UMSL kicks off new school year with exciting events and activities

SHARON PRUITT
EDITOR-IN-CHIEF

What better way to start the semester than with fun and games? The Division of Student Affairs has worked hard to bring students “Weeks of Welcome,” six weeks of fun-filled welcome back activities. Starting on August 14, different departments, offices, and organizations all around campus will be hosting a variety of events to welcome both new and returning students to the University of Missouri-St. Louis.

Over fifty events will be hosted during the 2013 Weeks of Welcome. For more information, visit umsl.edu/WOW, where you can download a WOW Guide Booklet, the comprehensive list of welcome back activities. WOW Guide Booklets will also be distributed in the residence halls, University Meadows Apartments, the Office of Student Life, the MSC Information Desk, and Help-A-Triton tables that will be set up all around campus on the first two days of classes.

For more information, the Office of New Student Programs can be reached by email at orientation@umsl.

A SNEAK PEEK AT THE FIRST FIVE DAYS OF ACTIVITIES:

**WEDNESDAY, AUGUST 14**
At 6:15 p.m., parents and family members of incoming students can gather for a Meet and Greet reception in the Provincial House. At 6:30 p.m., Weeks of Welcome will officially kick off in the Mark Twain Building. Students can expect food, games, dancing, prizes, and even an intramural blitz. Shuttles will be available to pick up students from locations all around campus starting at 6:30 p.m.

**THURSDAY, AUGUST 15**
“WOW Adventures” is an exciting new opportunity being offered this year by the Office of New Student Programs. Students will have the opportunity to explore St. Louis by choosing from 6 different excursions than range from a visit to the City Museum to catching a baseball game at Busch Stadium. Trips last from 10 a.m. to 5 p.m. Participation fees will not exceed $18.00; a number of the trips are free of cost. For a full list of destinations and to register online, visit umsl.edu/WOW. Students must register before August 15. From 7 p.m. to 8 p.m., incoming students can then meet their Residence Life and Housing Staffs at the Residence Life and Housing Townhall Meeting, held in the Provincial House Chapel. Students can then join the Student Government Association at 8 p.m. in the Provincial House Chapel for Movie Night.

**FRIDAY, AUGUST 16**
The Pierre Laclede Honors College will be hosting its New Student Orientation and BBQ from 11:30 a.m. to 3:30 p.m. in the Provincial House. First-time freshman and transferring students who are entering the Honors College will have the opportunity to take a tour of the Honors College, meet faculty, staff, and other students, and indulge in food and fun. At 7 p.m., a foam dance party will be held on the front lawn of Oak Hall.

**SATURDAY, AUGUST 17**
Students have the day to relax and get settled in!

**SUNDAY, AUGUST 18**
Welcome Mass in the Provincial Chapel will be held from 11 a.m. to noon. From 3 p.m. to 4 p.m., there will be a Meet and Greet held for commuter students in the Fireside Lounge in the Millennium Student Center. The Welcome Picnic will then be held in the MSC from 4 p.m. to 6 p.m. The day will end with a new tradition: Serendipity Sendoff. The Serendipity Sendoff welcomes new students to the UMSL family while kicking off the 2013/14 academic year. A ceremony will be held, during which the torch will be passed to new students whose UMSL experience is just beginning.
Annual Events and Series

The University of Missouri – St. Louis is home to a number of well-known annual events and series. Below is just a sample of the annual campus events and on-going series that UMSL has to offer.

ANNUAL EVENTS

WEEKS OF WELCOME The annual six-week period of special events to welcome students back to campus takes place in August and September.

EXPO Held in August during Weeks of Welcome, this event features booths where students can learn about student organizations and other campus groups.

"EXPOSURE" FACULTY ART EXHIBIT This exhibit of fine arts facility art works always opens the Gallery 210 season for the school year in August.

CHANCELLOR'S STATE OF THE UNIVERSITY ADDRESS UMSL Chancellor delivers his annual address on the state of the university and presents awards to faculty and staff in the J.C. Penney Auditorium. This event typically takes place in September.

FOUNDER'S DINNER This gala dinner at the Ritz Carlton is more for faculty, celebrating the university's accomplishments annually in September.

THEATER DEPARTMENT FALL PLAY There are usually fall and spring UMSL Theater department plays. Professional and student actors participate in these productions, often presenting riveting dramas with innovative staging, at the Touhill Performing Arts Center.

HALLOWEEN TRUNK-OR-TREAT In October, student organization members dress in costumes and decorate the trunk of a car for this treat-or-treat alternative for neighborhood children, who go trunk to trunk collecting candy and goodies.

PRIZM DRAG SHOW UMSL's queer-straight student alliance PRIZM sponsors this popular fun, adult-content Drag Show in October.

UMSL Dance Department "Sum of Motion" Fall Dance Concert - UMSL dance students and MADICO, the dance troupe artists-in-residence at UMSL, present this dance program at the Touhill PAC, the first of two annual dance concerts.

HARRIS CONSERVATION FORUM This conference is sponsored by the Whitney R. Harris World Ecology Center, a research and education partnership between UMSL, the St. Louis Zoo and the Missouri Botanical Garden. The forum is held most years and focuses on a particular conservation topic with several noted experts and academics making presentations. Past topics include the impact of climate change on both wildlife and humans, and sustainable agriculture. It usually takes place at the St. Louis Zoo Living World in the fall.

