Median hourly earnings of restaurant cooks were $8.72 in 2000. The middle 50 percent earned between $7.35 and $10.33. The lowest 10 percent earned less than $6.30, and the highest 10 percent earned more than $12.43 per hour. Median hourly earnings in the industries employing the largest number of restaurant cooks in 2000 were:

- Hotels and motels .................................................. $9.97
- Miscellaneous amusement and recreation services .......... 9.68
- Eating and drinking places ...................................... 8.57

Median hourly earnings of cooks in fast-food restaurants were $6.53 in 2000. The middle 50 percent earned between $5.90 and $7.53. The lowest 10 percent earned less than $5.49, and the highest 10 percent earned more than $8.43 per hour. Median hourly earnings in eating and drinking places, the industry employing the largest number of fast-food cooks, were $6.52 in 2000.

Median hourly earnings of short-order cooks were $7.55 in 2000. The middle 50 percent earned between $6.32 and $9.20. The lowest 10 percent earned less than $5.67, and the highest 10 percent earned more than $10.83 per hour. Median hourly earnings in the industries employing the largest number of short-order cooks in 2000 were:

- Hotels and motels .................................................. $8.66
- Miscellaneous amusement and recreation services .......... 7.94
- Eating and drinking places ...................................... 7.57
- Gasoline service stations ........................................ 6.87
- Grocery stores ...................................................... 6.60

Median hourly earnings of institution and cafeteria cooks were $8.22 in 2000. The middle 50 percent earned between $6.70 and $10.24. The lowest 10 percent earned less than $5.84, and the highest 10 percent earned more than $12.53 per hour. Median hourly earnings in the industries employing the largest number of institution and cafeteria cooks in 2000 were:

- Hospitals .............................................................. $9.37
- Nursing and personal care facilities .......................... 8.50
- Eating and drinking places ...................................... 8.29
- Elementary and secondary schools ........................... 7.65
- Child day care services .......................................... 7.52

Median hourly earnings of food preparation workers were $7.38 in 2000. The middle 50 percent earned between $6.28 and $8.81. The lowest 10 percent earned less than $5.67, and the highest 10 percent earned more than $10.65 per hour. Median hourly earnings in the industries employing the largest number of food preparation workers in 2000 were:

- Elementary and secondary schools ........................... $8.14
- Hospitals .............................................................. 8.12
- Grocery stores ...................................................... 7.90
- Nursing and personal care facilities .......................... 7.56
- Eating and drinking places ...................................... 6.88

Some employers provide employees with uniforms and free meals, but Federal law permits employers to deduct from their employees’ wages the cost or fair value of any meals or lodging provided, and some employers do so. Chefs, cooks, and food preparation workers who work full time often receive typical benefits, but part-time workers usually do not.

In some large hotels and restaurants, kitchen workers belong to unions. The principal unions are the Hotel Employees and Restaurant Employees International Union and the Service Employees International Union.

**Related Occupations**

Workers who perform tasks similar to those of chefs, cooks, and food preparation workers include food processing occupations such as butchers and meat cutters, and bakers.

**Significant Points**

- Most jobs are part time and many opportunities exist for young people—nearly 2 out of 3 food counter and fountain workers are 16 to 19 years old.
- Job openings are expected to be abundant through 2010, reflecting substantial turnover.
- Tips comprise a major portion of earnings; consequently, keen competition is expected for bartender, waiter and waitress, and other jobs in popular restaurants and fine dining establishments where potential earnings from tips are greatest.

**Nature of the Work**

Whether they work in small, informal diners or large, elegant restaurants, all food and beverage serving and related workers aim to help customers have a positive dining experience in their establishments. These workers greet customers, take food and drink orders, serve food, clean up after patrons, and prepare tables and dining areas.

The largest group of these workers, *waiters and waitresses*, take customers’ orders, serve food and beverages, prepare itemized checks, and sometimes accept payments. Their specific duties vary considerably, depending on the establishment where they work. In coffee shops, they are expected to provide fast and efficient, yet courteous service. In fine restaurants, where gourmet meals are accompanied by attentive formal service, waiters and waitresses serve meals at a more leisurely pace and offer more personal service to patrons. For example, servers may recommend a certain wine as a complement to a particular entree, explain how various items on the menu are prepared, or complete preparations on a salad or other special dishes at tableside. Additionally, waiters and waitresses may check the identification of patrons to ensure they meet the minimum age requirement for the purchase of alcohol and tobacco products.

