This Guide is intended for the use of students who plan on transferring from Jefferson College (JeffCo) with a completed Associate in Arts to the University of Missouri – St. Louis (UMSL) to pursue a Bachelor of Educational Studies with an Emphasis in Exercise Science.

For more information on UMSL’s Bachelor of Educational Studies: Emphasis in Exercise Science, please visit our online Course Catalog.

The following are the requirements of the JeffCo Associate of Arts degree program as they are recommended for students intending to continue on into UMSL’s Bachelor of Educational Studies. Completing these requirements as they are recommended here will maximize the transferability of a student’s coursework toward their UMSL Bachelor’s degree. Further details of this Associate’s degree program, as well as comprehensive lists of courses that satisfy each General Education component, may be found within the JeffCo course catalog or may be obtained through a JeffCo advisor.

This guide is intended for use under advisement of a JeffCo Academic Advisor or UMSL Transfer Representative and is not considered to be substitution of such advisement.

I. COMMUNICATIONS 9 Hours
- ENG 101 English Composition I (3)
- ENG 102 English Composition II (3)
- Complete 1 of the Following Courses:
  - COM 100 Fundamentals of Communication (3)
  - COM 110 Public Speaking (3)

II. HUMANITIES 9 Hours
- Complete 1 of the Following Courses to satisfy UMSL's Cultural Diversity Requirement:
  - HST 210 Asian Civilization (3)
  - MSC 137 World Music (3)
  - PHL 201 World Religions (3)
- Complete 2 additional Courses in the Humanities from at least 2 Humanities Disciplines:
  - Humanities Course: ____________________
  - Humanities Course: ____________________

III. MATHEMATICS AND NATURAL SCIENCES
Mathematics 3 Hours
- Complete 1 of the Following Courses:
  - MTH 134 College Algebra (3)
  - Any Higher Level MTH Course: ____________________

Natural Sciences 7 Hours
- Complete 2 Courses:
  - BIO 101 General Biology (5)
  - Physical Science Course: ____________________
IV. SOCIAL AND BEHAVIORAL SCIENCES
U.S. and Missouri Constitutions 6 Hours
☐ ☐ Complete 2 Courses, 1 in Constitution studies and 1 in American History or Government:
  Constitution Course: _______________________
  American History or Government Course: _______________________

Social and Behavioral Sciences 6 Hours
☐ ☐ Complete 2 Courses in the Social and Behavioral Sciences:
  PSY 101 General Psychology (3)
  ECO 100 Intro to Economics (3)

V. GENERAL EDUCATION OPTION 2 HOURS
☐ Complete 1 Course from Any Above General Education Area: _______________________

VI. COMPUTER LITERACY 3 HOURS
☐ CIS125 Computer Concepts and Applications (3)

VII. FIRST YEAR EXPERIENCE 1 HOUR
☐ Complete 1 First-Year Experience Course: _______________________

VIII. ELECTIVES 16 HOURS
☐ PSY 205 Human Development (3)
☐ SOC 101 General Sociology (3)
☐ GEO 103 World Regional Geography (3)
☐ Elective Course: _______________________
☐ Elective Course: _______________________
☐ Elective Course: _______________________

For any questions regarding this guide please contact Sue Bateman at batemans@umsl.edu.