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PROFESSIONAL APPOINTMENTS

University of Missouri-St. Louis (UMSL), School of Social Work

- Associate Professor with tenure, 2019-present
- Assistant Professor, 2013-2019

EDUCATION

Ph.D. 2013. Social Work, Washington University in St. Louis

Dissertation: *Mental Health Service Utilization among African American Emerging Adults*

MSW 1996. University of North Carolina - Chapel Hill

BSW 1995. North Carolina State University, *magna cum laude*

PEER REVIEWED PUBLICATIONS (*indicates student co-author)

Peoples, J.*, Stafford, J., Butler-Barnes, S., & **Williams, S.L.** (accepted). Examining campus climate, sense of belonging, and positive mental health among depressed Black college students. *Journal of American College Health*.

Pickard, J.G., **Williams Woodson, S.L.**, & Johnson, S. D. (2019). The relationship of public and private religiosity to African American women caregivers' use of alcohol for coping with caregiving burden. *Aging and Mental Health*, 1-8. doi: 10.1080/13607863.2019.1699020

Williams Woodson, S.L., Pickard, J.G., & Johnson, S. D. (2019). An examination of the relationship between religious beliefs, behaviors, commitment, and connection and addiction among African American women. *Social Work & Christianity*, 46(3), 7-26. <https://doi.org/10.34043/swc.v46i3.81>

Pilar, M.*, Cunningham-Williams, R.M., & **Williams Woodson, S.L.** (2019). Does the Andersen Behavioral Model of Health Services Use predict college students' use of on-campus mental health services? *Journal of American College Health*. <https://doi.org/10.1080/07448481.2019.1583665>

Cunningham-Williams, R.M., Jones, B.D., Butler-Barnes, S., Wells, A.A., **Williams Woodson, S.L.**, Johnson, S., & Pilar, M.* (2018). Stress, stressors, and substance use: Differential risk for hookah use among African American college students. *Journal of Ethnicity in Substance Abuse*. doi: 10.1080/15332640.2018.1511492

Williams, S.L., Cabrera-Nguyen, E.P., & Johnson, S.D. (2018). Examining the impact of race/ethnicity and gender intersectionality on preferences of social distance from individuals with mental health conditions. *Journal of Human Behavior in the Social Environment*. <https://doi.org/10.1080/10911359.2018.1433572>

Patterson, D.A., van den Berk-Clark, C., **Williams, S.**, & Dulmus, C. (2017). Are therapists likely to use a new empirically supported treatment if required? *Journal of Social Work*. doi:10.1177/1468017317743138

Van den Berk-Clark, C., Patterson, D.A., & **Williams, S.** (2017). Impact of race on the implementation of empirically supported treatments in substance abuse treatment. *Journal of Social Work Practice in the Addictions*, 1-21. Advance online publication. <http://dx.doi.org/10.1080/1533256X.2017.1302883>

Sanders Thompson, V. L., Butler-Barnes, S., Jones, B.D., Wells, A.A., Cunningham-Williams, R.M., & **Williams, S.** (2017). Factors associated with HPV vaccination status at

