

### **2.1.1**

#### **PB 4- Use supervision and consultation**

- I will attend individual supervision meetings and utilize expertise of the supervisor and other professional colleagues at the agency.
- I will utilize supervisory sessions to ask questions, discuss concerns, address ethical issues, review work, and grow professionally.
- I will meet with supervisor weekly to discuss accomplishments, as well as any problems or concerns.
- I will use supervision to improve crisis intervention skills.
- I will develop insight of clinical strengths and areas for growth.

### **2.1.2**

#### **PB 2- Tolerate ambiguity in resolving ethical conflicts**

- I will discuss ethically ambiguous situations with the supervisor and ways to address them when there is no clear-cut answer.
- My supervisor and I will discuss past and current ethically conflicting situations that arise and how they were handled.
- I will maintain a professional attitude even if a conflict does not turn out how I foresaw it
- I will demonstrate a working knowledge of the NASW and LCS Codes of Ethics.

### **2.1.3**

#### **PB 1- Demonstrate effective oral and written communication in working with individuals, families, groups, organizations, communities, and colleagues**

- I will speak to a community group on behalf of the agency to inform them of the services offered at the center.
- I will document every call taken on the crisis line clearly and concisely.
- I will write an effective grant proposal and seek funding for human needs programming, inclusive of budgeting and budget allocation.
- I will work hard to understand clients and communicate in a way that is easy for them to understand
- I will review paperwork with clients and supervisor (when necessary)
- I will document encounters in residents' charts that will be shared by the interdisciplinary team.
- I will attend care plan meetings and discuss possible improvements in resident care.
- I will file concern reports and distribute to appropriate personnel.

#### **PB 2- Distinguish, appraise, and integrate multiple sources of knowledge, including research-based knowledge, and practice wisdom**

- I will talk to the clinical staff about their experiences at the agency and with assisting families in crisis.
- I will discuss the various practices of the agency with the supervisor, including but not limited to the strengths perspective, evidence-based practices, and therapeutic work.
- I will seek practice wisdom from social workers employed at the agency.
- I will learn techniques and strategies from agency that can be implemented in practice

#### **2.1.4**

PB 1- Gain sufficient self-awareness to eliminate the influence of personal biases and values in working with diverse groups

- I will journal regarding personal values and biases as they relate to specific situations encountered while at the agency.
- I will remain open to working with diverse populations by proactively exploring cultural differences when opportunities present.
- I will use a journal to process and manage personal values.

PB 2-Recognize and communicate their understanding of the importance of difference in shaping life experiences

- I will demonstrate my understanding that each clients' experiences and perceptions are influenced by cultural beliefs and values, family of origin, social norms, socio-economic status, ethnicity, religious beliefs, and geographic location.
- I will listen to concerns of clients which may be shaped by life experiences and be respectful of their wishes in determining care plans.
- I will invite family to care plan meetings to accommodate different lifestyles and cultures when determining care plans.

#### **2.1.7**

PB 1- Utilize conceptual frameworks to guide the processes of assessment, intervention, and evaluation

- I will utilize Maslow's Hierarchy of Needs when assisting clients, learning where best to start in assisting them with a specific goal or a task
- I will evaluate clients to learn their greatest needs and draw upon their strengths when developing an intervention plan
- I will reflect upon Maslow's Hierarchy of Needs when conducting a needs assessment.