**Sources of Additional Information**

Information about job opportunities may be obtained from local employers and local offices of the State employment service.

Career information about chefs, cooks, and other kitchen workers, as well as a directory of 2- and 4-year colleges that offer courses or programs that prepare persons for food service careers, is available from:


For information on the American Culinary Federation’s apprenticeship and certification programs for cooks, as well as a list of accredited culinary programs, send a self-addressed, stamped envelope to:

- American Culinary Federation, 10 San Bartola Dr., St. Augustine, FL 32085. Internet: [http://www.acfchefs.org](http://www.acfchefs.org)

For general information on hospitality careers, contact:


**Food and Beverage Serving and Related Workers**

(O*NET 35-3011.00, 35-3021.00, 35-3022.00, 35-3031.00, 35-3041.00, 35-9011.00, 35-9021.00, 35-9031.00)
Depending on the type of restaurant, waiters and waitresses may perform additional duties usually associated with other food and beverage service occupations. These tasks may include escorting guests to tables, serving customers seated at counters, setting up and clearing tables, or operating a cash register. However, formal restaurants frequently hire other staff to perform these duties, allowing their waiters and waitresses to concentrate on customer service.

Bartenders fill drink orders that waiters and waitresses take from customers. They prepare standard mixed drinks and, occasionally, are asked to mix drinks to suit a customer’s taste. Most bartenders know dozens of drink recipes and are able to mix drinks accurately, quickly, and without waste, even during the busiest periods. Besides mixing and serving drinks, bartenders collect payment, operate the cash register, clean up after customers leave, and often serve food to customers seated at the bar. Bartenders also check identification of customers seated at the bar, to ensure they meet the minimum age requirement for the purchase of alcohol and tobacco products. Bartenders usually are responsible for ordering and maintaining an inventory of liquor, mixes, and other bar supplies. They often form attractive displays out of bottles and glassware and wash the glassware and utensils after each use.

The majority of bartenders who work in eating and drinking establishments directly serve and interact with patrons. Because customers typically frequent drinking establishments for the friendly atmosphere, most bartenders must be friendly and helpful with customers. Bartenders at service bars, on the other hand, have little contact with customers because they work in small bars in restaurants, hotels, and clubs where only waiters and waitresses serve drinks. Some establishments, especially larger ones, use automatic equipment to mix drinks of varying complexity at the push of a button. Even in these establishments, however, bartenders still must be efficient and knowledgeable in case the device malfunctions or a customer requests a drink not handled by the equipment.

Hosts and hostesses try to create a good impression of a restaurant by warmly welcoming guests. Because hosts and hostesses are restaurants’ personal representatives, they try to insure that service is prompt and courteous and that the meal meets expectations. They may courteously direct patrons to where coats and other personal items may be left and indicate where patrons can wait until their table is ready. Hosts and hostesses assign guests to tables suitable for the size of their group, escort patrons to their seats, and provide menus. They also schedule dining reservations, arrange parties, and organize any special services that are required. In some restaurants, they also act as cashiers.

Dining room and cafeteria attendants and bartender helpers assist waiters, waitresses, and bartenders by cleaning tables, removing dirty dishes, and keeping serving areas stocked with supplies. They replenish the supply of clean linens, dishes, silverware, and glasses in the dining room and keep the bar stocked with glasses, liquor, ice, and drink garnishes. Bartender helpers also keep bar equipment clean and wash glasses. Dining room attendants set tables with clean tablecloths, napkins, silverware, glasses, and dishes and serve ice water, rolls, and butter. At the conclusion of meals, they remove dirty dishes and soiled linens from tables. Cafeteria attendants stock serving tables with food, trays, dishes, and silverware and may carry trays to dining tables for patrons. Dishwashers clean dishes, kitchen and food preparation equipment, and utensils.

Counter attendants take orders and serve food at counters. In cafeterias, they serve food displayed on counters and steam tables, carve meat, dish out vegetables, ladle soups and sauces, and fill beverage glasses. In lunchrooms and coffee shops, counter attendants take orders from customers seated at the counter, transmit orders to the kitchen, and pick up and serve food. They also fill cups with coffee, soda, and other beverages and prepare fountain specialties, such as milkshakes and ice cream sundaes. Counter attendants prepare some short-order items, such as sandwiches and salads, and wrap or place orders in containers for carry out. They also clean counters, write itemized checks, and sometimes accept payment.