- US colleges and universities. *Health and Social Work*, 42(1), e1-e7.
doi:10.1093/hsw/hlwo50
- Johnson, S.D., **Williams, S.L.**, & Pickard, J.L. (2016). Trauma, religion, and social support among African American women. *Social Work and Christianity*, 43(1), 60-73.
- Williams, S.L.** and Cabrera-Nguyen, E. P. (2016). Impact of evaluated need on mental health service use among African American emerging adults. *Cultural Diversity and Ethnic Minority Psychology*, 22(2), 205-214. doi: 10.1037/cdp0000040
- Jones, B.D., Cunningham-Williams, R.M., **Williams, S.L.**, Thompson, V.L.S., Butler-Barnes, S., & Wells, A.A. (2015). Hookah and cigarette smoking among African American U.S. college students ages 18-24: Implications for college campus risk reduction and health promotion efforts. *Journal of Adolescent Health*, 56(2), S119-120. doi: 10.1016/j.jadohealth.2014.10.239
- Johnson, S.D. & **Williams, S.L.** (2015). Solution-focused strategies for effective health communication among African American parents and their adolescents. *Health and Social Work*, 40(4), 267-274. doi: 10.1093/hsw/hlvo56
- Wells, A.A., Palinkas, L.A., **Williams, S.L.**, & Ell, K. (2015). Retaining low-income minority cancer patients in a depression treatment intervention trial: Lessons learned. *Community Mental Health Journal*, 51(6), 715-722. doi: 10.1007/s10597-014-9819-3
- Williams, S.L.** (2014). Mental health service use among African American emerging adults, by provider type and recency of use. *Psychiatric Services*, 65(10), 1249-1255. doi: 10.1176/appi.ps.201300329
- Williams, S.L.** (2013). Mental health service utilization among African American emerging adults (Doctoral dissertation). All Theses and Dissertations (ETDs). 1109. Retrieved from <https://openscholarship.wustl.edu/etd/1109>. doi: <https://doi.org/10.7936/K7Q81B6Q>
- Sanders Thompson, V., Lewis, T. & **Williams, S.L.** (2013). Refining the use of cancer-related cultural constructs among African Americans. *Health Promotion Practice*, 14(1), 38-43. doi:10.1177/1524839911399431.
- Williams, S.** (2012). A systematic review: The effectiveness of cultural competence trainings among health professions. *Perspectives on Social Work*, 9(1), 26-36.
- Thompson, V.L., Kalesan, B., Wells, A., **Williams, S.L.**, & Caito, N.M. (2010). Comparing the use of evidence and culture in targeted colorectal cancer communication for African Americans. *Patient Education and Counseling*, 81(1), S22-S33. doi: 10.1016/j.pec.2010.07.019

Under Review

- Koehler, E., Bender, A.K, & **Williams, S.L.** Triangulating Data to Examine College Sexual Assault: A Case Study of One University. Submitted to *Journal of American College Health* (September 2022).

BOOK PUBLICATIONS

- Garry, V., & Isaac-Savage, E. P., **Williams, S.** (Eds.) (in press). *Black cultural capital: Activism that spurred African American high schools*. Information Age Publishers.
- Wagner, K., **Williams, S.L.** & Thompson Sanders, V. L. (2017). Chapter 8: Program Planning and Evaluation. In Goodman, M. & Thompson Sanders, V. (Editors). *Public Health Research Methods for Partnerships and Practice*. New York, NY: Springer Publishing Company

FUNDED GRANTS

- 2022-2023 Recipient: Spiritual Competency Training in Mental Health (SCT-MH) for Graduate Students Award, University of South Alabama, \$40,000
- 2021 Recipient: Supplemental Research Support Award, Office of Research Administration

(ORA), UMSL, \$1500

2021 Co-Principal Investigator: Empowering Black Families, Youth, and Community-Based Organizations: Advocating and Telling Their Stories Since COVID-19, Deaconess Foundation; PI: Jerome Morris, \$15,000

2020-present Trainee Advisor: Behavioral Health Workforce Education and Training for Professionals (Go2HP27945), Health Resources & Services Administration [HRSA], PI: Sharon Johnson, \$1,919,002

2019-2020 Co-Applicant: Campus Compact Missouri Faculty/Staff Mini-Grant Proposal Form, University of Missouri, \$500

2019 Co-Applicant: UMSL Women's Circle Grant, \$2,000

2019 Co-Applicant: UMSL Community Engagement Funding, \$2,500

2018 Recipient: Junior Faculty Travel Grant, ORA, UMSL, \$1000

2017-2021 Trainee Advisor: Life-Span Focused Behavioral Health Workforce Education and Training for Professionals (Go2HP27945); HRSA, PI: Sharon Johnson, \$1,872,188

2014-2017 Training Coordinator: Behavioral Health Workforce Education and Training for Professionals and Paraprofessionals (Go2HP27945), HRSA, PI: Sharon Johnson \$1,178,261

2014 Recipient: Junior Faculty Travel Grant, ORA, UMSL, \$500

2014-2015 Co-Principal Investigator: Using Cognitive Response Testing in Targeted Mental Health Message Development (University of Missouri Research Board, \$45,000

