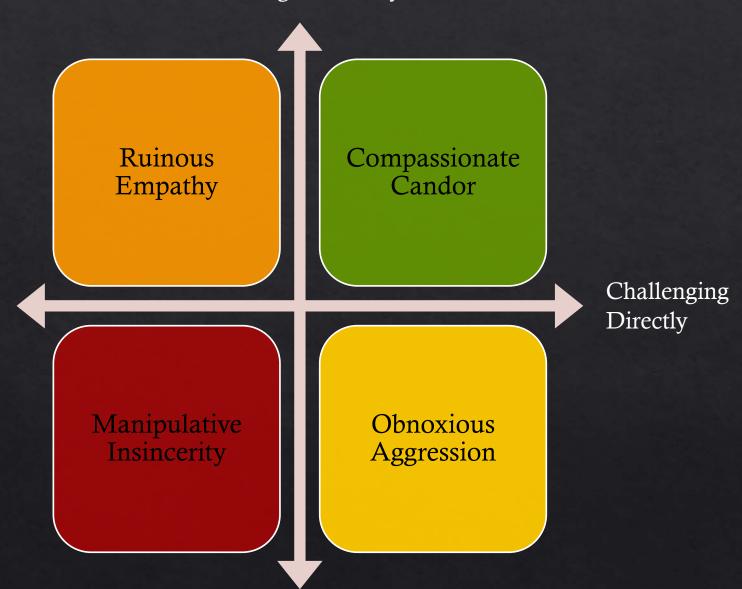


# Compassionate Radical Candor

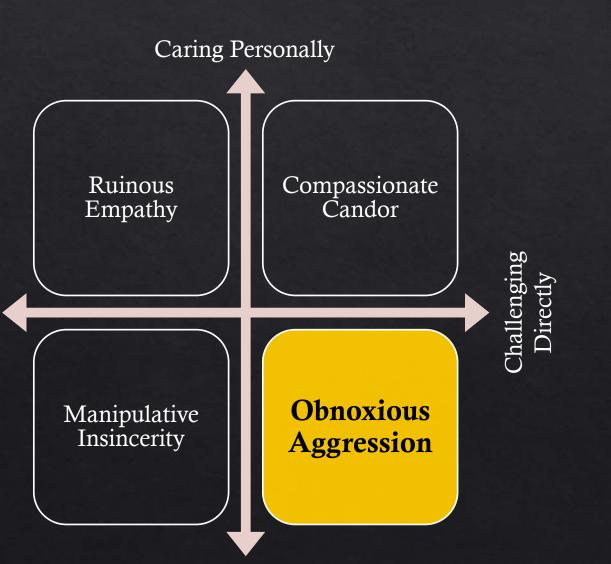
Lauren Reedy (she/her) April 2023

#### Caring Personally



Note: these are labels for behavior, NOT for people

#### Obnoxious Aggression



♦ Praise = Backhanded compliments

♦ Critique = Slap to the face

♦ Results = Defensiveness & a lack of trust and respect

#### Manipulative Insincerity

Challengin

Directly

Caring Personally

Ruinous Empathy Compassionate Candor

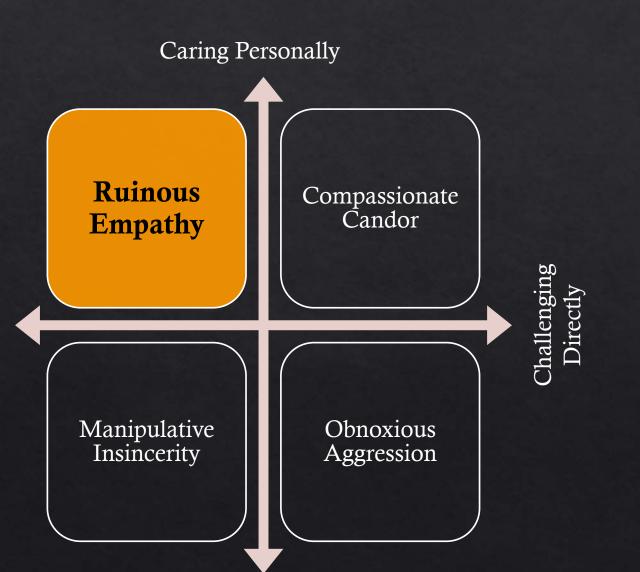
**Manipulative Insincerity** 

Obnoxious Aggression ♦ Praise = Flattery

♦ Critique = Backstabbing, gossip, and passive aggression

♦ Results = Toxic work environment where relationships and results suffer

#### Ruinous Empathy

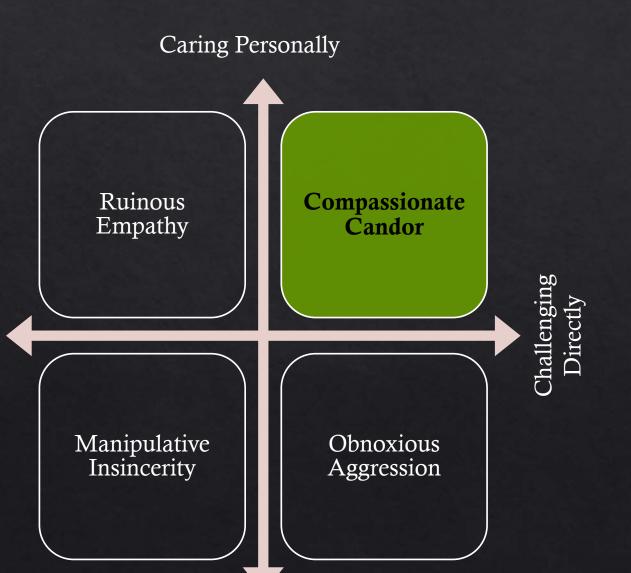


♦ Praise = False reassurances

♦ Critique = Absent

♦ Results = Decreased morale and quality of work, frustration with the lack of accountability, shock

#### Compassionate Candor



♦ Praise = Genuine, specific, and sincere

♦ Criticism = Constructive

♦ Results = Culture of accepting and acting on feedback, increased productivity and morale