Some food and beverage serving workers take orders from customers at counters or drive-through windows at fast-food restaurants. They pick up the ordered beverage and food items, serve them to a customer, and accept payment. Many of these are combined food preparation and serving workers who also cook and package food, make coffee, and fill beverage cups using drink-dispensing machines.

Other workers serve food to patrons outside of a restaurant environment, such as in hotels, hospital rooms, or cars.

Working Conditions

Food and beverage service workers are on their feet most of the time and often carry heavy trays of food, dishes, and glassware. During busy dining periods, they are under pressure to serve customers quickly and efficiently. The work is relatively safe, but care must be taken to avoid slips, falls, and burns.

Part-time work is more common among food and beverage serving and related workers than among workers in almost any other occupation. Those on part-time schedules include nearly half of all waiters and waitresses, and about 6 out of 10 food counter attendants, compared to almost 1 out of 7 workers throughout the economy. While about half of all bartenders work full time, 36 percent work part time and the remainder work a variable schedule.

The wide range in dining hours creates work opportunities attractive to homemakers, students, and others seeking supplemental income. In fact, nearly 2 out of 3 food counter attendants are between 16 and 19 years old. Many food and beverage serving and related workers work evenings, weekends, and holidays. Some work split shifts—they work for several hours during the middle of the day, take a few hours off in the afternoon, and then return to their jobs for evening hours.

Employment

Food and beverage serving and related workers held 6.5 million jobs in 2000. Combined food preparation and serving workers held about 2.2 million of these jobs; waiters and waitresses, about 2 million; dishwashers, 525,000; dining room and cafeteria attendants and bartender helpers, 431,000; counter attendants, 421,000;
Restaurants, coffee shops, bars, and other retail eating and drinking places employed the overwhelming majority of food and beverage service workers. Others worked in hotels and other lodging places, bowling alleys, casinos, country clubs, and other membership organizations.

Jobs are located throughout the country but are typically plentiful in large cities and tourist areas. Vacation resorts offer seasonal employment, and some workers alternate between summer and winter resorts, instead of remaining in one area the entire year.

Training, Other Qualifications, and Advancement
There are no specific educational requirements for food and beverage service jobs. Although many employers prefer to hire high school graduates for waiter and waitress, bartender, and host and hostess positions, completion of high school usually is not required for fast-food workers, counter attendants, and dining room attendants and bartender helpers. For many people, a job as a food and beverage service worker serves as a source of immediate income, rather than a career. Many entrants to these jobs are in their late teens or early twenties and have a high school education or less. Usually, they have little or no work experience. Many are full-time students or homemakers. Food and beverage service jobs are a major source of part-time employment for high school and college students.

Because maintaining a restaurant’s image is important to its success, employers emphasize personal qualities. Food and beverage serving and related workers are in close contact with the public, so these workers should be well spoken and have a neat, clean appearance. They should enjoy dealing with all kinds of people and possess a pleasant disposition.

Waiters and waitresses need a good memory to avoid confusing customers’ orders and to recall faces, names, and preferences of frequent patrons. These workers should also be good at arithmetic so they can total bills without the assistance of a calculator or cash register if necessary. In restaurants specializing in foreign foods, knowledge of a foreign language is helpful. Prior experience waiting on tables is preferred by restaurants and hotels that have rigid table service standards. Jobs at these establishments often have higher earnings, but they may also have higher educational requirements than less demanding establishments.

Usually, bartenders must be at least 21 years of age, but employers prefer to hire people who are 25 or older. Bartenders should be familiar with State and local laws concerning the sale of alcoholic beverages.

Most food and beverage serving and related workers pick up their skills on the job by observing and working with more experienced workers. Some employers, particularly those in fast-food restaurants, use self-instruction programs with audiovisual presentations and instructional booklets to teach new employees food preparation and service skills. Some public and private vocational schools, restaurant associations, and large restaurant chains provide classroom training in a generalized food service curriculum.

Some bartenders acquire their skills by attending a bartending or vocational and technical school. These programs often include instruction on State and local laws and regulations, cocktail recipes, attire and conduct, and stocking a bar. Some of these schools help their graduates find jobs. Although few employers require any level of educational attainment, some specialized training is usually needed including food handling training and legal issues including serving alcoholic beverages and tobacco. Employers are more likely to hire and promote based on people skills and personal qualities rather than education. Food and beverage service workers are in close contact with the public, so they should present themselves well and have a neat and clean appearance.

