

**Joseph G. Pickard, PhD, LCSW**  
*Associate Professor, School of Social Work*  
*University of Missouri-Saint Louis*  
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[pickardj@umsl.edu](mailto:pickardj@umsl.edu)

## **Education**

George Warren Brown School of Social Work – Washington University in St. Louis, 2004  
Ph.D. in Social Work  
Dissertation Topic: Religiosity and the Mental Health Service Use of Older Adults  
Advisor: Nancy Morrow-Howell, PhD  
Fellowships: NIMH Pre-doctoral Fellow; Hartford Doctoral Fellow; Teaching Fellow

Southern Illinois University at Carbondale-Master of Social Work, 1994  
Areas of Concentration: School Social Work and Child Welfare

University of Missouri-Saint Louis, 1990  
Education Certification

Texas State University, BA, 1988  
Major: International Studies  
Minor: Business Administration

## **University Teaching Experience**

University of Missouri – Saint Louis  
One University Drive  
St Louis, MO 63121  
School of Social Work  
Associate Professor – 2011-Present  
Assistant Professor – 2005-2011  
Instructor – 2004-2005

Washington University in St. Louis  
George Warren Brown School of Social Work  
St Louis, MO 63130  
Teaching Fellow-2003-2004  
Teaching Assistant-2001-2003

## **Peer Reviewed Publications**

- Van den Berk-Clark, C., Ju, T., Fedorova, M., Duncan, E., & **Pickard, J.G.** (2023). Funding and Implementation of Recovery Oriented Treatment Programs in the US from 2006-2020. *Journal of Drug Education: Substance Abuse Research and Prevention*. [In Press].
- Bender, A.H., **Pickard, J.G.**, & Webster, M. (2022). Exploring the Impact of COVID-19 on Older Adults in 12-Step Programs. *Journal of Social Work Practice in the Addictions*. <https://doi.org/10.1080/1533256X.2022.2047561>
- Van den Berk-Clark, C., **Pickard, J.G.**, Davis, D., & Scherrer, J. (2022). The role of impulsive decision making on health behavior related to cardiovascular disease risk among older adults with hypertension. *Geriatric Nursing*. 47(11), 23-30. <https://doi.org/10.3928/00989134-20211013-01>
- Pickard, J.G.**, Van den Berk-Clark, C. & Matthieu, M.M., (2021). Age and medication assisted treatment among veterans seeking treatment for opioid use disorder at non-veterans health administration facilities. *Military Medicine*. <https://doi.org/10.1093/milmed/usab242>
- Van den Berk-Clark, C., **Pickard, J.G.**, & Drallmeier, T. (2021). The role of age and opioid agonist treatment on substance use treatment completion in the United States. *Aging and Mental Health*. <https://doi.org/10.1080/13607863.2021.1925223>
- Pickard, J.G.**, Johnson, S.D., Shen, H.W., & Mason E.L. (2019). African American and European American clergy's counseling of older adults. *Review of Religious Research*, 61, pp. 221–234. <https://doi.org/10.1007/s13644-019-00372-3>
- Pickard, J.G.**, Williams, S.L., & Johnson S.D. (2019). The relationship of public and private religiosity to African American women caregivers' use of alcohol for coping with caregiving burden. *Aging and Mental Health*, 25(3), pp. 1-8. <https://doi.org/10.1080/13607863.2019.1699020>
- Williams, S.L., **Pickard, J.G.**, & Johnson, S.D. (2019). An Examination of the Relationship between religious beliefs, behaviors, commitment, and connection and addiction among African American women. *Social Work and Christianity*. 46(3), 7–26. <https://doi.org/10.34043/swc.v46i3.81>
- Pickard, J.G.**, Sacco, P., Van den Berk-Clark, C. & Cabrera-Nguyen, E. (2018). The effect of legal mandates on substance use disorder treatment completion among older adults. *Aging and Mental Health*, 24(3), 497-503, <https://doi.org/10.1080/13607863.2018.1544209>
- Johnson, S.D., Williams, S.L., & **Pickard, J.G.** (2016). Trauma, religion, and social support among African American women. *Social Work and Christianity*. 43(1), 60-73.

