The Study Cycle

Step 1: Preview
If there is a pre-class reading, be sure to read it carefully before class. Take a look at what you’ll be covering during lecture before you go to class. This will help you gain a sense of the big picture and anticipate how concepts fit together.

Step 2: Attend
Attending class isn’t simply going to class; attending class is active. To make the most out of your class time, be engaged and attentive. Take notes in a way that will be beneficial to you, stray from distractions, and write down any questions you have so you can ask your professor or another student for help in the future.

Step 3: Review
Set a time after class to review your notes; it will be more helpful if you do this the same day as the class because the material will be fresh. Try a few different methods to review the material: summarize the key points, ask questions, and analyze the main concept.

Step 4: Study
Schedule several study sessions each week. Study sessions can be long or short because there is no “right” amount of time to study. The important part is that you engage. When you plan your study sessions, start by creating specific and realistic goals. If you feel completely drained, allow yourself to take a short break to boost productivity.

Step 5: Check In
The last step is to check in with yourself. At the end of a study session, ask yourself questions to test your knowledge. If you cannot answer most of your questions, perhaps it’s time to try another study strategy. You should only be utilizing strategies that work for you—and the only way to ensure that is by consistently testing yourself.

“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

- Maya Angelou

Important Semester Dates

Fall Break
November 23—December 2

Finals Week
December 9—December 14

Commencement
December 14

Meet the UTC

Yeshwitha Edla
Student Clerical Worker

International student, Yeshwitha Edla, graduated with a Bachelor’s degree in Computer Science from Sreenidhi Institute of Science and Technology in Hyderabad, India in 2018. She is currently pursuing a Master’s degree in Computer Science. She has always had a knack for technology and business since she was a kid. This step is taking her close to her lifelong dream of working as a software developer. Her dreams are not only limited to this, as she also wants to start her own company in the upcoming years.