# ASSOCIATE OF ARTS TO A
# BACHELOR OF SCIENCE IN EDUCATIONAL STUDIES:
# EXERCISE SCIENCE AND WELLNESS

## UNIVERSITY OF MISSOURI – ST. LOUIS &
## ST. LOUIS COMMUNITY COLLEGE
## TRANSFER GUIDE

This Guide is intended for the use of students who plan on transferring from St. Louis Community College (STLCC) with a completed Associate in Arts to the University of Missouri – St. Louis (UMSL) to pursue a Bachelor of Science in Educational Studies: Exercise Science and Wellness.

The following are the requirements of the STLCC Associate in Arts degree program as they are recommended for students intending to continue on into UMSL’s Bachelor of Science in Educational Studies: Exercise Science and Wellness. Completing these requirements as they are recommended here will maximize the transferability of a student’s coursework toward their UMSL Bachelor’s degree. Further details of this Associates degree program, as well as comprehensive lists of courses that satisfy each General Education component, may be found within the STLCC course catalog or may be obtained through a STLCC advisor.

This guide is intended for use under advisement of a STLCC Academic Advisor or UMSL Transfer Specialist and is not considered to be substitution of such advisement.

## GENERAL EDUCATION – CORE 42

### Communications – Written & Oral
- **9 hours required**
  - ENG 101 College Composition I (MOTR ENGL 100) (3)
  - ENG 102 College Composition II (MOTR ENGL 200) (3)
  - COM 107 Public Speaking (MOTR COMM 110) (3)

### Mathematical Sciences
- **3 hours required**
  - Complete 1 of the following courses:
    - MTH 160 Pre-calculus Algebra (MOTR MATH 130) (4)
    - MTH 161 Quantitative Reasoning (MOTR MATH 120) (4)

### Social and Behavioral Sciences
- **9 hours required**
  - Complete 1 of the following courses (Civics requirement)
    - HST 101 US History to 1865 (MOTR HIST 101) (3)
    - HST 102 US History 1865- Present (MOTR HIST 102) (3)
    - PSC 101 Intro to American Politics (MOTR POSC 101) (3)
  - PSY 205 Human Growth and Development (MOTR PSYC 200) (3)
  - Complete 1 additional course in Social and Behavioral Science Course from MOTR list

### Humanities and Fine Arts
- **9 hours required**
  - PHL 103 World Religions (MOTR RELG 100) (3) or ENG 231 World Literature (MOTR LITR 200) ** either course meets UMSL’s Cultural Diversity requirement
  - Complete 2 courses in the Humanities and Fine Arts from MOTR list

The information in this Transfer Guide is in accordance with the published 2020-2021 Course Catalogs of both UMSL and STLCC.
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Natural Sciences                   7 hours minimum, must include at least 1 lab class
☐ BIO 111 Introductory Biology I (MOTR BIOL 100L) (4)
☐ Complete additional course in Natural Sciences from MOTR list (3)

CORE 42 ELECTIVE(S) (MOTR COURSES TO REACH 42 CREDIT HOURS)
☐ Complete MOTR electives to reach 42 hours

GENERAL ELECTIVES FOR AA-GENERAL TRANSFER STUDIES (60 HOURS MINIMUM)
Complete 18 hours of coursework selected from the following courses:
☐ Elective Course: PE 135 Health and Personal Hygiene (3)
☐ Elective Course: EDU 218 Education Technology (3)
☐ Elective Course: MGT 204 Business Organization and Management (3)
☐ Elective Course: BIO 207 Anatomy & Physiology I (MOTR LIFS 150L) (4)
☐ Elective Course:
☐ Elective Course:

For any questions regarding this guide please contact the UMSL Office of Transfer Services at (314) 516-5451.