- Shen, H.W., **Pickard, J.G.**, Johnson, S.D. (2013). Self-Esteem mediates the relationship between volunteering and depression for African American caregivers. *Journal of Gerontological Social Work*, 56(5), 438-451.  
<https://doi.org/10.1080/01634372.2013.791907>
- Pickard, J.G.**, Inoue, M. (2013). Referral by clergy who counsel older adults. *Mental Health, Religion, & Culture*, 16, 633 -642. <https://doi.org/10.1080/13674676.2012.710900>
- Pickard, J.G.** (2012). Clergy perceptions of their preparation for counseling older adults. *Journal of Religion Spirituality and Aging*, 24(4), 276-288.  
<https://doi.org/10.1080/15528030.2012.683754>
- Pickard, J.G.**, Inoue, M., Chadiha, L., Johnson, S. (2011). The relationship of social support to African American caregivers help-seeking for emotional problems. *Social Service Review*, 85(2), 1-20. <https://doi.org/10.1086/660068>
- Pickard, J.G.**, & Nelson-Becker, H. (2011). Attachment and spiritual coping: Theory and practice with older adults. *Journal of Spirituality in Mental Health*, 13(2), 1-18.  
<https://doi.org/10.1080/19349637.2011.565239>
- Putnam, M., **Pickard, J.G.**, Rodriguez, C., & Shear, E. (2010). Stakeholder Perspectives on Policies to Support Caregivers of Older Adults with Dementia. *Journal of Family Social Work*, 13(2), 173-190. <https://doi.org/10.1080/10522150903487479>
- Pickard, J.G.** & Tang, F.Y. (2009). Older Adults Seeking Mental Health Counseling in a NORC. *Research on Aging*, 31(6), 638-660.  
<https://doi.org/10.1177/0164027509343539>
- Pickard, J.G.**, Tan, J., Morrow-Howell, N., Jung, Y. (2009). Older drivers retiring from the road: An application of the selection, optimization, and compensation model. *Journal of Human Behavior in the Social Environment*, 19(2), 213-229.  
<https://doi.org/10.1080/10911350802687232>
- Inoue, M., **Pickard, J.G.**, Saleeby, P., Johnson, S. (2009). African American caregivers' breast health behavior. *Health Education Research*, 24(5), 735-747.  
<https://doi.org/10.1093/her/cyp008>
- Guo, B., **Pickard, J.G.**, Huang, J. (2008). A cultural perspective on health outcomes of caregiving grandparents: Evidence from China. *Journal of Intergenerational Relationships*, 5(4), 25-40. [https://doi.org/10.1300/J194v05n04\\_03](https://doi.org/10.1300/J194v05n04_03)
- Pickard, J.G.**, Berg-Weger, M., & Birkenmaier, J. (2008). Videos: Where do they fit in an aging infused curriculum? *Journal of Gerontological Social Work*, 50(3/4), 99-111.  
<https://doi.org/10.1300/J083v50n308>

- Pickard, J.G.,** Guo, B. (2008). Clergy as mental health service providers to older adults. *Aging and Mental Health*, 12(5), 615-624. Doi: 10.1300/J083v50n3\_08.
- Tang, F. & **Pickard, J.G.** (2008). Aging in place or relocation: Perceived awareness of community-based long-term care and services. *Journal of Housing for the Elderly*, 22(4), 404 – 422. <https://doi.org/10.1080/02763890802458429>
- Carpenter, B.D., Edwards, D.F., **Pickard, J.G.**, Palmer, J.L., Morrow-Howell, N.L., Neufeld, P.S., Perkinson, M.A., Stark, S., Morris, J.C. (2007). Anticipating relocation: Concerns about moving among NORC residents. *Journal of Gerontological Social Work*, 49(1/2) 165-184. [https://doi.org/10.1300/J083v49n01\\_10](https://doi.org/10.1300/J083v49n01_10)  
Simultaneously published as chapter in *Housing for the Elderly: Policy and Practice Issues*.
- Putnam, M., Tang, F., Brooks, A., **Pickard, J.** Morrow-Howell, N. (2007). Professional's beliefs about nursing home regulations in Missouri *Journal of Applied Gerontology*, 26(3), 290-304. <https://doi.org/10.1177/0733464807302025>
- Pickard, J.G.** (2006). The relationship of religiosity to older adults' mental health service use. *Aging and Mental Health*, 10(3), 290-297. <https://doi.org/10.1080/13607860500409641>
- Pickard, J.G.** (2005). What's in it for me? Rational choice theory and religion. *Journal of Religion & Spirituality in Social Work: Social Thought*, 24(4), 39-54. [https://doi.org/10.1300/J377v24n04\\_04](https://doi.org/10.1300/J377v24n04_04)
- Chadiha, L.A., Rafferty, J., **Pickard, J.** (2003). The influence of caregiving stressors, social support, and caregiving appraisal on marital functioning among African American wife caregivers. *Journal of Marital and Family Therapy*, 29(4), 479-490. <https://doi.org/10.1111/j.1752-0606.2003.tb01690.x>

