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(NEW)

Look for the full-screen button.

And use the right arrow to go forward.
UMSL Staff Association

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President's Corner

Events

Staff Spotlight

You're Invited!

This month's staff Council meeting will be held on Thursday, August 13th at 10 a.m. in the Regional Conference Center.

You are invited to join the staff Council on Tuesday, August 13th for a meeting to discuss the upcoming fall events including the Staff Welcome Reception. The meeting will be held in the Regional Conference Center.

College of Business Administration Staff Council

Staff Council meetings are open to all staff members. Please contact the Staff Relations Office for more information.

Contact us:

Staff Council

Regiona, Conference Center

Endorsed by the UMSL Staff Association
Learn to eat for health and enjoyment
Register for Eat for Life Fall Online Class!

Discover the benefits of this innovative approach to weight management through Healthy for Life’s Eat for Life program. This 10-week program uses mind-body practices (meditations and yoga), the principles of mindful and intuitive eating, skills training, and group support to guide you in making lifestyle changes that will help you create a healthier relationship to your food, mind, and body. If you have a history of chronic dieting, have rigid “healthy” rules about eating, or find yourself eating when you’re stressed, bored, or unhappy, this may be the program for you.

- Online Orientation: starting September 27
- Online Class: week of October 4 – week of December 6
- Cost: $50 for faculty, staff, retirees, and spouses/partners ($25 rebate with full participation); $180 for community members.

Program is taught by health psychologist, Dr. Lynn Rossy. Register by emailing Craig Deken at csdk89@mail.missouri.edu

For more information, click the link below
http://www.umsystem.edu/newscentral/mindfuleating/audiovideo-recordings/
Staff Appreciation Barbeque

Let’s Get Fired UP!

When:
August 16th

Where:
MSC Patio

Time:
11:00 am - 1:00 pm

Sponsored By Staff Association:
Compliments of Chancellor Tom George
**Wednesday, August 14th**

**9:00 AM – 4:00 PM New Students for Oak Hall -Move in**
Report to your assigned Residence Hall and begin unpacking your new home.

**6:15 PM**
Meet and Greet Reception for Parents and Family Members
Provincial House

**6:30 PM**
*Weeks of Welcome (WOW) Kickoff
Mark Twain Rec Center
Join us for food, fun, games, dancing, intramural blitz, prizes, and much more!

Shuttles will begin to pick up students from around campus at 6:30 pm to shuttle to the Mark Twain Rec Center.

**Friday, August 16th**

**9:00 AM – 4:00 PM**
University Meadows Move-In Day
Report to your assigned Residence Hall and begin unpacking your new home.

**8:00 AM – 11:00 AM**
Foam Dance Party
Oak Hall Front Lawn
Grab your friends and join us for a fun night under the stars at the Foam Dance Party. Get ready to dance the night away!

**11:30 AM – 3:00 PM**
Pierre Laclede Honors College New Student Orientation and BBQ
*Honors Students Invitation Only*
The Pierre Laclede Honors College is happy to announce our New Student Orientation, designed for our first-time freshmen and our transfer students. On Friday, August 16, 2013, we will begin the orientation at 11:30 a.m. at Provincial House (The Honors College), and we will have a good time with food, fun, and free gifts. Lunch will be served, followed by a session to meet the faculty and staff of the Honors College, as well as returning Honors students and all of our new students! We will have some warm-up activities, tours, information, and time for last-minute questions.

**7:00 PM – 8:00 PM**
Residence Life and Housing Townhall Meeting
Provincial House Chapel
Come meet your Residence Life and Housing Staff including the Director, Graduate Assistants, Peer Mentors, and Resident Advisors.

**11:00 AM – Noon**
Olympics
Oak Hall Front Lawn
Wear comfortable clothes and get ready to have fun accomplishing challenges and messy activities as a team!

**8:00 PM**
**Bingo Night with UPB**
Location:

**UMSL Jubilee Moonlight Ramble Bike Ride through STL Downtown**
Midnight till 3:00 AM
The UMSL Jubilee Moonlight Ramble begins at midnight. The route is always a top secret, but registered bicyclists will receive a map at the event. There are two routes to choose from — 14.5 miles and 18.5 miles. All participants receive a glow-in-the-dark t-shirt. Riders are required to wear helmets and comply with all City of St. Louis bicycle regulations. The traditional after party for riders includes snacks and drinks, and runs from 1 to 3 a.m. Registration is required of all participants. Deadline for UMSL advance registration is Aug. 9. Packets can be picked up at participating businesses throughout the region. The first 300 UMSL participants will be free, but must register online at http://moonlightramble.eventbrite.com/?discount=UMSL/JUBILEE

**Saturday, August 17th**

10:00 AM – Noon
Welcome Mass in the Provincial Chapel
Sponsored by the Catholic Newman Center (CNC), this mass is student centered and built to empower and engage college students to be able to understand and share the gospel with their peers. All are welcome! We will have Mass Guides available for anyone unfamiliar with Liturgy. CNC will continue to celebrate Mass on campus for the rest of the semester together at 8:30pm on Sunday nights at the Provincial House Chapel starting Aug 25th.