2013 Recipient: Junior Faculty Travel Grant, ORA, UMSL, \$822

ACADEMIC FELLOWSHIPS/GRANTS

2008-2013 Fellow: Chancellor's Graduate Fellowship Program, Washington University in St. Louis

2008-2011 Pre-doctoral Fellow: NIMH Mental Health Services Research Training T32 Fellowship, Washington University in St. Louis, PI: Enola K. Proctor (5T32MH019960-15)

1995-1996 University Merit Assistantship: University of North Carolina-Chapel Hill

1995-1996 Grant: North Carolina Minority Presence Grant, UNC-Chapel Hill

1995 Recipient: Southern National Bank Fellowship, North Carolina State University

1994 Recipient: Summer Pre-Graduate Research Experience (SPGRE) Program, University of North Carolina-Chapel Hill

GRANT PROPOSALS SUBMITTED, NOT FUNDED

Spencer Foundation, Black Families and Youth Researching their Educational Experiences since COVID-19: An Interdisciplinary and Community-based Participatory Research Project (PI: Jerome Morris), Co-Principal Investigator, \$50,000

William T. Grant Foundation, Partnering to Reduce Disproportionate Minority Contact within Juvenile Justice (Application ID: ICG-201531; PI: Sharon Johnson), Faculty Fellow \$650,000

UM-St. Louis Research Awards, How Effective are Sexual Assault Prevention Messages Targeted to College Students? (PI: Annah Bender), Co-Investigator, \$11,331(Process suspended due to COVID-19)

National Institutes of Health, Division of Loan Repayment, Using CRT in Targeted Mental Health Message Development, Principal Investigator, \$22,000

Spencer Foundation, Focus Groups with African American College Students: Understanding Perceptions of Mental Health, Co-Principal Investigator, \$45,486

PEER-REVIEWED CONFERENCE PRESENTATIONS

Koegler, E., Bender, A.K., **Williams, S.L.** (November 2021). *Bystander intervention training effectiveness: Climate survey reports of sexual assault*. Paper presentation at the Council on Social Work Education Annual Conference.

- Pilar, M., Cunningham-Williams, R., & **Williams Woodson, S.** (May 2019). *Predicting college students' mental health services use with the Andersen Behavioral Model of Health Services Use and ACHA-NCHA II 2014-2015 data*. Poster presentation at the American College Health Association Annual Conference.
- Johnson, S., Rawlins-Easley, R., **Williams Woodson, S.**, & Rosenthal, P. (March 2019). *Challenges and strategies for social workers training in integrated behavioral health settings: Observations from the field*. Paper presentation at the 32nd Annual Research & Policy Conference.
- Koegler, E., **Williams Woodson, S.L.**, Teti, M., & Howland, W. (January 2019). *Who reports human trafficking tips? Implications for bystander intervention programs*. Oral presentation at the Society for Social Work and Research Annual Conference.
- Pickard, J., **Williams Woodson, S.** & Johnson, S. (November 2018). *Public and Private Religiosity and African American Caregivers' Use of Alcohol for Coping with Stress*. Oral presentation at the Gerontological Society of America Annual Scientific Meeting.
- Van den Berk-Clark, C., **Williams, S.L.**, & Silver Wolf, D.P. (January 2017). *Are communities with high African-American census receiving best practices in substance use disorder services?* Poster presentation at the Society for Social Work and Research Annual Conference.
- Van Stee, S. K., & **Williams, S.L.** (April 2016). *African American college students' perceptions of mental health messages: Examining use of targeting and metaphor*. Poster presentation at the 2016 Biennial Kentucky Conference on Health Communication.
- Jones, B. D., Cunningham-Williams, R. M., **Williams, S.**, Sanders Thompson, V., Butler-Barnes, S., & Wells, A. A. (March 2015). *Hookah and cigarette smoking among African American U.S. college students ages 18–24: Implications for college campus risk reduction and health promotion efforts*. Poster presentation at the Annual Meeting of the Society for Adolescent Health and Medicine.
- Williams, S.L.**, Cunningham-Williams, R.M., Sanders Thompson, V., Wells, A.A., Butler-Barnes, S., & Jones, B.D. (January 2015). *Examining the role of predictive factors in mental health service utilization among African American college students*. Poster presentation at the Society for Social Work and Research Annual Conference.
- Butler-Barnes, S., Cunningham-Williams, R. M., Sanders Thompson, V., & Wells, A. A., **Williams, S.**, & Jones, B. D. (January 2015). *Access to health resources, academic performance, and depressive symptomatology among African American college women*. Paper presentation at the Society for Social Work and Research Annual Conference.
- Thompson Sanders, V., Jones, B.D, Wells, A.A., Cunningham-Williams, R.M., Butler-Barnes, S., & **Williams, S.** (January 2015). *Factors associated with HPV vaccination among US college students*. Poster presentation at the Society for Social Work and Research Annual Conference.
- Wells, A.A., Karpe, V., Butler-Barnes, S.T., Cunningham-Williams, R.M., Thompson Sanders, V., **Williams, S.** & Jones, B.D. (January 2015). *GPA among African American female college students: Examining lifestyles and preventive health behaviors*. Paper presentation at the Society for Social Work and Research Annual Conference.
- Williams, S.**, Cunningham-Williams, R.M., Sanders Thompson, V., Wells, A.A., Butler-Barnes, S., & Jones, B.D. (December 2014). *Mental health use among African American college students*. Poster presentation at the National Institute on Minority Health and Health Disparities Grantees' Conference.
- Thompson Sanders, V., Jones, B.D, Wells, A.A., Cunningham-Williams, R.M., Butler-Barnes, S., & **Williams, S.** (December 2014). *HPV vaccination among US ethnic minority college students*. Paper presentation at the National Institute on Minority Health and Health Disparities Grantees' Conference.

