

THE NEED IS GREAT AND YOU CAN HELP!



## October is *UMSL Month of Community Giving!*

Each year in October UMSL takes part in the **United Way of Greater St. Louis** and the **CHC: Creating Healthier Communities** employee giving campaigns. This annual effort is a great opportunity to create a stronger community through collaboration, investment and service. UMSL is a community engaged university, and we work in many ways to strengthen and support the great work being done by our community partners to create a region where people can thrive.

This year, donors can make contributions to either or both charities on one site. [Click here](#) to donate or go to [www.umsl.edu/monthofgiving/](http://www.umsl.edu/monthofgiving/) for further information.

**DONATE NOW!**

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## [Give to United Way of Greater St. Louis](#)

The United Way of Greater St. Louis raises funds to support more than 160 health and human service agencies to serve 1 million people in our region each year. United Way agencies strengthen families, provide job counseling and training, offer affordable childcare, help the elderly, and more.



## Give to CHC: Creating Healthier Communities

In Missouri, CHC raises funds for more than 100 high-impact nonprofits to address the barriers to good health and equity while powering transformative change in communities. Health is more than healthcare. Creating healthier communities requires a complex web of supports that touch on every aspect of health and wellbeing.



 **CHC** : CREATING HEALTHIER  
COMMUNITIES

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## Watch. Enter. Win!

As part of their annual campaign, United Way of Greater St. Louis is offering a promotion for a chance to win a 2023 Ford Escape. For information and to enter the giveaway, [click here](#).

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## WHAT A DOLLAR BUYS

- \$3/pay period gives 20 people access to an anonymous online mental health screening so that can better understand their mental health.
  - \$5/month provides formula for an infant whose family is struggling with expenses.
  - \$10/month period provides 8 fans for families in need struggling with the heat.
  - \$15/pay period provides information and support during three crisis calls to a 24/7 Helpline for people affected by Alzheimer's.
  - \$20/month provides inhalers for two dozen children suffering from asthma.
  - \$25/pay period provides 24 nights of shelter for someone who is homeless.
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## Help Us Help Each Other!

If you have any questions or would like to assist with the campaign, please contact Patricia Zahn, Director of Community Engagement & Outreach at [zahnp@umsl.edu](mailto:zahnp@umsl.edu).

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