### **Book Chapters**

1. **Pickard, J.G.**, Witt, J.P.R., & Aitch, G.T. (2018) Resilience and Faith of African American Caregivers. In Resnick, B., Roberto, K., Gwyther, L., & Resnick, B. (Eds.) *Resilience in aging: Concepts, research, and outcomes*, 2<sup>nd</sup> Edition. New York: Springer.
2. **Pickard, J.G.**, Laudet, A., & Grahovac, I.D. (2012). The philosophy and practice of AA and related twelve-step programs. In M.G. Vaughn, B.E. Perron (Eds.), *Social Work Practice in the Addictions*, (119-136). New York: Springer.
3. **Pickard, J.G.**, & King, M.D. (2011). African American caregivers finding resilience through faith. In Resnick, B., Roberto, K., Gwyther, L., & Resnick, B. (Eds.) *Resilience in aging: Concepts, research, and outcomes*. (pp. 261-271). New York: Springer.

### **Book Reviews, Letters, and Other Publications**

1. **Pickard, J.G.** (2007). [Review of the book *Spiritual assessment and intervention with older adults.*] *Social Work Agenda*, 25(1), 9-10.
2. Allen, K., & **Pickard, J.G.** (2005). Driving in the NORC. [Article in Newsletter]. *NORC Newsletter*.
3. **Pickard, J.G.** (2005). [Review of the book *Gerontological social work: A task centered approach.*] *Activities, Adaptation, and Aging*, 29(4), 87-90.
4. **Pickard, J.G.** (2004). [Review of the book *Vital connections in long term care: Spiritual resources for staff and residents.*] *Activities, Adaptation, and Aging*, 28(4), 81-82.
5. Pickard, J. G. (2001). Developing and evaluating CAM services. [Letter to the editor] *The Journal of Alternative and Complementary Medicine*, 7, 613.

### **Works in Process**

- Pickard, J.G.,** Van den Berk-Clark, C., Johnson, S.D., & Taylor, M. (2022). An evaluation of an online program for teaching screening, brief intervention, and referral to treatment (SBIRT). *Journal of Social Work Education*. [Under Review].
- Nelson-Becker, H., **Pickard, J.G.,** & Sichling, F. (2022). Adventure and Spiritual Restoration: Older Adult Motivations for Undertaking a Pilgrimage on El Camino de Santiago. *Journal of Gerontological Social Work*. [Under Second Review].
- Pickard, J.G.,** Rosenthal, P., & Taylor, M. (2022). (authorships are not decided, yet). A new model of teaching crisis intervention to social work students. [In Process].
- Pickard, J.G.** (2015-Present). Pilgrimage, Spirituality, and Personal Transformation (PSPT). Qualtrics based survey of people who have completed El Camino de Santiago.

### **External Funding**

- Pickard, J.G.** (2020-2022). CSWE Practitioner Education Initiative for support in teaching Substance Use Disorders. (\$2,000)
- Pickard, J.G.** & Johnson, S.D. (2015-2018). *Screening, Brief Intervention and Referral to Treatment (SBIRT) Health Professions Student Training – An Inter-University Collaboration*. SAMHSA. (\$881,510).
- Pickard, J.G.** (2007-2009). Principal Investigator. *Mental Health Counseling and Referral of Older Adults: Clergy's Experience*. Hartford Geriatric Social Work Faculty Scholar's Program: John A. Hartford Foundation. (\$100,000).

Birkenmaier, J., **Pickard, J.G.**, & Rochman, E. (2005-2008). Co- Principal Investigator. *Practicum Partnership Program (PPP)*. New York Academy of Medicine: Hartford Foundation. (\$75,000).

**Pickard, J.G.** (July, 2004). *GeroRich Mini-Grant*. . [Curriculum Development Grant]. Washington, D.C.: Hartford Foundation. (\$700).

**Pickard, J. G.** (2003- 2004) Principal Investigator. *Religiosity and Mental Health Services to Older Adults*. [Dissertation Grant]. Washington, D.C.: Hartford Foundation. (\$60,000).

### **Internal Funding**

**Pickard, J.G.** (2021). *UMSL COVID Relief Award*.

**Pickard, J.G.** (2020). *UMSL Mid-Career Award* (\$3,225)

**Pickard, J.G.** (2019). *UMSL Associate to Full Travel Award* (\$500)

**Pickard, J.G.** (2010). *University of Missouri Small Grants* [Travel Grant]. (\$1,000).

**Pickard, J.G.** (June 2005-May 2006). Principal Investigator. *An Examination of Older Adults' Help Seeking from Clergy in Saint Louis County*. University of Missouri – St. Louis Research Award (\$12,500).