- Williams, S.** (November 2013). *Effect of need on service utilization among African American emerging adults*. Paper presentation at the Annual Program Meeting of Council on Social Work Education.
- Williams, S.** (October 2013). *Need, mental health service utilization, and African American emerging adults*. Poster presentation at the 6th Conference on Emerging Adulthood.
- Williams, S.** (November 2012). *Maximizing potential: Addressing mental health service utilization among African American college students*. Paper presentation at the Annual Program Meeting of Council on Social Work Education.
- Williams, S.** (October 2012). *Addressing underutilization of mental health services among marginalized students*. Paper presentation at the Annual American College Counseling Association Conference.
- Williams, S.** (January 2010). *Making the grade: A systematic review of the effectiveness of cultural competence training programs for social workers and other helping professionals*. Paper presentation at the Society for Social Work and Research Annual Conference.

INVITED PRESENTATIONS

- Williams, S.L.** (March 2022). *Women's History Month: Providing Healing, Promoting Hope*. Panelist; Sponsored by Behavioral Health Network of Greater St. Louis.
- Williams, S.L.** (February 2022). *Melanin and Mental Health*. Panelist; Sponsored by The Associated Students of University of Missouri at UMSL, University of Missouri-St. Louis
- Williams, S.L.** (March 2020). *Collegiate Options for High School Graduates*. Panelist; Sponsored by UMSL Bridge Program Saturday Academy.
- Williams, S.L.** (February 2020). *The Impact of Imposter Syndrome on African Americans' Mental Health*. Speaker; Sponsored by LaunchCode and Black in Tech STL, St. Louis, MO.
- Williams Woodson, S.L.** (February 2019). *A Conversation on Reframing Health, Education and Family in the Black Community*. Panelist; Sponsored by the Black Faculty/Staff Association and the Black Graduate Students Association, University of Missouri-St. Louis.
- Williams Woodson, S.L.** (November 2018). *What are my career options? Perspectives from Brown School PhD alumni*. Panelist; PhD First-year Students, Washington University in St. Louis (WUSTL).
- Williams, S.** (March 2015). *Diverse women in research: Navigating the Academy*. Panelist; PhD First-year Students, WUSTL.
- Williams, S.** (June 2013). *How to navigate graduate school*. Panelist; TargetHOPE Panel Discussion, WUSTL.
- Williams, S.** (October 2012). *Social support, social networks, and health outcomes*. Lecturer; Human Behavior/Human Policy course, WUSTL.
- Williams, S.** (January 2012). *Teaching independently: Lessons learned, tips for preparation, surprises, pitfalls, timing, benefits*. Lecturer; Teaching Workshop, WUSTL.
- Williams, S.** (November 2011). *Choosing the teaching assistantship that is right for you*. Lecturer; Teaching Workshop, WUSTL.
- Williams, S.** (April 2009). *Use of self and supervision in clinical practice*. Lecturer; Treatment Evaluation Course, WUSTL.

