CAREER DEVELOPMENT CHECKLIST

If you follow most or all of these steps, you’ll be well on your way to understanding what career you want to pursue and making it happen!

First Year: Exploring ≤ 30 credit hours

- Check out the Career Services website and register for TritonCareers our job and internship database
- Visit Students on the Career Services website to learn more about career related topics
- Identify your interests, values, and skills—come talk with someone in Career Services or your student support services provider in the Office of Multicultural Student Services
- Develop a list of majors and careers to consider and review “What Can I Do With This Major”
- Consider attending a Career Fair sponsored by Career Services to start connecting with employers & graduate schools

Additional Reminders:

- Work with your academic advisor to develop an initial academic plan; review your academic progress on MyDegree
- Considering a professional school after graduation (e.g., medical, veterinary, law) talk with your academic advisor and faculty ASAP so you can stay on target with courses and grades
- Get involved with student organizations—learn about them through the Office of Student Involvement
- Consider volunteering to gain skills and experience—learn about opportunities through the Office of Student Involvement
- Meet general education requirements with introductory courses in your major/career areas of interest
- If you are not earning a B or higher in your classes, talk with your faculty and academic advisor

Second Year: Making Connections ≤ 60 credit hours

- Review the list from First Year and continue working on it
- Continue learning through student activities/organizations, volunteer work or a part-time job
- Begin planning for your first degree related part-time job or internship
- Learn about informational interviewing and consider using it as a tool to enhance your understanding about careers
- Refine your list of possible majors and careers
- Write a resume. Visit Job Search Tips for guidelines
- Attend a Career Fair and other Employer and Career Events to start networking with employers and recruiters
- Start honing your interview skills by attending Employer & Career Events. Meet with a Career Services team member to do a mock interview.
- Visit the Campus Calendar and Career Services regularly to stay abreast of what’s happening
- Meet with professionals from Career Services, academic and faculty advisors, and Office of Multicultural Student Services regularly
- Evaluate your progress in courses throughout the semester and seek help if you’re struggling
- Learn about a variety of careers and remain flexible and open to other options

Additional Reminders:

- Print out and review your academic progress in MyDegree with your academic and faculty advisors to make sure you’re on track
- Talk to key faculty and advisors about pre-professional programs (e.g., pre-law, pre-medical, pre-vet) and find out about taking practice entrance tests (e.g., GMAT, LSAT, MCAT)
- Understand how your GPA can impact transitioning from college academics to your desired career, internships eligibility and admission to graduate/professional school
- Take leadership roles in your student organizations and volunteer experiences
- Start and build professional relationships with professors and other campus individuals
Third Year: Gaining Experience ≤ 90 credit hours

- Review list from first two years and continue working on it
- Go to TritonCareers to start your internship and job search process
- Participate in Employer and Career Events
- Update your TritonCareers profile and resume to include new courses or work experiences you’ve gained and get a resume critique from Career Services
- Attend the Career Fairs to meet employers, practice your 30 second introduction, and continue to network and learn about companies
- Research jobs of interest to you and identify companies that you’re interested in working for; create a back-up plan. Plans and goals may change, have a plan that is flexible and has options for alternative careers
- Begin thinking about who could write recommendation letters and start asking for references
- Evaluate your progress in courses throughout the semester and seek help if you’re struggling
- Learn about a variety of careers and remain flexible and open to other options

Additional Reminders:

- Study for and take the GRE, MCAT, GMAT, LSAT or any other admissions test required for your career path
- Meet with your academic advisor and faculty advisor to ensure you’re on track for graduation
- Apply for graduation a least two semesters before your expected graduation date
- Research & begin application process for graduate/professional schools

Fourth Year: Launching Your Career ≤ 90-120 credit hours

- Review list from previous years and continue working on it
- Sign up for TritonCareers, our job and internship database (if you haven’t already)
- Update and polish your resume; have it reviewed by Career Services
- Learn how to write winning cover letters by visiting Job Search Tips
- Visit Students for help with all your job search activities
- Develop your job search plan and be diligent about following through; start the job search process 3-6 months before graduation
- Attend Career Fairs to support your job search process
- Apply for graduate or professional school, if that’s part of your plan
- Get your professional wardrobe started with the most important piece; the interview suit
- Click on the Labor Market & Salary Information tab here for guidance on your chosen career
- Evaluate your progress in courses throughout the semester and seek help if you’re struggling
- Think again about a back-up plan and remain flexible and open to options about careers

Additional Reminders:

- Check with your academic advisor and faculty advisor to confirm graduation
- Post-Graduation: Stay in touch-Career Services assistance is available for 2 years post-graduation; learn about the Alumni Association

CAREER SERVICES
UNIVERSITY OF MISSOURI-ST. LOUIS
278 Millennium Student Center | 314-516-5111
careerservices@umsl.edu | careers.umsl.edu

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