**Pickard, J.G.** (2005). *University of Missouri Small Grants* [Travel Grant]. (\$800).

### **Unfunded Proposals**

**Pickard, J.G.**, & Bender, A. (2021). *Impact of COVID on Older Adults Recovery (I-COAR)*. University of Missouri – St. Louis Research Award (\$10,283 requested).

**Pickard, J.G.** (2020). Proposal to CSWE for support in teaching Substance Use Disorders.

**Pickard, J.G.** & Johnson, S.D. (2019). Learning collaborative on opioid response. Submitted to Council on Social Work Education and National Council for Behavioral Health. (\$61,000).

**Pickard, J.G.** (2010). Investigator. *Bridges to Success*. Submitted to SAMHSA. Subcontract with Bridgeway Behavioral Health. (\$1,200,000 requested; UMSL subcontract amount: \$53,713).

**Pickard, J.G.** (2010). Investigator. *Project Core*. Submitted to SAMHSA. Subcontract with Bridgeway Behavioral Health. (\$1,200,000 requested; UMSL subcontract amount: \$53,713).

**Pickard, J.G.** (2006). Principal Investigator. *Evaluating a New Model for Teaching Leadership Skills to Gerontological Social Work Students*. University of Missouri New Faculty Teaching Scholars Scholarship of Teaching and Learning Program. (\$750)

**Pickard, J.G.** & Steffan, A. (2005). Co-Principal Investigator *Training Incentive Grant*. Institute for Geriatric Social Work: Boston University School of Social Work. (\$1,000).

**Pickard, J. G.** (December 2002). Principal Investigator *Religiosity and the Mental Health Service Use of Older Adults*. [F-31 Dissertation Grant Proposal]. Washington, D.C.: National Institute of Mental Health.  
(Resubmission date: August 5, 2003)

### **Conference Presentations**

**Pickard, J.G.,** Taylor, M., Van den Berk-Clark, & C., Johnson, S.D. (2022). *Evaluation of an online SBIRT Training Programme*. Paper presented at the Joint Social Work Education and Research Conference, Leeds, UK.

**Pickard, J.G.** (2022). *Brief Intervention in Substance Misuse*. British Association of Social Workers UK Conference, Birmingham, UK.

Nelson-Becker, H., **Pickard, J.**, Aitch, G. & Buettner, A. (2020). *Older Adults Walking the Camino de Santiago Pilgrimage: Motivations, Transformations, & Spiritual Perspectives*. Paper presented in H. Nelson-Becker (Chair), *Bane or Boon? The Role of Spirituality, Religion, and Well-being in Later Life Across Diverse Older Populations*, Symposium presented at the GSA 2020 Annual Scientific Meeting.

**Pickard, J.G.,** Aitch, G., Nelson-Becker, H., & Buettner, A. (2019). *Pilgrimage, Spirituality, and Personal Transformation: Findings from an Online Survey Regarding El Camino de Santiago*. Paper presented at Society for the Scientific Study of Religion's Annual Meeting, St. Louis, MO.

**Pickard, J.G.,** Williams, S.L., & Johnson, S.D. (2019). *Religiosity and Addiction among African American Women*. Paper presented at Society for the Scientific Study of Religion's Annual Meeting, St. Louis, MO.

**Pickard, J.G.,** Nelson-Becker, H., & Buettner, A. (2019). *Older Adult Motivations for Undertaking a Pilgrimage on El Camino de Santiago*. Paper presented at Sacred Journeys 6th Global Conference, Maynooth, Ireland.

**Pickard, J.G.,** Sacco, P., Van den Berk-Clark, C., & Cabrera-Nguyen, E. (2018). *The Effect of Legal Mandates on Substance Use Disorder Treatment Completion among Older Adults*. Poster presented at Gerontological Society of America's Scientific Program Meeting, Boston, MA.