MEDIA COVERAGE

- Invited Letter** to the Editor on *MetroSTL*: Tour of Civil Rights sites teaches importance of history (February 2020)
[\(https://metrostl.com/2020/02/19/tour-of-civil-rights-sites-teaches-importance-of-history/\)](https://metrostl.com/2020/02/19/tour-of-civil-rights-sites-teaches-importance-of-history/)
- Invited panelist** on *STL on the Air*: UMSL student, professors look toward 2nd Civil Rights

Tour this spring (January 2020)

(<https://news.stlpublicradio.org/post/umsl-student-professors-look-toward-2nd-civil-rights-tour-spring#stream/o>)

Invited speaker on *USA Today News Podcast*: Mental illness should not be shameful (July 2015) (<https://soundcloud.com/usatodaynews/mental-illness-should-not-be-shameful>)

Quoted in *USA Today, Voices from Campus*: Viewpoint: Depression isn't always as easy as "talking to someone" (December 2014)

(<http://college.usatoday.com/2014/12/03/viewpoint-depression-isnt-always-as-easy-as-talking-to-someone/>)

Featured in *UMSL Daily*: Which health messages will reach African American Students? (July 2014)

Featured in *UMSL Magazine*: Influential women: UMSL shows off its feminine side by Bob Samples (Fall 2013)

TEACHING

Graduate

- Advanced Social Work Practice across the Lifespan (Spring 2023)
- Foundations of Human Behavior in the Social Environment (Spring 2018)
- Social Work Practice with Individuals, Families, and Groups (Fall 2011, Spring 2012; Washington University in St. Louis)

Undergraduate

- Human Behavior in the Social Environment (Spring 2023, Fall 2022, Spring 2022, Spring 2021, Spring 2020, Spring 2019, Fall 2013-Fall 2017)
- Introduction to Strategies for Social Work Practice (Fall 2022, Spring 2022, Fall 2021, Fall 2020, Spring 2020, Fall 2019, Spring 2019, Fall 2018, Spring 2018)
- Social Work Practice with Individuals, Families, and Groups (Fall 2021, Fall 2020, Fall 2019, Fall 2018, Fall 2017, Fall 2016)
- Civil Rights in St. Louis (Fall 2020)
- Touring through the History of the Civil Rights Movement (Spring 2019)

UMSL UNIVERSITY SERVICE

2023 Member: Strategic Planning Recruitment and Retention Subcommittee

2022 Member: Honors College NTT Faculty Search

2020-2021 Member: Extra Compensation Taskforce, UMSL

2020 Panelist: Bridge Program, Senior Send-Off Celebration

2020-2023 Interviewer: Opportunity Scholar Program Scholarship, Honors College

2019-present Member: Fall Research Panel

2019-2022 Vice President for Faculty: Black Faculty and Staff Association

2019-2020 Member: Chancellor Search Committee

2017-2018 Grant Proposal Reviewer: University of Missouri Research Board

2016-2019 Faculty Senate Committee Member: University Libraries

2014-2016 Faculty Senate Committee Member: Recruitment, Admissions, Retention, and Student Financial Aid

SCHOOL OF SOCIAL WORK SERVICE

2021-present Member: BSW Admission Committee

2020-present Member: Curriculum & Instruction Committee

2019-present Coordinator: Family Practice Concentration

2018 Member: Faculty Search Committee

2018-2021 Faculty Senate Member: School of Social Work Representative

2017 Member: Faculty Search Committee
2016-present Member: MSW Admissions Committee
2016-present Member: BSW Professional Development Ad Hoc Committee
2016-2019 Undergraduate Trainer: Screening, Brief Intervention, and Referral to Treatment Intervention
2014 Member: Faculty Search Committee
2013-present MSW Adviser

