Finals Week Preparation

Finals week is fast approaching! There are a variety of methods to ensure success during finals week. Follow these five tips for a smooth week:

1. Get organized before your final exams. Write down the dates and times on a calendar so you can be fully prepared.

2. Create your own study schedule, and stick to it. Give yourself specific times to study for certain classes. This will help you alleviate possible procrastination attempts.

3. Exercise! Get the blood flowing. If you notice that you haven’t gotten up in a while, take a break and walk or stretch for 10-15 minutes.

4. Try to keep a consistent sleep schedule. Getting seven hours a night will keep you well-rested and more focused.

5. Ask for help when you need it. Whether it be from a friend, professor, or someone at the tutoring center, ask for help if you feel confused.

Important Dates

December 8th: Classes end at 5 PM
December 10th-15th: Finals week
December 28th: Application deadline for the UMSL Dr. King scholarship

“Education is the key to unlock the golden door of freedom.”
- George Washington Carver

Study Hall Tutor Search

Spring 2019

Calling all Peer Tutors: are you interested in switching to a Study Hall position? We are looking for a few additional Study Hall tutors for the Spring Semester – Particularly in Nursing.

What’s the difference? Study Hall tutors have set hours that they work every week, and they work in our office at 225 MSC. Study Hall tutors may assist many students during their work shifts, or only a few – it depends on who walks into our center that day.

If you are interested, you can reach out to Becca to request more information.
Rm2hp@mail.umsl.edu

Meet the Staff

Andrea Tinsley
Graduate Assistant

Andrea grew up in Osage Beach, MO. After graduating high school in 2011, she attended the University of Missouri in Columbia and obtained a B.S. in Middle School Education in 2016. She then taught 7th grade English Language Arts in Versailles, MO for two years before moving to the St. Louis area for graduate school. Currently, she is working towards a masters degree in higher education at UMSL. In her free time, she enjoys traveling, watching movies, reading, and hiking.