- Pickard, J.G.**, Williams Woodson, S.L., & Johnson, S. D. (2018). *The Relationship of Organized and Non-Organized Religiosity to African American Caregivers' Use of Alcohol for Coping with Stress*. Poster presented at Gerontological Society of America's Scientific Program Meeting, Boston, MA.
- Berg-Weger, M., Meuser, T., **Pickard, J.G.**, Richardson, T., & Freund, K. (2014). *Demographics and attitudes: Which predicts driving retirement?* Poster presented at Gerontological Society of America's Scientific Program Meeting, Washington, DC.
- Pickard, J. G.**, Johnson, S. D., Shen, H-W (2013). *Factors Associated with the Amount of Time Clergy Counsel Older Adults*. Poster presented at Gerontological Society of America's Scientific Program Meeting, New Orleans, LA.
- Shen, H.W., **Pickard, J.G.** & Johnson, S.D. (2012). *Self-esteem mediates the relationship between volunteering and depression for African-American caregivers*. Paper presented at Gerontological Society of America's Annual Scientific Meeting, San Diego, CA.
- Pickard, J.G.** & Inoue, M. (2011). *Clergy members' relationships with mental health professionals are positively related to the likelihood of referral of older adults to formal services*. Paper presented at Gerontological Society of America's Annual Scientific Meeting, Boston, MA.
- Pickard, J.G.** (2010). *Factors related to clergy referral of older adults for mental health services*. Paper presented at Gerontological Society of America's Annual Scientific Meeting, New Orleans, LA.
- Pickard, J.G.** & Tang, F. (2010). *Factors related to Jewish and Christian elders help seeking from clergy versus formal mental health services*. Paper presented at Gerontological Society of America's Annual Scientific Meeting, New Orleans, LA.
- Pickard, J.G.** (2010). *Clergy attitudes toward older adults' mental illness and referral for mental health services*. Paper presented at the 6th International Conference on Social Work in Health and Mental Health, Dublin, Ireland.
- Pickard, J.G.** (2008). *African American caregivers finding resilience through help-seeking from clergy*. Paper presented at Gerontological Society of America's Annual Scientific Meeting, Baltimore, MD.
- Pickard, J.G.** Symposium Organizer for symposium: "Religious and Spiritual Sources of Resilience for Diverse Populations of Older Adults" at Gerontological Society of America's Annual Scientific Meeting, Baltimore, MD.
- Pickard, J.G.** (2008). *What do clergy know about aging and mental health? Descriptive results from the clergy counseling project (CCP)*. Poster session presented at the Hartford Faculty Scholars Orientation Institute, Washington, DC.



- Pickard, J.G.**, Inoue, M., Chadiha, L., Guo, B., Johnson, S., & Saleeby, P. (2007). *Relationship of social support to African American female caregivers' mental health help-seeking*. Paper presented at Gerontological Society of America's Annual Scientific Meeting, San Francisco, CA.
- Inoue, M., **Pickard, J.G.**, Saleeby, P., Johnson, S., & Guo, B. (2007). *Rural and urban differences in African American caregivers' breast health behavior*. Poster presented at Gerontological Society of America's Scientific Program Meeting, San Francisco, CA.
- Beckerle O'Brien, D., Birkenmaier, J., **Pickard, J.** & Rochman, E. (2007). *Leadership formation in gerontological social work field education: A PPP initiative to incorporate leadership formation into the aging-focused practicum*. Council on Social Work Education Gero-Ed-Forum, Charleston SC.
- Pickard, J.G.** (2006) *The impact of driving and driving cessation in a NORC*. Paper presented at Gerontological Society of America's Annual Scientific Meeting, Dallas, TX.
- Pickard, J.G.** (2006) *A comparison of older adults' help seeking from clergy versus other sources of mental health services*. Paper presented at Gerontological Society of America's Annual Scientific Meeting, Dallas, TX.
- Tan, J., **Pickard, J.G.**, Morrow-Howell, N., Jung, Y. (2006). *Older adults and driving retirement*. Poster session presented at Society for Social Work Research Annual Conference, San Antonio, TX.
- Pickard, J.G.**, Tan, J., Morrow-Howell, N., Jung, Y. (2005). *Older adults and driving*. Poster session presented at Gerontological Society of America's Annual Scientific Meeting, Orlando, FL.
- Berg-Weger, M., Birkenmaier, J.M., & **Pickard, J.G.** (2005). *Videos: Where do they fit in an aging-infused curriculum?* Round table discussion presented at Council of Social Work Education Annual Program Meeting, New York, New York.
- Edwards, D.F., **Pickard, J.G.**, Palmer, J.L., Morrow-Howell, N.L. (2004). *Persons Living Alone Aging in Place: Results of the NORC Needs Assessment*. Paper presented at the Gerontological Society of America Annual Scientific Meeting, Washington, D.C.
- Putnam, M., Sims, B., **Pickard, J.** (2004). *From Adversary to Advocate: The Role of the State in Skilled Nursing Facility Regulation Process*. Paper presented at the Gerontological Society of America Annual Scientific Meeting, Washington, D.C.
- Putnam, M., Tang, F., Brooks, A., **Pickard, J.**, & Morrow-Howell, N. (2004). *From adversary to advocate: The role of the state in Missouri's skilled nursing facility regulation process*. Poster session presented at the Gerontological Society of America meetings, Washington, DC.

**Pickard, J.,** Chadiha, L., Morrow-Howell, N., & Proctor, E. (2004). *The Relationship of Four Types of Social Support and Formal Service Access for Female, African American Caregivers*. Paper presented at Society for Social Work and Research Conference, New Orleans, LA.

