Coming Up

Budget & Planning Committee
Friday, March 14th at 3:00pm – 402 JCP Building

University Assembly Meeting
Tuesday, March 18th at 3pm – 202 JCP Building.

Staff Council Meeting (All Staff Are Invited to Attend!)
Wednesday, March 19th at 1:30pm – SCCB 103

Royal Paper Showcase (campus supplier)
Wednesday, March 26th from 9am-3pm – JCP Summit

Next Board of Curators Meeting: Thursday - Friday, April 10-11 at Missouri S&T @umcurators

Spring Recess begins Sunday, March 23rd and classes resume Monday, March 31st.

IN THIS ISSUE

Upcoming President’s Message

College Nights @ Busch Stadium
Focus on the Future (Sneak Preview)

The Staff Association is now on Twitter!
Follow us @UMSLStaff for news, information, updates, and meeting announcements. We'll post reminders about upcoming events, we may even live tweet some meetings!
President's Message

The Staff Association is working hard to plan several of the events UMSL staff has enjoyed in the past, and we hope you’ll join us this year!

This past Saturday, we held our annual Trivia Night. We had a lot of fun as we tested our knowledge of all things trivial and were able to raise a bit of money for Staff Appreciation. Thank you to everyone who came out to support the event, and a very special thank you to those who helped organize and coordinate it!

Spring Break is coming! Join us at Focus on the Future to enjoy several sessions aimed at helping you find the right balance. More information is available in this issue of The Link, and more information about Focus on the Future will be sent out soon.

Don’t forget to follow us on Twitter (@UMSLstaff) to keep up with things between monthly newsletters. In February, we live-tweeted our monthly Council meeting for the first time. All are welcome to attend the monthly Council meetings to see what we do. If you cannot be there in person, check out our Twitter feed for updates. This month’s Council meeting will be on Wednesday, March 19th at 1:30pm in South Campus Classroom Building room 103.

Meg Naes (staffassoc@umsl.edu)

Order Health Screening Kits by April 4 for Your Wellness Incentive

Active primary subscribers to UM medical plans can earn a $100 Wellness Incentive in their final May paycheck. To do so, you must complete (1) an online personal health assessment and (2) a health screening. You have three options to complete your health screening, one of which is to complete and submit a home-based screening using a Home Access kit. To give you enough time to receive, use and submit your kit by the Wellness Incentive deadline, you must order your Home Access kit by April 4.

For information about other health screening options and the personal health assessment, visit the 2014 Wellness Incentive webpage

www.umsystem.edu/curators/wellness/2014_wellness_incentive
College Nights at Busch Stadium

College students, faculty and staff can purchase Loge level tickets for just $19, and each ticket includes an Alternative Apparel long-sleeved t-shirt!

April 8 @ 7:15
Reds vs Cardinals

April 28 @ 7:15
Brewers vs Cardinals

To purchase tickets, visit cardinals.com/college
Focus on the Future

SPECIAL PREVIEW!!!

March 24-27

Practical Sustainability Applications in the Workplace 3/24/2014 11:00am 12:00pm
LinkedIn 101 3/24/2014 2:00pm 3:00pm
Arm Knitting-DIY Scarf 3/25/2014 2:00pm 3:00pm
De-escalating a Situation 3/25/2014 2:00pm 3:00pm
Keep Fit While You Sit 3/26/2014 10:30am 11:30am
Lean In 3/26/2014 12:00pm 1:30pm
HR REFRESH 3/27/2014 2:00pm 3:00pm
Tai Chi 3/27/2014 10:00am 11:00am
Managing Stress Naturally 3/27/2014 11:00am 12:00pm
ShoreTel Communicator 3/27/2014 11:00am 12:00pm
Healthy for Life 3/27/2014 2:00pm 3:00pm

Back-stage, behind the scenes tour of the Touhill theatres?

Ferguson Lunch Trolley

Wednesday 3/12, 19 & 26 – Three pickup locations on campus:
Woods Hall (west side), MSC (east side) and Marillac Hall (main entrance)

The Ferguson Trolley provides FREE round-trip shuttle service to Ferguson restaurants for lunch on Wednesdays. The trolley makes four continuous loops between 11:30am and 2:00pm. For more information visit:

http://www.umsl.edu/~campus-calendar/2014/03/ferguson-lunch-trolley-MAR2.html