

Renata Sledge

Assistant Professor of Social Work • University of Missouri St. Louis • rsledge@umsl.edu

Education

PhD, Medical Family Therapy, Saint Louis University, St. Louis, MO, 2021

Dissertation Title: Exploring Dyadic Shared Decision-Making in Dialysis Through a Semi-Systematic Literature Review of Ethics and an Interpretive Phenomenological Inquiry

Certificate in Health Care Ethics, Saint Louis University, St. Louis, MO, 2008

MSW, Indiana University-Purdue University Indianapolis, Indianapolis, IN, 2004

BS, Music Therapy, Saint Mary-of-the-Woods College, St. Mary-of-the-Woods, IN, 2001

Professional Certifications

2007 Licensed Clinical Social Worker, *Illinois* 149.012465

2012 Licensed Clinical Social Worker, *Missouri* 2012002298

Qualified Clinical Social Work Supervisor

Additional Training

Council on Social Work Education Program Director Academy (Cohort 6), May 2023

Foundational Restorative Justice for Institutions of Higher Education, University of San Diego School of Leadership and Education Sciences, May 2022

Foundation Certificate in University Teaching Skills, Saint Louis University, December 2020

Meaning Centered Psychotherapy, Memorial Sloan Kettering Cancer Center, New York, NY, October 2017

Strategic Program Planning and Implementation, Washington University, St. Louis, MO, June 2017

From Cancer to Health, Ohio State University, Columbus, OH May 2014

Strengthening Communication, Recruitment, and Retention Practices in Cancer Clinical Trials, ENAACT, St. Louis, MO, August 2013

The Social Work End of Life Project, St. Louis, MO, March 2008

Nephrology Social Work Practice: An Outcomes-Driven Model, National Kidney Foundation, Orlando, FL, April 2007

Neurologic Music Therapy-Short Course, Academy for Neurologic Music Therapy, Ft. Collins, CO, January 2002

Bonny Method of Guided Imagery and Music, Level 1, Indianapolis, IN, November 2002

Current Professional Memberships

2025 Society for Social Work and Research

2022 Council for Social Work Education

2020 Society for Medical Decision Making

2018 American Association for Marriage and Family Therapy

2011 National Association of Social Workers

2006 Council of Nephrology Social Workers

Grants and External Funding

1. Sledge, R (PI) & Klicko, K. KidneyX Innovation Accelerator, \$20,000, January 2021

2. Sledge, R (PI) Dialysis Clinics International Research Funding, \$20,000 January 2020-2022

3. Sledge, R (PI) National Kidney Foundation Council of Nephrology Social Workers Research Grant, \$4,100, January 2020- January 2021

4. Sledge, R (PI). St. Luke's Cancer Center, Family Resource Library, \$10,000, 2016

5. Sledge, R (PI). McClanathan Family Foundation, Inspiration Garden, \$15,000, 2017

6. Sledge, R. (PI). Cancer Support Community, Frankly Speaking About Cancer Educational Workshops, \$12,000, 2013-2018
7. Sledge, R. (PI). Lung Cancer Connection, Lung Cancer Monthly Networking Group, \$25,000, 2018-2018
8. Sledge, R. (PI). Arenberg Family Foundation Pancreatic Cancer Monthly Networking Group, \$25,000, 2013-2018
9. Sledge, R (PI) Missouri Baptist Healthcare Foundation, Bereavement Support Group Facilitation \$10,000 2016-2018
10. Sledge, R (PI) Program Contracts with Mercy Hospital, Saint Louis University Cancer Center, Siteman Cancer Center ranging from \$5,000 to \$30,000 Annually 2013-2018

External Grants: Not Funded

1. Engagement Award: Capacity Building (PI: Sledge, Renata; CO-I: Mirna Becevic). 2021
Reviewed; Not funded. The primary goal of this project was to reduce the conceptual and applied knowledge gaps to build the capacity of CKD/ESKD stakeholders to integrate PCOR into patient care.
2. National Institute of Health (PI: Dori Schatell; Co-I's: Sledge, Renata, Snow, Bert). 2021
Reviewed; Not funded. This R01 submission proposed to develop a simulation-based skills assessment and learning tool to address critical gaps in vascular access cannulation training.

