

"Situational Optimism"

What effects would your attitude have?

Situation:

1. Research may give a breakthrough.
2. People at the party will be interesting and friendly.
3. The concert will be a hit.
4. I will continue to live a few more years.
5. The chemical reaction won't be violent.
6. The airplane may have enough fuel.
7. The prisoners will not get violent.
8. The river would never flood.
9. I might win at the gambling boats.
10. I might win the Reader's Digest sweepstakes.

Optimism