

Allergy injection Information/Procedure

Health Services offers allergy injection appointments to students by a registered nurse. Allergy injection consultation appointments are to be scheduled in advance by calling 314-516-5671.

Please bring the following with you when you come to your first appointment:

- 1) Allergy serum vials
- 2) Instructions/paperwork from allergist
- 3) Epinephrine or Epi Pen

If you do not have an Epi Pen, we can write an order for you or ask your allergist.

- You **must** take a second generation antihistamine one-to-two hours before your appointment.
- Serum vials can be stored at Health Services or brought to each appointment.
- You will be required to wait 30 minutes (or longer if ordered by allergist) after injection and have the injection site checked by medical staff before leaving. You should always contact our office if you experience generalized itching, hives, sneezing, or difficulty breathing. If this happens after hours, go to the Emergency Room or call 911.
- Systemic reactions will be treated as ordered by your allergist; epinephrine will be given and repeated if necessary. Paramedics will be called and your allergist notified.
- Allergy injections will not be given during acute asthma attacks, infectious illness, or if you have a fever greater than 100 degrees Fahrenheit.
- Allergy injections are \$10 for each visit. We accept cash, check or student account for payment.
- It is your responsibility to notify Health Services if you are unable to keep your appointment by calling 314-516-5671 or by sending a message on the Patient Portal (health.umsl.edu).