Changing the World

Over the summer of 2019, the University Tutoring Center adopted the new mission, “Changing Your World.” The UTC is committed to supporting UMSL by providing students with opportunities to learn new effective study strategies while increasing their overall success and confidence in college level courses. Education in general changes the lives of students. Obtaining a degree is a difficult challenge, and it often takes great commitment, perseverance, and hard work. Through education, individuals gain new knowledge, build a strong skill set, and learn more about themselves.

Education changes the lives of students, and it also deeply effects society. Speaking tangibly, the population invests tax dollars to fund certain higher education institutions. Some of that investment is paid back in increased tax revenue from higher wages, and this stimulates the economy.

Besides economically, education has also been historical in fostering social change. For the most part, colleges and universities encourage political involvement, equality, and sustainability, all of which bring great change and value to the world. Higher education institutions not only provide opportunities for academic success, but they also promote advancement towards a better society.

If you have any stories of how UMSL or the University Tutoring Center has changed your world, please write an e-mail to Andrea Tinsley at ajtxc5@mail.umsl.edu. Your story could be published!

Apps for Staying Focused

Self-Control

Self-Control helps students focus by blocking distracting websites on the internet during study time. The student chooses which domains to block, and the app follows through. Once a study session begins, it does not stop until the timer runs out or the computer is restarted.

Focus@Will

Focus@Will has a database of lyric-free music designed to increase focus and attention. This app allows users to track how productive they felt during a certain audio track. Focus@Will also gives users a short quiz to determine learning styles and preferences. This app is truly an individualized approach to listening to music while learning.

Meet the UTC

Jason Johnson
Manager of the University Tutoring Center

Jason joined the UMSL family in June 2019. Before his career in higher education, Jason taught high school English for nine years and served as an Afterschool Program Director for two years. He earned his B.S. in Elementary Education from Central Methodist University in 2009, and in 2012, he earned his M.Ed. in Administration from William Woods University. Jason has plans to earn his doctoral degree to help him better serve the students using the UTC and give them the preparation and confidence needed to transform their lives. If you see Jason around, please welcome him to UMSL!