Like narrative, medical practice requires the engagement of one person with another and realizes that authentic engagement is transformative for all participants."

(Charon, 2001, JAMA)