

Special Guest
Gay Hannah
National Center for Creative Aging
Arts & Well-Being

Special Guest
Nancy Lewis
Kevin Kline Award winner, as artist
Louise Nevelson

Symposium's
Live
Performance

THE ART OF AGING

January 6, 2012

**Afternoon
Breakouts:**

- Creativity & Health
- Universal Design & Successful Aging
- Art Therapy
- Art of Gardening
- Expression in Dance

Join Presenters:

- Gay Hannah
- Colleen Starkloff
- Tom Brady
- Nancy Lewis

2012 St. Louis Times Geriatrics Symposium

***Our new full-day format promises
an enjoyable and informative
experience for all.***

You will learn from noted experts on the arts and aging in the morning, and participate in some exciting hands-on sessions in the afternoon. As in the past, adults from all walks of life and professionals from social service, health care and long-term care are invited. Meals and a general certificate of attendance are included. Social Work CEU certificates are available upon request. Regular registration is \$50 for this full-day event. Late (after 12/26) and walk-in registration is \$60.

To register or for full details visit
www.stlouistimes.com/symposium_2012.asp
or call Raina at (314) 516-5974

THE ART OF AGING

Gay Hannah, PhD, MFA ***Creative Expression, Health & Well-Being in Advancing Age***

Executive Director, National Center
for Creative Aging

Dr. Hanna will discuss the vital relationship between creative expression and the quality of life of older people. Creative expression is important for older people of all cultures and ethnic backgrounds, regardless of economic status, age, or level of physical, emotional, or cognitive functioning. Benefits for health and well-being are possible for all.

Nancy Lewis



Symposium's
Live
Performance

Nancy Lewis, Actor ***A Conversation with Louise Nevelson***

A pioneer and grand dame of the art world, American sculptor, Louise Nevelson (1899–1988), is portrayed by award-winning actress Nancy Lewis in this one-woman performance inspired by interviews of the artist, written and directed by Lana Pepper. Lewis was a 2006 recipient of a Kevin Kline Award for Outstanding Actress in a Play for her work in The Orange Girls' production of GOING TO SEE THE ELEPHANT.

Debra Ebel, Master Gardener ***Creative Expression through Safe, Ergonomic Gardening***

Retired educator
MO Botanical Garden Kemper Center volunteer
Master Gardener Speakers Bureau

Create a beautiful garden while benefiting from physical activity. Master Gardener Debra Ebel will provide ideas for creating visually appealing gardens while sharing information for easy ways to protect yourself while working in your garden, including general safety tips and safe ways to lift, turn, carry and operate gardening tools.

January 6, 2012
7:30 a.m.–3:15 p.m.

J.C. Penney Conference Center
University of Missouri–St. Louis

Registration Fees:

\$50 regular (by Dec. 26)

\$60 late & walk-in (after Dec. 26)

\$25 senior (65+)

Sponsorship Opportunities Available
visit www.stlouistimes.com/symposium_2012.asp

