

Oral Defense Announcement

University of Missouri – St. Louis Graduate School

An oral examination in defense of the co-authored dissertation for the degree
Doctor of Education with an emphasis in Educational Practice

Britne Bacca-Haupt

M.A. in Higher Education Administration, August 2013, West Virginia University
B.A. in Psychology and Human Services, May 2011, Davis & Elkins College

Mindy Dilley

M.S. in Student Affairs, May 2013, Missouri State University
B.S. in Communication, May 2011, Missouri State University

Fletcher Ferguson

M.S. in Leadership and Policy Studies, December 2011, University of Memphis
B.A. in Psychology, May 2010, Rhodes College

Lisa Gillis-Davis

M.Ed. in Higher Education Administration, January 2003, University of Missouri–St. Louis
B.A. in Secondary Education, December 1998, University of Northern Iowa

Jacqueline Schneller

Master of Social Work, May 2007, University of Arkansas
B.A. in History, December 2002, University of Arkansas

A Qualitative Case Study of an Ultra-Brief Trait Emotional Intelligence Intervention for University Student Leaders

Date: April 5, 2024

Time: 4:00 p.m. to 6:00 p.m.

Place: Remote

Abstract

Emotional intelligence gained interest in the early 1990s from researchers in hopes of assessing how understanding and developing emotions can help individuals be “healthy, rich, successful, loved, and happy” (Mayer et al., 2001, p. xi). Because of the expanded interest, increasing implications began occurring at the post-secondary level of education (Petrides et al., 2018). Trait emotional intelligence focuses on perceptions of oneself and others, illustrating how we regulate our emotions and recognize them in others. This qualitative study aimed to explore the impact of an ultra-brief intervention on the trait emotional intelligence development of university student leaders and how they perceived the effectiveness of the intervention. The study also looked to find how students specifically used the sociability factor in their roles as student leaders. The researchers conducted interviews followed by thematic analysis to reveal reoccurring codes, themes, and patterns that emerged from the data set. The findings suggest that students perceive the ultra-brief intervention as effective while engaging elements of the sociability factor of trait emotional intelligence.

Defense of Dissertation Committee

Kenton Mershon, Ph.D. - Chairperson

Shawn Woodhouse, Ph.D.

Gretchen Fricke, Ed.D.