**Pickard, J.** (2003). *Spiritual Assessment in Social Work Practice*. Workshop presented at Society for Spirituality in Social Work Conference, Austin, Texas.

**Pickard, J.,** Chadiha, L., Morrow-Howell, N., & Proctor, E. (2003). *Support from Church Members and Formal Service Use*. Poster session presented at Integrating Research on Spirituality and Health Conference, Washington, DC.

Chadiha, L., Rafferty, J., & **Pickard, J.G.** (2003). *Predicting African American Wife Caregivers' Marital Functioning*. Paper presented at the Gerontological Society of America Annual Scientific Meeting, San Diego, CA.

**Pickard, J.,** Chadiha, L., Morrow-Howell, N., & Proctor, E. (2003). *Informal Church Support and Formal Service Use: A Complementary or Substitution Model?* Poster session presented at Graduate Student Symposium, Washington University in Saint Louis, Saint Louis, Missouri.

**Pickard, J.,** Chadiha, L., Morrow-Howell, N., & Proctor, E. (2002). *The Relationship of Support from Church Members to Formal Service Use*. Poster session presented at National Research Scientists Award Trainees Conference, Washington, DC.

### **Additional Research Experience**

*Naturally Occurring Retirement Community (NORC) Demonstration Project*. (DHHS Administration on Aging 90AM2612), Dr. John Morris, PI; Dr. Nancy Morrow-Howell, PhD. June 2002-October 2004

*Black Rural and Urban Caregivers-Mental Health/Functioning*. (NIA and Office of Research on Women's Health – 1 R01 AG15962), Dr. Letha Chadiha, PI; Nancy Morrow-Howell, PhD, Co-PI; Enola Proctor, PhD, Investigator. Spring 2001-Summer 2002

### **Professional Experience**

Geriatric Staff Therapist at New Horizons of Fort Worth, 1997-2000  
Partial Hospitalization Program-Fort Worth, Texas

School Social Worker at Harrisburg School District-Harrisburg, Illinois, Spring 2000

School Social Worker at Tri-County Special Education Joint Agreement-Murphysboro, Illinois, 1995-1997; 1997-1999

Medical Social Worker at HouseCalls Home Health Agency- Carbondale, Illinois, 1995

Adult Substance Abuse Therapist at Family Counseling Center-Vienna, Illinois, 1994-1995

Academic Teacher at Coordinated Youth Services Alternative School-Granite City, Illinois, 1990-1992

### **Consulting**

Supervisor of LMSWs for LCSW, 2012- Present

Addictions Recovery Therapist - Midwest Institute for Addictions, 2012-2015

Consultant – “*Aging Service Study: Building Capacity to Serve People with Developmental Disabilities in St. Louis County*” Michelle Putnam, PhD, PI. Funded by Productive Living Board of St. Louis County.

Consultant at Coordinated Youth and Human Services Alternative School – Granite City, Illinois, 2009

Consultant at 16 Bed Residential Facility for Developmentally Disabled Adults-Herrin, Illinois 1995-1997

Consultant for HeadStart-Franklin and Jefferson Counties, Illinois, 1994-1995

Tutor for Department of Children and Family Services, 1993

### **University Service**

Five Year Review Team for College of Education – Co-Chair - 2022

Associate Provost for Faculty Affairs Search Committee - 2022

Presented to College of Education on *How to Use Qualtrics for Survey Research* – October, 2020

University Faculty Senate Steering Committee- 2016-2018; 2019-2022

University Faculty Senate Curriculum and Instruction Committee – 2018-2022

Presented at Pierre Laclède Community Confluence 2020, *Pilgrimage on El Camino de Santiago: A Journey of Personal and Spiritual Transformation*.

Organized “Social Work Writing Achievement Group (SWWAG!)” for tenure track faculty in School of Social Work. 2018-Present

University Common Read Organizing Committee – Spring 2020

Chaired Non-Tenure Track Promotion Committee School of Social Work applicant – 2019

Excellence in Research and Creativity Committee for Strategic Planning, School of Social Work, 2019

Presented at Social Work Conversation. “*My Professional Journey*” Sep 12, 2019

University Program Prioritization Committee – February – April 2018

School of Social Work – Presented: “*Supervision: Roles, Responsibilities, & Relationships*” for Supervision CEU workshop – February 2018

Dissertation Committee for Allison R. Warren, “*A Video Intervention for Professionals Working with Transgender and Gender Nonconforming Older Adults*” - 2017