Research & Scholarship

Book Chapters

1. **Sledge, R.** (2025). *Belonging, trauma, and resilience: Creating a school environment that celebrates human connection using a multisystemic approach*. In J. Fish and J. Doronkin (Eds.) *Beginning Within: Marking a New Journey toward Equity in Trauma-Informed Education Practices*: Myers Education Press.
2. **Sledge, R.**, Barnes, J., Knight, J., Meyer, D. (2024). *Screening, Assessment, and Diagnosis in Addictions*. In C. Williams (Ed). *Addictions Counseling: Mind, Body, and Spirit*. San Diego, CA: Cognella Academic Publishing.
3. Meyer, D., **Sledge, R.**, & Amick, M. (2022). *Psychopharmacology*. In R. Fulmer (Ed.). *Counseling Theories*. San Diego, CA: Cognella Academic Publishing.

Peer Reviewed Publications

1. Heiden-Rootes, K., Meyer, D., **Sledge, R.**, Davis, B., Drallmeier, T., Linsenmeyer, W., Levine, S., Dalton, M. (2023). Seeking gender-affirming medical care: A phenomenological inquiry on skillful coping with transgender and non-binary adults in the United States Midwest. *Qualitative Research in Medicine & Healthcare*, 7(11485). doi:10.4081/qrmh.2023.11485
2. **Sledge, R.**, Concepcion, B., Witten, B., Klicko, K. & Schatell, D. (2023). Kidney failure patients' perceptions and definitions of health: A qualitative study. *Kidney Medicine*, 5(4). <https://doi.org/10.1016/j.xkme.2023.100603>
3. Meyer, D., Heiden-Rootes, K., **Sledge, R.**, & Salas, J. (2022). The role of couple dynamics in contraception decision-making. *Couple and Family Psychology: Research and Practice*. <https://doi.org/10.1037/cfp0000226>
4. Meyer, D., **Sledge, R.**, Streb, M., Knight, J., Buchanan, T. (2023). Menses and positive partner interactions increase mate guarding behaviors in established romantic couples. *Psychoneuroendocrinology* 153(Supplement). <https://doi.org/10.1016/J.PSYNEUEN.2023.106218>
5. **Sledge, R.**, Meyer, D., Heiden-Rootes, K., Zubatsky, M., Browne, T., & Philipneri, M. (2023). Dyadic shared decision-making in dialysis: An interpretive phenomenological

inquiry. *Families, Systems, & Health*. Advance online publication.

