As we re-open our recreation facilities, the priority and commitment to our patrons will be to provide a safe environment to recreate at all times. Thus, there are a number of temporary policies and procedures we are enacting within the facility to ensure this safety. Conversely, we are asking for our patron’s mutual commitment to help us in return. During this phased return to normal operations, we ask that all patrons exhibit the following behaviors while using the facilities:

- Wear PPE masks and monitor your intensity level while exercising
- Do not visit the facility if you are sick, experiencing a cough, shortness of breath, sore throat, had a fever in the last 48 hours, or showing any other symptoms of COVID-19
- Make an appointment if you need to speak with a staff member in person
- Practice proper personal hygiene at all times
- Practice CDC guidelines on social distancing at all times
- Closely follow all building wayfinding, room capacity, and queuing signage
- Clean all equipment you come in contact with both before and after use with the provided cleaning solutions
- Only use one piece of equipment at a time (i.e., no circuits or “super setting”) so that machines are easily cleaned after each use
- Consider limiting workout length to avoid unnecessary exposure, decrease congestion, and allow for additional sanitization
- Bring your own personal exercise equipment: yoga mats, bands and tubes, foam rollers, towels, etc.
- Refrain from working out with a partner or in groups (to include family members and/or roommates)
- Please let a staff member know if you witness anyone not following these guidelines or you feel unsafe at any time
- Provide your feedback on your experience to the facility whenever possible