Chair, Veterans and Military Studies 5-Year Review Team - 2017

University Institutional Review Board – 2016-2019

University Faculty Senate Representative- 2015-2018; 2019-Present

University Faculty Senate Committee on Committees- 2016-2017

University Faculty Senate Oversight Committee, 2015-2016

Organized and Presented at all day training – “*SBIRT Bootcamp!*” – June 2016

Continuing Education Committee, School of Social Work – 2016-Present

Presented at Licensure Program, School of Social Work – 2016

Chair, Curriculum and Instruction Committee, School of Social Work, 2014 – Present

Chair, Who’s Who Committee, School of Social Work – 2014-2017

Student Support Committee, School of Social Work, 2014 – Present

MSW Admissions Committee, School of Social Work, 2010 – Present

Administrators’ Evaluation Committee, 2009 – 2013

E. Desmond Lee Gerontological Social Work Scholarship Committee Chair, May 2008 – Present

Coordinator, School of Social Work Gerontology Concentration, 2004 – Present

Library Liaison, School of Social Work, 2005 – 2012

Faculty Search Committee, School of Social Work, 2006-2007; 2010-2011; 2017-2018

Field Instructor for MSW students in research position, January 2003-July 2003; January 2007-December 2007.

Presented at RA/TA conference: “*Life after Grad School: Post-Doc, Tenure-Track, or Industry*”  
August 2010

Presented at RA/TA conference: “*How to Prepare Winning Conference Proposals*” and “*How to Present a Winning Paper.*” August 2008; August 2009

Presented to doctoral students at University of Missouri-Columbia “Surviving Your First Year as an Assistant Professor” April, 2006

UM St. Louis Campus Compact to Support Service Learning Projects Committee, 2004

Academic Advisor/ Field Supervisor to 15 MSW students, 2001-2004

Doctoral student representative on Educational Resources Committee, 2001-2004

Peer Advisor to first year PhD students, 2003-2004

### **Community Service**

Presented for St Louis Child Abuse and Neglect Network on Ethics for Practice - 2020

Presented for Soulfisher Ministries on Beginning Interviewing Skills - 2019

Presented for Behavioral Health Network (BHN)/Engaging Patients in Care Coordination (EPICC) on “Brief Interventions for People Who have Overdosed on Opiates” March, 2019

Presented for Bridges to Care on “*Motivational Interviewing*” February, 2019; February 2020; February 2021; February 2022

Presented for Bridges to Care on “*Grief, Loss, and Healing: An Event, A Feeling, A Journey*” October, 2018

Presented at School Social Worker Meeting on “*Road Maps to Success: Goals & Objectives for School Social Workers*” December, 2017.

Board Member - Bridges to Care (Part of Behavioral Health Network) – Fall 2017-Present

Coalition of Service Providers of St Charles County, Direct Support Conference – Presented  
*“Aging with Disabilities”* for two days. - March, 2017

Missouri Society for Clinical Social Work – Presented *“Families and Substance Use  
 Disorders”* - January, 2017

The Spot – *“SBIRT”* – December, 2016

Magellan Behavioral Health – *“SBIRT”* – November, 2016

Bright Star Home Care/Medical Staffing – *“How to Talk so Your Patients Can Hear You”* – May  
 2015

Board member, Bridgewater Behavioral Health, St. Louis 2013-2016

Breakthrough Coalition (Aging Network Service Providers) Outreach Committee, 2008-2012

Board member & member, Bilingual International Access Services, St. Louis, 2011-2013

Board of Directors, Breakthrough Coalition (Aging Network Service Providers), 2007-2011

Presented *“What is your Aging Quotient (A.Q.): Myths and Realities of Aging”* to The Missouri  
 Society for Clinical Social Work, December, 2007

*Driving in the NORC: Older adults and driving retirement.* Presentation for Alzheimer’s Disease  
 Research Center, Washington University in Saint Louis Medical School, 2006, January

Presented at conference: *Strategies that work: Responding to Early Stage and Undiagnosed  
 Dementias*, 2005, October

Alzheimer’s Association Committee to develop social work conference on Alzheimer’s  
 disease, 2005

Presenter for NASW Missouri Gerontology Section, 2004, January

Outreach to substance abusing prisoners, 2001-2004

Nursing home visitor volunteer, 2001-2003

Regional Representative - Illinois Association of School Social Workers, 1995-1997

Conference Presenter for Illinois State Students At-Risk Conference, 1996-1997

Facilitated Support Group for HIV- Positive Individuals, 1995-1996

Conference Presenter and Member - Illinois Alternative Education Association, 1992-1993

Member of Carlyle Fundraising Committee, 1991-1994

Optimist Club - Carlyle Chapter, 1991-1994

Reporter for University of Missouri-Saint Louis Newspaper, 1990-1992

Tennis Coach - Center of Management, Law and Public Policy Magnet High School, 1989-1990

Youth Soccer League Coach - San Marcos, Texas, 1987-1988

Southwest Texas State Wildlife Society Member and Fundraiser, 1986-1988

Provided Numerous In-Services and Presentations on Various Topics such as Parenting Skills, Stress Management, Spirituality in Social Work Practice, etc; Various Church related activities, 1994-1999

### **Professional Service**

Served as reviewer for several Assistant Professors' tenure applications from other universities.