<https://doi.org/10.1037/fsh0000718>

6. **Sledge, R.**, Meyer, D., Zubatsky, M., Heiden-Rootes, K., Philipneri, M., & Browne, T. (2022). A systematic literature review of relational autonomy in dialysis decision making. *Health & Social Work*, 47(1), 53- 61.
7. **Sledge, R.**, Meyer, D., Heiden-Rootes, K., Zubatsky, M., Philipner, M. & Browne, T. (2022). Application of the Family Resilience Framework to dyadic shared decision-making in dialysis: An interpretive phenomenological inquiry. *Journal of Nephrology Social Work*, 45(2), 19-30.
8. Meyer, D., & **Sledge, R.** (2021). The relationship between conflict topics and romantic relationship dynamics. *Journal of Family Issues*, 43(2), 306-313. doi:[10.1177/0192513X21993856](https://doi.org/10.1177/0192513X21993856)
9. Meyer, D., **Sledge, R.**, Manning, D. (2021). Gender dysphoria and transgender concerns in school counseling: Advocating for students. *Journal of LGBTQ Issues in Counseling*, 15(4), 406-425. doi: [10.1080/15538605.2021.1938334](https://doi.org/10.1080/15538605.2021.1938334)
10. Meyer, D., & **Sledge, R.** (2021). Changes in couple dynamics between ovulation and menses. *Psychoneuroendocrinology*, 119(2020), 104978. <https://doi.org/10.1016/j.psyneuen.2020.104978>
11. Meyer, D., & **Sledge, R.** (2020). The potential role of cortisol as a biomarker of physiological interdependence in romantic couples: A systematic review. *Psychoneuroendocrinology*, 121(July), 104834. <https://doi.org/10.1016/j.psyneuen.2020.104834>
12. **Sledge, R.** (2020). Cancer, meaning, and family resilience rituals. NCFR Report, Spring.
13. **Sledge, R.**, Barton-Burke, M., Taylor, J., Shepek, C., Gettinger, T. (2014). Investigating the psychosocial needs of individuals impacted by cancer in north St. Louis. Missouri Foundation for Health Mini-grant funding grant #13-0599-OOA-13 Final Report.
14. **Sledge, R.** (2014). Do not resuscitate orders for adults with developmental disabilities: Ethical considerations in the dialysis center. *Journal of Nephrology Social Work*, (37), 8-14.
15. **Sledge, R.** (2013). The impact of technology on nephrology social work practice. *Nephrology News and Issues*, 27(5), 20-29.
16. **Sledge, R.**, Aebel-Groesch, K., McCool, M., Johnston, S., Witten, B., Contillo, M., Hafner, J. (2011) Social Work Part 2: The promise of Symptom Targeted Intervention (STI) in improving mood and quality of life outcomes in dialysis patients. *Nephrology News and Issues*, 25(7), 24-31.
17. McCool, M., Johnstone, S., **Sledge, R.**, Witten, B., Contillo, M., Aebel-Groesch, K., Hafner, J. (2011) The Promise of Symptom Targeted Intervention to Manage Depression in Dialysis patients. *Nephrology News and Issues*, 25(6), 32-36.
18. **Sledge, R. B.** (2010) KDQOL-36 and the interdisciplinary team. *Nephrology News and Issues*, (7), 36.
19. Burns, D.S., Azzouz, F., **Sledge, R.B.**, Rutledge, C., Hinchey, K., Monahan, P.O., Cripe, L.D. (2007). Music imagery for adults with acute leukemia in protective environments: A feasibility study. *Supportive Care in Cancer*, 16(5), 507-513.
20. Burns, DS, **Maddux, R.**, Daggy, J., Monahan, PO. (2005). Cancer patients' interest and preferences for music therapy. *Journal of Music Therapy*, 42, 185-199.

Regional Posters and Presentations

1. Meyer, D., **Sledge, R.**, & Ford, K. (2020). Move over sex, screen time is the newest couple conflict topic. Poster presentation for the Missouri-Kansas Marriage and Family Therapy Network Annual Conference. St. Louis, MO March 2020.
2. Meyer, D., Heiden-Rootes, K., **Sledge, R.**, & Salas, J. (2020). The role of couple dynamics in contraception decision-making. Poster presentation for the Missouri-Kansas Marriage and Family Therapy Network Annual Conference. St. Louis, MO March 2020.
3. Heiden-Rootes, K., Meyer, D., & **Sledge, R.** (2020). A qualitative study of experiences of transgender adults on hormone therapy in medical and mental health services. National Council on Family Relations Conference. St Louis, MO, November 2020
4. Meyer, D., **Sledge, R.**, & Buchanan, T. (2020). The potential of cortisol as a biomarker of physiological interdependence in romantic couples. A systematic review. Poster presentation for the Missouri-Kansas Marriage and Family Therapy Network Annual Conference. St. Louis, MO March 2020.
5. **Sledge, R.** (2019). Managing cancer related distress. Association on Aging with Developmental Disabilities 29th Annual Conference on Aging with Developmental Disabilities, St. Charles, MO May 20, 2019

