Commit To Success

Meeting ID: 977 840 6648

https://umsystem.zoom.us/

NOVEMBER/DECEMBER

10:00am – 11:00am

Social Justice
Monday, November 1
Are you interested in learning more about social justice, diversity and inclusivity? Join us for a deeper dive into these issues in a safe and respectful environment.

Group Interviewing
Tuesday, November 2
10:00am – 11:00am
Join us for this interactive and informative workshop where you can practice and hone your interviewing skills in a fun and supportive environment.

Time Management – Final Countdown
Wednesday, November 10
11:00am – 12:00pm
You’ve reached the final stretch of the semester. Make the most of each day to finish strong! This workshop will help you learn how to successfully maximize and prioritize your time for optimum success.

Laying Imposter Syndrome to Rest: The Systems Approach, Part Three
Thursday, November 11
11:00am – 12:00pm
This empowering workshop wraps up the 3-part series with a laser focus on the larger, systemic issues and trauma that fuel the impact of imposter syndrome on the individual level. We will create action plans on strategies to educate and advocate for more inclusive educational and workplace environments.

Friday Online Games
Friday, November 12
12:00pm – 1:00pm
Come connect with other students and discover strategies that will assist you in having a successful year at UMSL. Discussion topics will vary.

The Systems Approach, Part Three
Saturday, November 13
12:00pm – 1:00pm
This workshop will provide resources and strategies to assist you in locating scholarships to finance the remainder of your college education.

STUDENT ACADEMIC SUPPORT SERVICES

Stressed about exams? Learn strategies for acing every type of exam, from multiple choice exams to short answer and essay exams. You will also gain experience developing a test day strategy and making a study plan.

The Systems Approach, Part Three
Thursday, November 18
12:00pm – 1:00pm
Join us as we discuss the many ways that understanding strengths and weaknesses can increase your market value.

Friday Online Games
Friday, November 19
12:00pm – 1:00pm
Navigating social media can be tricky. Come discuss how to utilize social media for good and learn about its pitfalls!

Student Academic Support Services

University of Missouri–St. Louis

Fall 2021
Commit To Success
Workshops

NOVEMBER/DECEMBER

Come learn how to leave a lasting impression on a good way! Presented in partnership with UMSL Human Resources.

What to Wear to an Interview
Tuesday, November 16
1:00pm – 1:30pm
Quick, drop-in session on tricks, tips and tricks on how to look professional and how to wow your interviewers!

LinkedIn to Connections: LinkedIn and Beyond
Wednesday, November 17
1:00pm – 2:00pm
Come learn more about conducting a job search online and how to create a professional looking LinkedIn profile.

Scholarship Search
Thursday, November 18
10:00am – 11:00am
This workshop will provide resources and strategies to assist you in locating scholarships to finance the remainder of your college education.

Test Prep: More than Just a Roll of the Dice
Thursday, November 18
2:30pm – 3:30pm
Stressed about exams? Learn strategies for acing every type of exam, from multiple choice exams to short answer and essay exams. You will also gain experience developing a test day strategy and making a study plan.

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Get Stuck in a R.U.T. – Responsible Use of Technology
Thursday, November 30
2:00pm – 3:00pm
Navigating social media can be tricky. Come discuss how to utilize social media for good and learn about its pitfalls!

Taking Time to S.W.O.T. Your Thoughts
Wednesday, December 1
11:00am – 12:00pm
Understanding your strengths and weaknesses enable you to gain more resources and opportunities within your career.

Zoom In, Zoom Out
Tuesday, November 16
1:00pm – 1:30pm
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Safety Series|Safety Tips/Q&A
Thursday, December 2
12:00pm – 1:00pm
How can you have fun, but be safe at the same time? Join us to discover valuable safety tips! Presented in partnership with the UMSL Police Department.

Sunday, December 5
Join us as we go on a virtual tour inside a nationally recognized tourist attraction! Feel free to stick around afterwards to debrief and fellowship with your peers.

Museum Tours
Friday, December 3
12:00pm – 1:00pm

All workshops will be held at this Zoom link:
https://umsystem.zoom.us/meet/293-workshops
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