Journal of Gerontological Social Work Editorial Board, 2013-2019

Gerontological Society of America – Social Research, Policy, and Practice Section, Secretary, 2014-2017

Society for Social Work Research - Aging Services & Gerontology (A&G) Conference Cluster Chair, 2012 – 2015

Society for Social Work Research – Abstract Reviewer, 2008-Present

Gerontological Society of America – Social Research, Policy, and Practice Section, Awards Committee member, 2010 – Present

MIMH Spring Training Institute – *'Ethics for Rehabilitation Counselors'* – June 2013

Gerontological Society of America – Social Research, Policy, and Practice Section, Chair, Task Force on Interest Groups, 2009-2012

Gerontological Society of America – Social Research, Policy, and Practice Section, 2004-Present

Board Member, Association of Gerontology Education in Social Work (AGESW), 2008-2011.

Association of Gerontology Education in Social Work, Committee for Rose Dobrof Award for Best Article in Journal of Gerontological Social Work, 2007-2011

Presented "*Transitioning from Doc Student to New Faculty*" to Doctoral Students at Washington University in St Louis, February 2010

Geriatric Summer Institute. "*Recognizing and Treating Alcohol Abuse in Older Persons.*" June 2, 2009

Presented "*Experiences of a First Year Assistant Professor*" to Hartford Doctoral Fellows at CSWE-APM, 2006

Session Chair, Council on Social Work Education Conference/Gerontological Social Work Conference, New York, New York, 2005

Reviewer for several journals, (Arete; Journal of Cross Cultural Gerontology; Journal of Gerontological Social Work; Journal of Social Service Research; Research on Aging) 2003- Present

### **Professional Licenses**

Licensed Clinical Social Worker - State of Missouri: # 2001029712

Licensed Clinical Social Worker (Inactive Status) - State of Illinois: #149-007238

Licensed School Social Worker - State of Illinois: Type 73, #1485135

Licensed Teacher (various subjects) - State of Illinois: Type 09, #1376051  
IEIN #: 588486

### **Current Professional Affiliations**

Association of Military Surgeons of the United States

Council on Social Work Education

Gerontological Society of America

Missouri Society for Clinical Social Work

Religious Research Association

### **Internships and Student Teaching**

School Social Worker Intern at Kaskaskia Special Education Cooperative- Centralia, Illinois, 1993-1994



Hospital Social Worker Intern at Saint Mary's Hospital-Centralia, Illinois, 1992-1993

Student Teacher at Center for Management, Law and Public Policy Magnet High School-Saint Louis, Missouri, 1990

### **Awards and Recognitions**

Recipient of UMSL Chancellor's Award for Excellence in Service - 2021

Nominted for UMSL Faculty Service Award - 2020

Associate-to-Full Professor Program (UMSL) – 2019-2020.

Lifetime member, Phi Alpha Honor Society for Social Work

NIAAA Fellowship to University of Denver's Butler Institute Alcohol and Other Drugs Education Program (ADEP) – June 2018

“Outstanding Reviewer” – Geriatric Nursing – 2017

Nominee, “Last Lecture” Award for Teaching and Mentorship – 2014

Awarded Fellow status in Gerontological Society – 2014

Number One (1) Most Downloaded Article for 2011 in Journal of Housing for the Elderly.  
(Tang, F. & **Pickard, J.** (2008). Aging in place or relocation: Perceived awareness of community-based long-term care and services. *Journal of Housing for the Elderly*, 22(4), 404 – 422. doi: 10.1080/02763890802458429.)

Alternate, Social Work Dissertation Research Award, The Ohio State University School of Social Work. “Religiosity and the Mental Health Service Use of Older Adults.” 2006

Hartford Doctoral Fellowship recipient, 2003

George Warren Brown School of Social Work, PhD Student Leader, 2003

Full Scholarship Recipient- The Henry Institute of Calvin College:  
Week-long Seminar on Survey Research and American Religion, July, 2003

National Institute of Mental Health (NIMH) Predoctoral Fellowship recipient, 2000-2003

Graduate Tuition Scholarships at Southern Illinois University at Carbondale, 1993-1994

Kappa Delta Pi Education Honor Society, Life Member, 1989

Who's Who Among Students in American Universities and Colleges, 1989

Multiple Dean's Lists, 1985-1994