National Posters and Presentations

1. **Sledge, R.** & Schatell, D. (2025). Well-being and self-management of ESKD patients in an online health community. Oral Poster presentation for National Kidney Foundation Spring Clinicals 2025.
2. Buchanan, T., Meyer, D., **Sledge, R.**, Knight, J. (2022). Menses and positive partner interactions increase mate guarding behaviors in established romantic couples. Psychoneuroendocrinology Annual Meeting, Chicago, IL, September 2022.
3. **Sledge, R.** (2021). Tapping into Values in Shared Decision-Making. Integrated Care Conference by Collaborative Family Healthcare Association, Madison, WI, October 2021.
4. **Sledge, R.**, Meyer, D., Zubatsky, M., Heiden-Rootes, K., Philipneri, M., & Browne, T. (2021). Patient and Decision Partner Shared Decision-Making in Dialysis. Poster presentation for National Kidney Foundation Spring Clinicals, Virtual Meeting, March 2021.
5. Granger, D., **Sledge, R.**, & Knight, J. (2020). A new perspective of cultural humility: Hermeneutic conversations and the fusion of horizons in maternal mortality. National Council on Family Relations Conference. St Louis, MO, November 2020
6. **Sledge, R.** and Planells, A. (2020). Implicit and generational bias. National Kidney Foundation Spring Clinical Meetings, New Orleans, LA, March 2020.
7. Buzaglo, J., Fritz, R., Harris, K., Rios, P., Sinclair, J., **Sledge, R.**, Stauffer, M., Sutton, A., & Wright, M. (2014). Cancer Experience Registry: Cancer Experience Days and the critical role of affiliates in outreach. Affiliate Leadership Conference. November 11, 2014
8. Burns, D.S., Haase, J.E., Robb, S.L., **Maddux, R.B.**, Hannan, A., Phillips, C., Stancombe, K. (2003). A Pilot study of therapeutic music video production intervention for resilience and quality of life in adolescents/young adults undergoing stem cell transplant, phase II. Poster presentation for the Association of Pediatric Oncology Nurses 27th Annual Conference. Philadelphia, PA October 2003.
9. Burns, D.S., **Maddux, R.B.**, Fuller, L.A., & Cripe, L.D. (2002). Cancer Patient's Interest in the Use of Music Therapy and Preferred Treatment Modality. Poster

presentation at the American Music Therapy Association Annual Conference, Atlanta, GA.

10. Burns, D.S. & Maddux, R.B. (2001). America's interest in complementary and alternative therapy: What it means to music therapy research and practice. American Music Therapy Association National Conference, Pasadena, CA

International Posters and Presentations

1. Sledge, R. (2025). Decision making as a caring practice in dialysis decisions. Poster presentation for the Society for Medical Decision Making Annual Meeting, University of Michigan, Ann Arbor, MI, June 2025.

Blog Posts

1. Sledge, R. (2021). Finding empathy and connection through gratitude. Home Dialysis Central. <https://homedialysis.org/news-and-research/blog/463-finding-empathy-and-connection-through-gratitude>
2. Sledge, R. (2021). The value of self-care for home dialyzers and care partners. Home Dialysis Central. <https://homedialysis.org/news-and-research/blog/457-the-value-of-self-care-for-home-dialyzers-and-care-partners>
3. Sledge, R. (2021). The power of curiosity in shared decision-making. Home Dialysis Central. <https://homedialysis.org/news-and-research/blog/429-the-power-of-curiosity-in-sharing-shared-decision-making>
4. Sledge, R. (2015). What you need to know when you attend your first support group. CSC Blog. <https://www.cancersupportcommunity.org/blog>
5. Sledge, R. (2011). First family tree at preschool. <https://teachpreschool.tumblr.com/search/adoption>
6. Sledge, R. (2011). Parent/Teachers talk about adoption. <https://teachpreschool.tumblr.com/search/adoption>
7. Sledge, R. (2011). Adoption is mysterious and miraculous. <https://teachpreschool.tumblr.com/search/adoption>

Awards & Prizes

- 2021 The Raphael J. Becvar Award; Saint Louis University Medical Family Therapy Program
In recognition of outstanding clinical, research, and scholarly achievement
- 2021 Outstanding Poster Award, National Kidney Foundation Clinical Meeting
- 2012 Council of Nephrology Social Workers Merit Award

Teaching

Courses Taught: 2024-25

- SOC WK 6150 Theory and Practice with Families; *Assistant Professor*; University of Missouri St. Louis (Live/Virtual)
- SOC WK 5450 Research Methods and Analysis; *Assistant Professor*; University of Missouri St. Louis (Live/Virtual)

Courses Taught: 2023-24

- INT 105 Mission Core Culture and the Common Good; *Assistant Professor*; Fontbonne University
- SWK 200 Social and Economic Justice; *Assistant Professor*; Fontbonne University
- SWK 250 Generalist Practice I; *Assistant Professor*; Fontbonne University
- SWK 300 Social Issues and Social Welfare Policy; *Assistant Professor*; Fontbonne University
- SWK 350 Generalist Practice II; *Assistant Professor*; Fontbonne University
- SWK 351 Generalist Practice III; *Assistant Professor*; Fontbonne University