## Radically Candid Feedback is ALWAYS HIP

- **♦Always** directed at behavior rather than identity
- Humble & Helpful
- **♦I**mmediate & In Person
- ⋄Private, if criticism & Public, if praise

## Tips

#### If challenging directly is uncomfortable

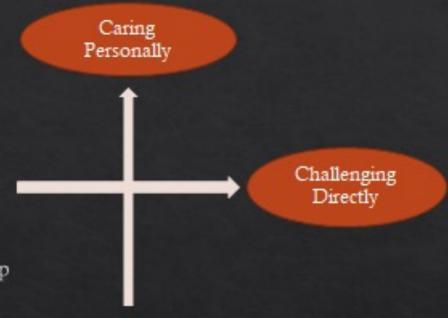
- Reframe challenging directly to align with your strengths
- ♦ Increasing directness
- ♦ Kind > Nice

#### If caring personally seems unnecessary/exhausting

- Reframe relationship building as emotional labor pivotal to leadership
- Focus on people you deal with directly and let that ripple out
- Show care in an way that is authentic for you

#### In general

- Consider power dynamics at play
- Investigate assumptions, worldviews, and biases that make up our "lens" and inform our assessment of a situation and therefore our feedback
- Accept that all feedback is subjective (biased)

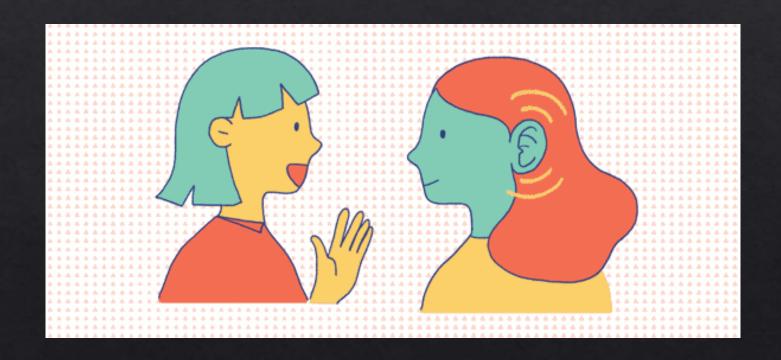


## Remember that Radical Candor is a Moving Target



- ♦ Consider
  - ♦ Individual personality
  - ♦ Cultural differences
  - Organizational culture and composition
  - ♦Power dynamics
- Ask people to gauge your interactions!

