ESSENTIALS
ORIENTATION 2018

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Millennium Student Center (MSC)
At the Center of It All

The Millennium Student Center is open during regular semesters (fall and spring):

Monday-Thursday: 7:00 a.m. to 11:00 p.m.
Friday: 7:00 a.m. to 5:00 p.m.
Saturday: 10:00 a.m. to 5:00 p.m.
Sunday: 1:00 p.m. to 9:00 p.m.

Come Check Out:
- Gallery Visio
- TV Lounge
- Welcome Center
- US Bank
- UMSL Triton Store: Bookstore
- Readership USA Today Newspapers
- The Current: Student Newspaper
- The U: Radio Station
- Dining Options
Millennium Student Services
At the Center of It All

The Millennium Student Center a place you call home.

- **Family Room** that is available to be used as a lactation station and is equipped with a sink and a baby changing station (located on the 1st floor).

- **Five Gender Neutral Restrooms** right around the corner from the Family Room perfect for families to utilize.

- All restrooms on 2nd and 3rd floor are equipped with **baby changing stations** as well.

**Campus Wide-Family Friendly Events including:**

- Tiny Tritons Program
- SWAP (Students Who Are Parents) Group
- Family Weekend in October
Eating on Campus

Visit UMSL.sodexomyway.com

On campus and hungry?

BUILD A BETTER DINING EXPERIENCE

1. Red and Gold Meal Plan
2. Sodexo Dining Dollars
3. Resident Life Meal Plan
Living on Campus

Residential Life and Housing Options:
Oak Hall Residence Hall
Villa North Hall Residence Hall
Mansion Hill Apartments
Website: http://www.umsl.edu/reslife

University Meadows Student Village
Apartment Style bedrooms available
www.universitymeadowsUMSL.com

MENIGITIS IMMUNIZATIONS
All students residing in on-campus housing must have received the meningococcal vaccine unless a signed statement of medical or religious exemption is submitted to the University Health Services.

Contact for Questions:
University Health Services
131 Millennium Student Center
314-516-5671 umsl.edu/services/health/
Health and Counseling Services

- 5 full time counselors:
  - 3 psychologists
  - Licensed clinical social worker
  - Counselor/victim advocate
- Nurse Practitioner and Registered Nurse
- Health Insurance
- Immunizations / Flu Shots
- Confidential counseling sessions
- Walk-In crisis and consultation services
- Prevention Programming

Disability Access Services

- Pre-admission counseling
- Specialized testing accommodations (extended time, quiet environment, etc.)
- In-class accommodations
- Alternate textbook resources
- Assistance in locating and training note-takers
- Assistance in hiring readers for blind students
- Certified interpreters for deaf students
- Special furniture accommodations
- Emergency location procedures for mobility-impaired students
- Computers equipped with adaptive software
- Coordination with community resources including Vocational Rehabilitation, Rehabilitation Services for the Blind, and Para quad

Location: 144 Millennium Student Center.
www.umsl.edu/health
INTRAMURALS:
- Wiffleball
- Arena Flag Football
- Basketball
- Dodgeball
- Volleyball
- Soccer
- Floor Hockey

More information at CheckTheRec.umsl.edu
WANNA GET INVOLVED ON CAMPUS?

- Fraternity and Sorority Life
- Over 120 Student Organizations
- Friday Flicks Movie Series
- Homecoming
- Leadership Programs
- Service
- Tiny Tritons
- Tritonsync

Stop By to Get Involved!

OFFICE OF STUDENT INVOLVEMENT
Located 3rd Floor of Millennium Student Center

314-516-5291 UMSL.edu/studentinvolvement

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UMSL Triton Store

- Textbooks – New, Used & Rental
- UMSL Clothing & Memorabilia
- School Supplies
- Residence Hall Gear
- Snacks, drinks, and more
- Computers and technology accessories
- Everything you want: Books, Journals, Magazines, and Gifts!