- SWK 370 Social Work Research; *Assistant Professor*; Fontbonne University
- SWK 490 Social Work Writing; *Assistant Professor*; Fontbonne University
- CRJ 410 Victimology; *Assistant Professor*; Fontbonne University

Courses Taught: 2022-23

- SWK 200 Social and Economic Justice; *Assistant Professor*; Fontbonne University
- SWK 250 Generalist Practice I; *Assistant Professor*; Fontbonne University
- SWK 350 Generalist Practice II; *Assistant Professor*; Fontbonne University
- SWK 351 Generalist Practice III; *Assistant Professor*; Fontbonne University
- SWK 370 Social Work Research; *Assistant Professor*; Fontbonne University
- SWK 400 Professional Synthesis of Generalist Practice *Assistant Professor*; Fontbonne University

Courses Taught: 2021-22

- INT 105 Mission Core Culture and the Common Good; *Adjunct Instructor*; Fontbonne University
- SWK 200 Social and Economic Justice; *Adjunct Instructor*; Fontbonne University
- SWK 331 Group Counseling; *Adjunct Instructor*; Fontbonne University
- SWK 370 Social Work Research; *Adjunct Instructor*; Fontbonne University

Courses Taught: 2020-21

- SWK 200 Social and Economic Justice; *Adjunct Instructor*; Fontbonne University
- SWK 370 Social Work Research; *Adjunct Instructor*; Fontbonne University
- PBHE 405 Health Coaching; *Adjunct Instructor*; Southern Illinois University Edwardsville

Thesis and Dissertation Mentorship

- Kim Garst: *Mothering across race: An interpretive phenomenological study of transracial mothers*. Saint Louis University School of Nursing, Dissertation, December 2023, Committee Member

Continuing Education

1. **Sledge, R.** (2025). Psychosocial side effects of kidney disease. Missouri Telehealth Network University of Missouri, Kidney ECHO., February 4, 2025.
2. **Sledge, R.** (2024). Managing implicit bias with self-care. Fall Education Day. American Nephrology Nurses Association. St. Louis, MO, October 4, 2024.
3. **Sledge, R.** (2023). Maintaining or finding connections: Implications for Practicum Supervisors. Field Educator Appreciation Day, St. Louis, MO, March 2023.
4. **Sledge, R.** (2021). Thinking relationally as ethical practice. Council of Nephrology Social Work, Virtual Meeting, June 2021.
5. **Sledge, R.** and Granger, D (2019). Mental illness at implicit bias. CNSW Serving Eastern Missouri Metro East, St. Louis, MO, June 9, 2019.
6. **Sledge, R.** (2013). Mental Illness and Dialysis Care Planning. Heartland Kidney Network, February 1, 2013
7. McCool, M., **Sledge, R.** (2012). Symptom Targeted Intervention. National Kidney Foundation Spring Clinical Meetings-Pre-Conference Course, National Harbor, Maryland May 9, 2012
8. **Sledge, R.** (2011). Symptom Targeted Intervention: Integrating new techniques into practice. FMQAI 2011 Annual Forum, Tampa Fl, November 18, 2011
9. **Sledge, R.B.** (2010). KDQOL-36. CNSW Serving Eastern Missouri, Metro East, St. Louis, MO

10. **Sledge, R.B.** (2008). Understanding the New Conditions for Coverage. CNSW Serving Eastern Missouri Metro East, St. Louis, MO
11. **Maddux, R.B.** (2003). Developing cultural competence. Indiana Music Therapists State Meeting, Saint Mary of the Woods, IN

University Service

University of Missouri-St. Louis, *Assistant Professor*

August 2024-Present

- Develop and implement a research agenda focused on medical decision making, ethics of care, and relational autonomy in health care contexts
- Teach graduate courses in research methods and family social work theory using in-person and hybrid formats
- Advise and mentor students in the MSW program supporting academic development and supervising practicum placements.
- Serve as principal investigator and co-investigator on multiple projects, producing peer-reviewed publications and conference presentations.
- Promote community engagement through public scholarship, stakeholder collaboration, and professional service
- Serve on multiple committees in service to the university including faculty coordinator for Social Work Conversations, Research and Libraries Committee, and MSW Admissions Committee

Fontbonne University, *Assistant Professor, Department Chair and BSW Program Director*