\*\*\*Radical Candor is measured not at your mouth, but at the other person's ear.



## GIVING compassionately candid feedback is only half the story

GETTING compassionately candid feedback is part two

#### Create a Culture of Compassionate Candor

Create a culture where giving and receiving feedback is the norm for all members of the team, not just from the top down

- Create a shared language
- ♦ Ensure the foundations are in place
  - ♦ Psychological Safety
  - ♦ Relational Trust
  - ♦ Recognition of power
- Consistently seek out and ask for feedback in a variety of ways
- ♦ Be mindful of what your response communicates

#### If you get feedback once but never again

Could your reaction have communicated to the giver that their perspective is...

Unwanted

- Highly emotional responses
- Defensiveness
- Engaging in retaliatory behaviors

Invalid

• Telling or implying the person is out of line, off base, or flat out wrong

Irrelevant

• Nothing changes as a result of the feedback

#### Responding to feedback

Wanted

• Express appreciation

Valid

- Ask questions to facilitate your understanding
- Look for the portions of the feedback you can get behind

Relevant

- Make changes in response to the feedback
- Communicate what changes have been made

### Create a Culture of Compassionate Candor

#### Order of Operations

- 1. Solicit Critique
- 2. Give Praise
- 3. Give Critique
- 4. Gauge Critique & Adjust
- 5. Encourage Praise and Critique Between Others

#### 1. Soliciting Criticism

- Brainstorm your go to question(s)
- Create a consistent routine
- ♦ Embrace discomfort
- ♦ Listen to understand
- Make your listening tangible to others

## Let's use the chat to brainstorm go-to questions for soliciting feedback

#### Examples

- ♦ In the last week, when would you have preferred I be more or less involved in your work
- ♦ Tell me why I'm off base here
- What's something I could have done differently this week to make your job easier
- How can I best support your professional development right now
- ♦ I feel like I didn't do as well as I should have in that meeting but I'm not sure what went wrong, can you help me figure it out

### 2. Giving Praise



- Be aware of how praise can go wrong
- Spend as much time getting the facts for praise as critique
- Be genuine, sincere, and specific
- Use the Situation, Behavior, Impact Model
- The best praise not only makes people feel good but it also challenges them

♦ Consider a piece of praise you have recently given. Was it genuine, sincere and specific? Did you use the situation, behavior, impact structure?

♦ Think of one piece of praise you could give in the upcoming days/week. Craft a genuine, sincere, and specific praise using the situation, behavior, impact structure.

#### Example

"You're a genius!"



"In this morning's meeting, the way you talked about XYZ was very persuasive because you showed everyone that you heard the other point of view"

## 3. Giving Criticism

"You need to do it in a way that does not call into question your confidence in their ability but leaves not too much room for interpretation" ~Steve Jobs

- ♦ Consider a piece of critique you have recently given. Was it specific without calling into question your confidence in that person?
- ♦ Think of one piece of critique you could give in the upcoming days/week. Craft a situation, behavior, impact structure critique.

#### Example

"you asshole, you took my parking spot!"



"I've been waiting for that spot, and you just zipped in and parked there, now I'm going to be late."

#### 4. Gauge How Your Critique is Landing and Adjust

- Allow people to disagree with your feedback
- ♦ If it's not getting through, dial up the directness
- ♦ If you get a strong reaction, use that as an opportunity to show that you care

#### 5. Encourage Praise & Critique Between Others

- ♦ There are more of them than there are of you
- Culture is self-replicating
- When others come to you with with praise or complaint about colleagues, help them craft a compassionately candid feedback interaction

Overwhelmed? Return to two key questions Am I showing people that I care personally?

Am I challenging directly?

If the answer to both questions is yes, then you're doing just fine.