Oral Defense Announcement
University of Missouri – St. Louis Graduate School
An oral examination in defense of the dissertation for the degree
Doctor of Nursing Practice with an emphasis in Psychiatric-Mental Health Nurse Practitioner

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Family Media Use Plan Implementation for School-Age Children

Date: 11/18/2022
Time: 11am to 12pm
Place: Remote

Abstract:
Background: This paper poses to discuss and examine the concern of unmonitored and excessive internet use by school-age children, ages 8yrs.-11 yrs. old, along with the importance of the employment of a Family Media Use Plan, which is the recommendation of the American Family of Pediatrics. This issue, although not often studied, is a common occurrence in today's society and is associated with physical and mental health concerns for this vulnerable population.

Method: This quality improvement project was accomplished through educating and surveying the parent population of the Intermediate building of a rural, Southeast Missouri Public School District. The involved parent population completed a pre-education Qualtrics survey, reviewed an education module, then completed an immediate post-education Qualtrics survey, and a 3-month post education Qualtrics survey. Following the completion of the education module and Qualtrics surveys by the parent population the survey data was collected and analyzed utilizing paired t-tests that were completed through the Statistical Package for Social Sciences (SPSS) software.

Results: The resulting data of the overall comparison of the pre-education survey and the immediate post-education survey did offer statistical significance in parental knowledge gain demonstrated by a p value 0.018 attained through the paired t-test. Further completion of paired t-testing regarding the use and awareness of the Family Media Use Plan as well as parental knowledge retention also resulted in findings that are clinically significant noted by p-values.

Conclusion: This quality improvement project resulted in findings that support continual and increased involvement of parents in the monitoring of their school age child/children's daily internet use. Although the changes noted in the pre vs. immediate post education survey were the only results of statistical significance, all result findings are significant in the school-age child's overall health and well-being.

Defense of Dissertation Committee
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