August 2022-May 2024

- Collaborate with faculty in developing department strategies that promote the mission and goals of the University
- Implement strategies in cooperation with faculty to achieve departmental objectives, assessments, and policies
- Facilitate faculty self-evaluation, professional growth, scholarship, and training.
- Administer the Bachelor of Social Work (BSW) Program which includes maintaining CSWE accreditation and promoting the growth of social work faculty and students
- Participate in interprofessional and transdisciplinary initiatives with a focus on social justice and anti-oppressive practices that promote belonging
- Establish the Belonging Lab; a qualitative research collective with members from psychology, social work, education, special education, and executive leadership.
- Serve on multiple committees in service to the university including faculty coordinator for the Diversity, Equity, Inclusion and Belonging committee (Chair); University Curriculum Committee (Member); and Institutional Review Board (Member); and hiring committees (Chair and member); Social Work Club Faculty Advisor
- Advise students in the BSW and Criminal Justice Program

Additional Professional and Clinical Experience

Pacem Wellness, *Owner and Psychotherapist*

October 2020-May 2023

- Provide individual and family therapy specializing in the impact of chronic disease and grief on relationships
- Provide supervision to community social workers in Illinois and Missouri

Medical Education Institute, *Director of Research and Development*

September 2020-April 2022

- Participate in strategic planning to further MEI's mission of helping people with chronic disease learn to manage and improve their health and research plan.

- Design and conduct research to better understand patient, decision partner, and provider experiences with chronic disease that conforms to IRB standards and disseminate results internally to MEI staff and Board and externally to sponsors and relevant clinical audiences.
- Foster partnerships with external advisors and funders around research and educational project design and dissemination.
- Write grant and project proposals; disseminate information, materials, and messages; and secure resources (e.g., clients, grants, project revenue streams) for future work and sustainability; brainstorm with the MEI team as needed to identify opportunities

SLUCare Behavioral Health Consultant

June 2019-May 2021

- Utilize motivational interviewing, cognitive behavioral intervention, and family systems intervention to address patient concerns including sleep, chemical dependency, mood, and anxiety disorders.
- Consult with physicians and nurses to advocate for mental health needs of patients

Family Care Health Centers Behavioral Health Consultant

August 2019-December 2019

- Provide behavioral health intervention as part of integrated medical team
- Precept with Family Medicine Residents about clinical cases
- Conduct family centered observation and provided feedback to Family Medicine Residents

Center for Counseling and Family Therapy Therapist

September 2018-May 2021

- Provide long-term systemic therapy to individuals, couples, and families

Saint Louis University Graduate Research Assistant

September 2018-May 2020

- Coordinate research projects through facilitation of lab meetings, lab member communication, data management, and participant recruitment
- Participated in research design and intervention development for research proposals
- Co-authored articles and book chapters submitted to peer-reviewed journals
- Developed and implement data management strategies for dyadic and daily diary research projects

Cancer Support Community of Greater St. Louis Program Director

March 2013-May 2018

- Directed and implemented program including planning, budgeting, and reporting
- Fulfilled executive role during periods of leadership transition
- Recruited, trained, managed, supervised and evaluated staff, independent contractors, and student interns
- In collaboration with other CSC staff and board, participated in the development of strategic goals and objectives as it relates to program delivery, research, and evaluation
- Established and conducted program data collection, analysis and reporting to the Board of Directors and community partners
- Represented CSC with local cancer advocacy groups through participation in advisory committees and community education
- Managed contracts with local hospitals and cancer centers to provide on-site psychosocial programming

- Facilitated a robust Professional Advisory Committee comprised of community leaders that offered guidance and support for Cancer Support Community
- Collaborated with community partners to complete and disseminate a community needs assessment evaluating the interest of residents in North County/North St. Louis in psycho-oncology programming.
- Facilitated weekly support groups and mindfulness groups for people with cancer, their friends and family, and people who have lost someone to cancer
- Provided crisis intervention and short-term counseling to members in distress
- Conducted pre-group interviews for members wanting to join weekly support groups
- Facilitated a weekly Clinical Supervision session for facilitators and interns to monitor group process issues and continuing education about the Patient Active group model and methodology
- Supervised social workers pursuing clinical licensure
- Provided supervision to social work, counseling, and art therapy interns