Located 2nd Floor of Millennium Student Center

Store Hours:
M-Th: 8am – 7pm  F: 8am – 6pm
Sat.: 10am – 2pm  Sun: Closed

umsltritonstore.com
UMSL Triton Store

Located 2nd Floor of Millennium Student Center

Store Hours:
M-Th: 8am – 7pm  F: 8am – 6pm
Sat.: 10am – 2pm  Sun: Closed
umsltritonstore.com

Textbook Timeline

1. Look up what books you need 4 weeks before classes begin.
2. Price compare and shop online at www.umsltritonstore.com
3. Early Bird Reservation begins 4 weeks before classes begin.
   Or textbooks can be found in-store for purchase 4 weeks before classes.
4. Early Bird pick up begins 1 week before first day of classes.
   Web order pick up available as soon as notified via email.

$1200 per semester can be added to your TritonCard – student account if you are in good standing.
TritonCard
Located on 1st Floor of Millennium Student Center

TritonCard is used for the Following:

✓ Access to campus dining facilities
✓ Check out books in the libraries
✓ Academic Advising Appointments
✓ Access to Rec and Wellness Center for fitness
✓ Entry to residence hall
✓ Entrance to athletic events
✓ Charge items in the TritonStore to the student account
  *If you are in good standing with the University
✓ Swipe into student events for Triton Tally program
✓ UMSL Student Identification-carry with you when on campus

Take TritonCard picture during Orientation, and pick up at closing session.
Quick links to student portals where you will use your SSO to login
After Orientation, we will be sending a Canvas tutorial to preview how to navigate and use this course management system with your courses.
This is a simple electronic course catalog of when courses are offered in certain semesters.
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MyView
Self Service Records

Class Schedule, Registration
Financial Information, Pay your Bill

Mailing Address, Contact
Grades, Academic Advisors

Bulletin
Canvas
Course Schedule
MyDegree
MyDrive
MyGateway
MyView
MyConnect
Webmail
MAKE AN APPOINTMENT WITH YOUR ADVISOR THROUGH UMSL MYCONNECT

All new students must meet with an academic advisor prior to registering for courses. Instructions for accessing UMSL MyConnect are below. Academic department contact information is listed on page 15 of this booklet.

1. Login In to My Connect using your SSO ID and password - umsl.edu > current students (link at top) > my connect

2. Set Up Profile
   Make it easier for professors and your advisor to know you and stay connected.

3. Choose “Schedule a Meeting” and then choose “My Success Network” to make an appointment under the advisor’s name.

4. Select an open time by choosing a green plus sign and pick “my first advising appointment”.

- Academic Advising
- Bulletin
- MyGateway
- MyView
- MyConnect
- Webmail
Every student has a 10 GB campus email account hosted on Windows Live.

Outlook Live is the email service used for the distribution of official UMSL email, such as registration notices, news updates, messages from your instructors, etc.

Address: your email address is: SSOID@mail.umsl.edu

Password: your email password must be set up by using your first-time password, found at https://mailtools.um.umsystem.edu/OutlookLive

Access to your email is available via MyGateway or http://mail.umsl.edu
AMENITIES IN COMPUTER LABS

- **Scanning**: The labs in SSB 103, Benton, Fine Arts, Music, and Thomas Jefferson libraries are equipped with flatbed scanners for your coursework needs. SSB 103 and TJ Library have high speed Bookeye Scanners.

- **CD Rewritable Drives**: All labs have CD rewritable drives available for saving your work.

- **USB Drives**: All computers on campus have USB ports for the use of flash memory devices.

- **Headphones**: Most labs have headphones for use in the labs.

- **Color Printing**

- **Lab Consultants** who assist with printing and technology questions

**TritonNet**, the UMSL wireless network.

To get connected, you must register your computer with TritonNet. You will be able to browse the internet immediately after registration. The registration web page should open automatically the first time you try browsing the web from a wireless connection.

**PRINTING**

Each student can print $30 worth of black & white sheets a semester (approx. 1000 copies)
If you can’t login to a machine, have a disk problem, have a problem with any of the computing services over to their office.