COMMUNITY SERVICE

2020-present Board Member: H.O.P.E. Determined
2017-2022 Member: Behavioral Health Network of Greater St. Louis Bridges to Care and Recovery Steering Committee
2017-present Journal Reviewer: *Journal of Racial and Ethnic Health Disparities*
2017 Member: Council on Social Work Education's Minority Fellowship Program-Youth Advisory Committee
2016 Journal Reviewer: *Preventing Chronic Disease*
2015 Conference Reviewer: Society for the Study of Emerging Adulthood 2015 Bi-Annual Conference (Mental Health track)
2014 Conference Reviewer: CSWE 2014 APM Proposal Phase I
2013-present Journal Reviewer: *Addiction, Recovery & Aftercare*
2013-2015 Member: Maplewood-Richmond Heights Parents as Teachers Advisory Council
2012-present Journal Reviewer: *Journal of Behavioral Health Services & Research*

DOCTORAL COMMITTEES

Claire Martin, Counseling Education, UMSL, defended Summer 2022
Marissa Hartwrit, Adult Education, UMSL, defended Summer 2021
Jennifer Culver, Counseling Education, UMSL, defended Spring 2018
Ashley Parker, Clinical Psychology, UMSL, defended Spring 2017

LICENSURE

2013-present Licensed Clinical Social Worker, State of Missouri, #2013026651
2001-2009 Licensed Clinical Social Worker, State of North Carolina, C#003873

PROFESSIONAL SOCIETIES (*indicates currently inactive status)

Edward A. Bouchet Graduate Honor Society, Washington University in St. Louis Chapter
Council on Social Work Education*
National Association of Social Workers*
Society for Social Work Research*

RESEARCH ASSISTANTSHIPS

2009-2011 Cultural Constructs in Colorectal Cancer Screening, WUSTL (Vetta Sanders Thompson, PI)
2009-2010 ISD-KVC Evaluation Project and Early Childhood Connection Project, WUSTL (Melissa Jonson-Reid, PI)
1995-1996 School of Social Work, UNC-CH (Iris Carlton-LaNey, PI)
1994 Summer Pre-Graduate Research Experience (SPGRE), School of Public Health, UNC-CH (Trude Bennett, PI)

PRACTICE EXPERIENCE

2005-2008 Clinical Therapist: Abel Consulting & Therapeutic Services, Winston-Salem, NC
2007-2008 Provisionally Licensed Clinical Social Workers Supervisor: Abel Consulting &

Therapeutic Services, Winston-Salem, NC

2004-2005 Adoption Matching Specialist: DePelchin Children's Center, Houston, TX

2003-2004 Clinical Therapist: Abel Consulting & Therapeutic Services, Charlotte, NC

2002-2003 Clinical Social Worker: Alexander Children's Center, Charlotte, NC

1999-2002 Post-Adoption Social Worker: Children's Home Society, Charlotte, NC

1996-1999 Family Foster Care Specialist: The Children's Home, Winston-Salem, NC

1995-1996 In-home Case Manager: Child and Family Services, Durham, NC (MSW Field Practicum, UNC-CH School of Social Work)

1995 Parent-Aide: Exchange Club Center for the Prevention of Child Abuse, Raleigh, NC (BSW Field Practicum: NCSU School of Social Work)

FACILITATOR EXPERIENCE

2009; 2012 Self-Awareness for Culturally Competent Practice, WUSTL

2004-2005 Special Needs Adoption Orientation, DePelchin Children's Center, Houston, TX

1999-2002 Transracial Adoption, Cultural Sensitivity and Diversity Training for Foster and Adoptive Families, Introduction to Attachment Issues, Child Development in Families-at-Risk, and Parenting with Love and Logic Curriculum, Children's Home Society, Charlotte, NC

1996-1999 Model Approaches to Partnerships in Parenting – Group Preparation and Selection (MAPP-GPS), Deciding Together Curriculum for Prospective Foster and Adoptive Families, and Fostering and Adopting the Child who has been Sexually Abused, The Children's Home, Winston-Salem, NC