Renal Advantage, Inc./Fresenius Medical Care *Clinical Services*

June 2006-March 2013

- Oversaw national Social Work Board addressing concerns/issues of company social workers
- Created, implemented and managed national programming including patient education and staff training and orientation programs
- Developed corporate policy, procedure and documentation to meet Medicare Guidelines for dialysis centers
- Appointed to ensure adherence to Medicare Guidelines by satellite dialysis centers
- Authored and submitted articles to peer reviewed journals and presented at regional and national conferences
- Organized the Symptom Targeted Intervention (STI) Working Group which designed and implemented a practice outcome program introducing STI to social workers across the country
- Facilitated STI training workshops at professional conferences
- Utilized solution-focused, family-systems, and task-centered interventions to address needs of patients, families and center staff
- Moderated staff and patient conflicts
- Developed quality improvement plans, disaster plans, and safety plans for the center
- Provided clinical supervision to social workers pursuing advanced licensure

Seven Counties-Family Connections/Transitions Team West *Therapist*

April 2005-March 2006

- Provided therapy for families including those affected by domestic violence, physical abuse, sexual abuse, and severe emotional diagnoses
- Developed a comprehensive child sexual abuse treatment program and summer program for children with severe emotional mental diagnoses
- Maintained and completed service documentation such as psychosocial assessments, case notes, case reviews and court reports and letters

Walther Cancer Institute *Project Coordinator*

July 2001-July 2004

- Participated in research design and intervention development for research proposals
- Co-authored articles submitted to peer-reviewed journals
- Presented research results at National Conferences
- Executed interventions described in research protocols
- Developed database used during data collection and analysis

Indiana University Cancer Center/Complete Life Program *Music Therapist*

July 2003 – Dec. 2004

- Implemented individual and family sessions focusing on the child's response to their parent's cancer diagnosis
- Provided intervention and support to adult cancer patients

Methodist Hospital/Adolescent Child Life Development *Music Therapist*

Dec. 2001-Dec. 2003

- Implemented group and individual sessions with general pediatric, pediatric behavioral care, pediatric rehabilitation and NICU patients
- Collaborated in development of treatment goals and objectives with interdisciplinary treatment teams
- Developed music therapy programs in various areas of the hospital
- Provided supervision to music therapy interns

Service to Profession and Community

Council of Social Work Education

- Council on Publication (2023-2026)

Missouri Kidney Program

- Program Advisory Council (2022-Present)
 - *Vice-Chair* (2025-Present)
- Subject Matter Expert Review of My Transplant-Ready Workbook (2024)

The Breakfast Club

- Board of Directors (2022-Present)
- Shining Star Gala Chair (2023 & 2025)
- Guest Speaker at 2023 Annual Seminar: *How to share your diagnosis or recurrence with your family*

O'Fallon Consolidated Corporation School District #90

- Parent Representative for Strategic Planning Initiatives
- Lead Parent Volunteer for Band Fundraising

Black Nurses Association of St. Louis

- *Are you kidney me?* Da Presidents Podcast, March 7, 2022
<https://www.youtube.com/watch?v=JWHJDpebpQU>

Lifelong Music in Our Schools

- *Board of Directors* (2021-Present)

CKDIntercept (Missouri Kidney Program and National Kidney Foundation)

- *Moderator of Community Barriers Workshop facilitating 25 professions to address barriers to CKD care* (March 2022)

Cancer Support Community of Greater St. Louis

- Volunteer Meaning-Centered Psychotherapy Facilitator

Medical Family Therapy Graduate Student Association

- *President* (2019)

Health Resource Center

- *Behavioral Health Coordinator* (2019)

CNSW serving Eastern MO and Metro East

- *Program Chair* (2019)
- *Program Committee* (2011-2013)
- *Co-Chair* (2006-2011)

Cancer Support Community (National Office)

- *Board of Directors (2015-2018)*

Crime Victims Advocacy Center

- *Board of Directors (2016-2017)*

Cancer Agencies Network

- *Treasurer (2015-16)*

Illinois State Chronic Renal Disease Program

- *Advisory Committee (2011-2013)*

National Kidney Foundation Serving Eastern Missouri, Metro East and Arkansas

- *Board of Directors (2008-2013)*
- *Medical Advisory Committee (2010-2013)*