8:00 PM
**Bingo Night with UPB**
Location:

**UMSL Jubilee Moonlight Ramble Bike Ride through STL Downtown**
Midnight till 3:00 AM
The UMSL Jubilee Moonlight Ramble begins at midnight. The route is always a top secret, but registered bicyclists will receive a map at the event. There are two routes to choose from — 14.5 miles and 18.5 miles. All participants receive a glow-in-the-dark t-shirt. Riders are required to wear helmets and comply with all City of St. Louis bicycle regulations. The traditional after party for riders includes snacks and drinks, and runs from 1 to 3 a.m. Registration is required of all participants. Deadline for UMSL advance registration is Aug. 9. Packets can be picked up at participating businesses throughout the region. The first 300 UMSL participants will be free, but must register online at http://moonlightramble.eventbrite.com/?discount=UMSL/JUBILEE

**Sunday, August 18th**

11:00 AM – Noon
Welcome Picnic
Millennium Student Center
Join us for food, music, fun, games, and much more during one of UMSL’s greatest campus traditions!

6:30 PM
Serendipity Sendoff
Meet at Millennium Student Center patio which faces the pond. Immediately following the Welcome Picnic, a new tradition will be born! The Serendipity Sendoff will welcome new students to the Triton family and officially kick off the new academic year. The Serendipity Sendoff will include a ceremonial passing of the torch to the incoming class. Serendipity which means “good fortune” will be the focus of the event as we share wishes of good fortune to those beginning or continuing on their UMSL journey.

**Weeks of Welcome Website:**
www.umsl.edu/WOW

**Facebook:**
UMSL New Student Programs
UMSL Student Life
UMSL Millennium Student Center
UMSL Reslife

**New Student Programs Office:**
Millennium Student Center 366 orientation@umsl.edu
314-516-5291

**Student Life Office:**
Millennium Student Center 366 studentactivities@umsl.edu
314-516-5291

**Reslife Office:**
C303 Provincial House umslreslife@umsl.edu
314-516-6877

**Wear UMSL Shirt All Day!!**
**10:00 AM – 5:00 PM**
WOW Adventures around STL
Meet in front of Oak Hall Lawn
Jump on the Metro with your WOW Guide and go see STL in a new, and fun way! Don’t forget your camera and comfortable shoes!

Make sure to check your UMSL email account for confirmation details on meeting location, what to bring, and what time you will depart from UMSL. *Don’t forget your Metro Pass, UMSL Triton card, and extra money for snacks or memorabilia.*
Staff Spotlight


Lindsay Shadwell, opened new small business.
http://www.citypacestl.com/index.html

Cary Goldwasser writes a regular column for the St. Louis Post-Dispatch.

Do you know a staff member who has been or should be recognized for their achievements at or outside of UMSL? We would like to applaud those who help make UMSL proud.

If you have a suggestion for a future staff spotlight, please contact us at staffassoc@umsl.edu.
Do you know a staff member who has been or should be recognized for their achievements at or outside of UMSL? We would like to applaud those who help make UMSL proud.

If you have a suggestion for a future staff spotlight, please contact us at staffassoc@umsl.edu.

College of Business Administration Names New Dean

Charles Hoffman has accepted an offer to become the next dean of the College of Business Administration. He begins his new duties Sept. 1.

http://blogs.umsl.edu/news/2013/08/07/hoffman/
You're Invited!

This month’s Staff Council meeting will be held on Thursday, August 15th at 1:30pm in 403 J.C. Penney Building & Conference Center.

Monthly Staff Council meetings are open to the campus community. Please join us as we receive updates on campus & university business, Staff Association events, and more.

Our special guest speaker will be Ron Gossen, President of Triton Toastmasters. Ron will discuss the professional and personal benefits of joining the Toastmasters organization and answer questions.

Employee of the Month Nominations

August theme: Positive Attitude
Nominations due Friday, August 12th.
Employee of the Month Nominations

August theme: Positive Attitude
Nominations due: Tuesday, August 20th

http://www.umsl.edu/services/hrs/forms.html
UMSL Staff Association

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President's Corner

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Staff Spotlight

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College of Business Administration变革性数据工程

大学的最新变革性数据工程

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You can use your mouse scroll feature to zoom in and out of The Link.

Zoom in or double-click on content to view.
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You’re Invited!

You can register for the event online.

Details and event updates will be shared.

Important dates and deadlines will be announced.

Registration is now open.

Save the date: The event is on Aug 13, 2023.

Locate the event: It is held at the UMSL Campus Center.

Important: Be sure to check your email for any updates.

For more information, please visit the official website.

To register, please visit the event page on the association’s website.

Registration is free for all members.

Questions? Contact the event coordinator at info@umslstaff.org.