**Hours:**
- 7:30 am – 10:00 pm Monday – Thursday
- 7:30 am – 5:00 pm on Fridays

**Phone:** 314-516-6034
Connect with Us
Stay Connected!

UMSL Homepage: www.umsl.edu

Facebook:
- UMSL
- UMSL Student Life
- UMSL New Student Programs
- UMSL Parent and Family Members: New Student Programs
- UMSL MSC
- UMSL Residence Life
- UMSL Cashier’s Office

Twitter: UMSL

LinkedIn:
- University of Missouri-St. Louis
- Alumni Association

UMSL Mobile App for phone

Follow us @UMSL_nsp or Like us at UMSL New Student Programs #UMSLorientation
DOWNLOAD UMSL APPS

TRITON HQ APP

1. GET THE APP
DOWNLOAD THE APP FOR FREE ON YOUR PHONE
Available on iPhone and Android
SET UP YOUR ACCOUNT

2. EARN POINTS
CHECK IN AT PRE-DETERMINED EVENTS TO EARN POINTS
LOOK IN EVENTS TO SEE EVENTS YOU CAN ATTEND
ALLOW UMSL MOBILE TO ACCESS LOCATION SERVICES

3. GET REWARDED
USE THE POINTS YOU EARN TO CLAIM REWARDS
CHOOSE FROM A SELECTION OF PERKS

Follow us @UMSL_nsp or Like us at UMSL New Student Programs #UMSLorientation
Get Connected Parents and Family Members

Sign Up For:

- Monthly Parent and Family Connections
- UMSL Parents and Family Members: New Student Programs Facebook page
- E-Newsletter
- Emergency Notification System
UMSL App
Download is free!

Download the UMSL App
www.umsl.edu/~umslmobile/

Follow us @UMSL_nsp or Like us at UMSL New Student Programs #UMSLorientation
Activity: 10 Minutes

- Download UMSL Mobile App
- Fill Out Get Connected Form
- Activate Emergency Notification
What’s Next Spring 2018?!

**Important Dates**

January 2-19
Campus-Wide Extended Office Hours

January 13-23
Triton Spring Launch

January 13-February 22
UMSL Weeks of Welcome

January 16-17
First Days of Classes: Help-A-Triton Tables

January 18
Hot Dog You’re Here Event

January 23
UMSL Night at Blues Game *Purchase Tickets

February 22-25
UMSL Homecoming

Follow us @UMSL_nsp or Like us at UMSL New Student Programs #UMSLorientation
12:45 pm Riding Campus Tour Meet 2nd Floor, check-in table
12:45 pm Campus Walking Tour Meet 2nd Floor, check-in table

1:00 pm - 1:30 pm Being Superhuman: How to be everything to everyone, INCLUDING MYSELF
Are you an adult learner returning to college for a degree? Are you a parent and trying to balance family, work, and now school? Join us for an open forum that will introduce you to current students, staff and faculty who are committed to assisting you in succeeding at UMSL. Location: 366 Millennium Student Center – Conference Room

1:00 pm – 1:30 pm Involvement 101
Are you interested in getting involved in leadership development, student organizations, service, campus jobs or more? Join us for this session that provides an overview of the various ways in depth to join and get involved before classes even begin. Location: Century Room A

1:00 pm - 3:00 pm Open Timeframe anytime to get 1.1 Help with Triton Technology
Do you have additional questions about MyView, Email, Canvas, and other UMSL portals? Join us to get 1-on-1 assistance in navigating all of the technology tools! Location: 366 Millennium Student Center

1:45 pm Riding Campus Tour Meet 2nd Floor, check-in table
1:45 pm Campus Walking Tour Meet 2nd Floor, check-in table

2:00 - 4:00 pm Advising Appointments Various Location
Orientation Leaders will be available to walk you to the locations; meet in 366 Millennium Student Center.
Check-Out & Lunch

• Check out to receive your TritonCard
• T-Shirt and other giveaway
• Grab lunch and come back into these rooms into the Century Rooms