

"Autobiography can be a path to increasing our understanding of individuals' inside views of life and how these views may influence the outcomes of life in terms of health and well-being, especially as people enter their later years."

(Birren, 2006, *ASA MindAlert*)

Narrative Gerontology & Medicine: Harnessing Personal Stories to Enhance Elder Care

8:15 AM — 4:00 PM
Friday, August 6, 2010

Bellerive Hall
UMSL South Campus

Agenda

- 8:15 **Registration & Networking ***
- 9:00 **Welcome** Program Chairs: Tom Meuser, PhD, UMSL Gerontology
Abhilash Desai, MD, SLU Center for Healthy Brain Aging
- 9:15 **The Healing Power of Personal Stories**
Lori Schwartz, Apartment Community, Our Lady of the Snows
- 9:30 **Reminiscence & Life Review in Aging: The UMSL Life Review Project**
Tom Meuser, PhD, Gerontology Graduate Program, University of Missouri—St. Louis
- 10:15 **Life Review in Hospice: Enriching Life & Dying**
Lisa Wagner & Larry Belgeri, St. Anthony's Hospice & The de Greeff Hospice House
Laura Stuetzer, MS, PA-C, Focus Pointe Associates
- 10:45 **BREAK**
- 11:00 **Panel Presentation: Community-Based Interventions** (Meuser, Moderator)
Deb Bryer, RN, Project Esteem, Alzheimer's Association — St. Louis Chapter
Suzanne A. Doyle, PhD, RN, LCSW, BJC Hospice LUMINA & Threshold Programs
Karen Bono, MSG, Life Memories Renewed
Daphne Lo, 3rd Year Medical Student, Saint Louis University School of Medicine
- 12:00 **LUNCH** (Pick up your box lunch & have a seat; Food provided by the *Des Lee Collaborative Vision*)
- 12:20 **KEYNOTE ADDRESS "Life, Meaning & Legacy in the Alzheimer's Experience"**
Russ & Dee Ainsworth, Former Editor, St. Louis Post-Dispatch, & Author of *Drop & Hook* (2008)
- 1:15 **Narrative Medicine: Listening to Patients for Help & Healing**
Abhilash Desai, MD
- 2:00 **BREAK**
- 2:20 **Narrative Medicine & Clinical Practice: A Personal Account**
Florian P. Thomas, MD, MA, PhD, SLU School of Medicine & St. Louis VA Spinal Cord Injury/Dysfunction Service
Angela Cass-Prost, PsyD, Saint Louis VA Medical Center
- 3:00 **Q & A with all Presenters** (Moderator, Meuser)
- 3:30 **Adjourn**

Presented by

Gerontology Graduate Program & School of Social Work, University of Missouri — St. Louis
Center for Healthy Brain Aging (CHBA), Saint Louis University School of Medicine
Project Esteem, Alzheimer's Association — St. Louis Chapter

Supporting Exhibitors:

- BJC Hospice
- Unity Hospice
- Life Memories Renewed

& others to be recognized at the event.

"Like narrative, medical practice requires the engagement of one person with another and realizes that authentic engagement is transformative for all participants."

(Charon, 2001, JAMA)

Pre-registration is required for this FREE program.

RVSP to **314-516-5280** by noon on Monday, 8/2/10.

Confirmation and driving directions by e-mail. Parking passes to be distributed at the Registration Desk. No formal CE units are planned, but everyone will receive a general certificate showing contact hours.