Due to the relatively small size of most food-serving establishments, opportunities for promotion are limited. After gaining some experience, some dining room and cafeteria attendants and bartender helpers are able to advance to waiter, waitress, or bartender jobs. For waiters, waitresses, and bartenders, advancement usually is limited to finding a job in a more expensive restaurant or bar where prospects for tip earnings are better. A few bartenders open their own businesses. Some hosts and hostesses and waiters and waitresses advance to supervisory jobs, such as maitre d’hotel, dining room supervisor, or restaurant manager. In larger restaurant chains, food and beverage service workers who excel at their work often are invited to enter the company’s formal management training program. (For more information, see the Handbook statement on food service managers.)

Job Outlook
Job openings are expected to be abundant for food and beverage serving and related workers. Overall employment of these workers is expected to grow about as fast as the average for all occupations over the 2000-10 period, stemming from increases in population, personal incomes, and leisure time. While employment growth will produce many new jobs, the overwhelming majority of openings will arise from the need to replace the high proportion of workers who leave this occupation each year. There is substantial movement into and out of the occupation because education and training requirements are minimal, and the predominance of part-time jobs is attractive to people seeking a short-term source of income rather than a career. However, keen competition is expected for bartender, waiter and waitress, and other food and beverage service jobs in popular restaurants and fine dining establishments, where potential earnings from tips are greatest.

Projected employment growth between 2000 and 2010 varies by type of job. Employment of combined food preparation and serving workers, which includes fast-food workers, is expected to increase faster than average in response to the continuing fast-paced lifestyle of many Americans and the addition of healthier foods at many fast-food restaurants. Increases in the number of families and the more affluent, 55-and-older population will result in more restaurants that offer table service and more varied menus—leading to fast as average growth for waiters and waitresses and hosts and hostesses. Average employment growth is projected for bartenders as drinking of alcoholic beverages outside the home—particularly cocktails—continues among after-work “happy hour” groups and weekend patrons. A decline is expected in the employment of dining room attendants, as waiters and waitresses increasingly assume their duties.

Earnings
Food and beverage serving and related workers derive their earnings from a combination of hourly wages and customer tips. Earnings vary greatly, depending on the type of job and establishment. For example, fast-food workers and hosts and hostesses usually do not receive tips, so their wage rates may be higher than those of waiters and waitresses and bartenders, who may earn more from tips than from wages. In some restaurants, these workers contribute a portion of their tips to a tip pool, which is distributed among the establishment’s other food and beverage serving and related workers and kitchen staff. Tip pools allow workers who normally do not receive tips, such as dining room attendants and dishwashers, to share in the rewards of a well-served meal.

In 2000, median hourly earnings (not including tips) of waiters and waitresses were $6.42. The middle 50 percent earned between
Dental Assistants

Dental assistants perform a variety of patient care, office, and laboratory duties. They work chairside as dentists examine and treat patients. They make patients as comfortable as possible in the dental chair, prepare them for treatment, and obtain dental records. Assistants hand instruments and materials to dentists, and keep patients’ mouths dry and clear by using suction or other devices. Assistants also sterilize and disinfect instruments and equipment, prepare tray setups for dental procedures, and instruct patients on postoperative and general oral health care.

Some dental assistants prepare materials for making impressions and restorations, expose radiographs, and process dental x-ray film as directed by a dentist. They also may remove sutures, apply aesthetics to gums or cavity-preventive agents to teeth, remove excess cement used in the filling process, and place rubber dams on the teeth to isolate them for individual treatment.

Significant Points

- Rapid employment growth and substantial replacement needs should result in good job opportunities.
- Dentists are expected to hire more assistants to perform routine tasks so that they may devote their own time to more profitable procedures.
- Infection control is a crucial responsibility of dental assistants. Proper infection control protects patients and members of the dental health team.

Nature of the Work

Dental assistants perform a variety of patient care, office, and laboratory duties. They work chairside as dentists examine and treat patients. They make patients as comfortable as possible in the dental chair, prepare them for treatment, and obtain dental records. Assistants hand instruments and materials to dentists, and keep patients’ mouths dry and clear by using suction or other devices. Assistants also sterilize and disinfect instruments and equipment, prepare tray setups for dental procedures, and instruct patients on postoperative and general oral health care.

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