MARTIN LUTHER KING JR. CELEBRATION Guest speakers and music, especially gospel choirs, are always part of this annual event honoring Dr. King on Martin Luther King Jr. Day in January.

OPERA THEATER A newier student group, UMSL Opera Theater is off to a fast start with remarkably entertaining shows, clever staging and great acting and singing at the Touhill PAC, presenting shows in spring.

JANE AND WHITNEY HARRIS CONSERVATION LECTURE A multi-media presentation by a world leader in conservation, also sponsored by UMSL's Harris World Ecology Center, takes place at the Missouri Botanical Garden, usually in March.

THEATER DEPARTMENT SPRING PLAY There are usually fall and spring UMSL Theater department plays. Professional and student actors participate in these productions, often present riveting dramas with innovative staging, at the Touhill Performing Arts Center.

MIRTHDAY UMSL's annual day-long Spring carnival features booths and games from campus organizations, and a big concert in the evening. This event is usually held in April.

"PARENTAL ADVISORY" FINE-ARTS STUDENT EXHIBIT This Gallery 210 exhibit showcases artworks of all types, from posters to paintings to sculpture and graphic arts, by senior BFA and MFA students late in the spring semester.

INTERNATIONAL PHOTOGRAPHY CONTEST UMSL's Center for International Studies sponsors this annual contest. To enter this competition, students and faculty submit photos taken at locations across the globe. Winning photos and others submitted are displayed in Gallery Visio in April.

GREAT ST. LOUIS JAZZ FESTIVAL This multi-day spring festival features critically acclaimed, Grammy-winning jazz artists, and takes place at the Touhill PAC in April.

"SUM OF MOTION" SPRING DANCE CONCERT UMSL dance students and MADICO, the dance troupe artists-in-residence at UMSL, present this annual spring dance program at the Touhill PAC in the spring.

ST. LOUIS STORYTELLING FESTIVAL This multi-day festival takes place in May, with storytelling events around town capped by big show at the Touhill.

SPRING TO DANCE Dance St. Louis brings a dazzling array of professional dance troupes to the Touhill for a three-day sampler of all types of dance, all for a bargain price. This festival is held in May.

ON-GOING SERIES

MONDAY NOON SERIES This weekly series of talks and readings focuses on the arts, literature, history and culture, and often includes gallery talks at Gallery 210 and book or poetry readings. Monday Noon Series events usually take place at J.C. Penney Conference Center on Mondays at 12:15 pm.

NEWS AT NOON This monthly event features discussions of a current-event topic with a free pizza lunch and is co-sponsored by The Current and the New York Times.

OBSERVATORY OPEN HOUSE This monthly event is held during the warmer months (weather permitting), where the campus observatory is opened for free viewings of celestial objects visible in the night sky at that time, staffed by astronomy students who assist visitors.

INTERNATIONAL PERFORMING ARTS SERIES This event, sponsored by the Center for International Studies, takes place throughout the year and showcases cultures through traditional and new performing arts at the Touhill PAC.

MUSIC DEPARTMENT CONCERTS Taking place at the Touhill PAC throughout the year, student and faculty concerts range from piano to violin to vocal, including brass, percussion, string, and choral groups. The music performed runs the gamut from classical to jazz to Afro-Cuban.

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Jubilee celebrates UMSL's 50th anniversary

CATE MARQUIS
A&E EDITOR

This year, University of Missouri-St. Louis has been celebrating its founding 50 years ago in 1963 with the year-long UMSL Jubilee. Every month, events celebrating the 50th anniversary take place on campus.

The university kicked off its year-long Jubilee celebration with a big gala event on Febru­ary 1. The Jubilee Anniversary Kick-Off Celebration took place at the beautiful Blanche M. Touhill Performing Arts Center. The Touhill PAC was named for Stewart M. Touhill, whose generosity and support have helped the arts to flourish at the university.

The event was held to kick off the UMSL Jubilee, which will run for the entire year, with a big gala event on February 11. The gala will feature a range of events, including a performance by the UMSL Symphony Orchestra, a performance by the UMSL Dance Ensemble, and a performance by the UMSL Theatre Department.

The gala is open to all members of the UMSL community, and tickets are available for purchase online.

Getting to and around campus

HUNG NGUYEN
MANAGING EDITOR

Getting from home to campus or going to class from the residence halls can be a confusing, even frustrating, experience.

Students who are driving their vehicles onto campus should make sure that the vehicle is registered with the parking permit shown visibly on the windshield to avoid parking tickets. Unlike in previous years, student parking permits can now be obtained from the Cashier's Office at no additional charge.

Students who are registered for classes and pay student fees are eligible for a permit. Some lots and spaces are, however, designated for faculty and staff members and should be avoided when scanning for a spot. Offenders may be towed and fined for parking in restricted or reserved areas.

Students should plan for morning traffic delays and budget time for finding a space as well as walking to their classroom building.

Students commuting on the MetroLink and MetroBus systems need to plan even more so than those who drive. The system is reliably prompt and regular, but there is a ten-to-twenty minute delay between trains and buses. Missing a train or bus could mean being late for your first class. Depending on proximity to the UMSL campus, budgeting anywhere from 30 minutes to one hour for commuting on the Metro system is recommended.

Schedules for each route on both MetroBus and MetroLink systems can be found on their website, www.rtd.com. Both individual and group study areas are available, as well as study rooms and a large collection. Study rooms and a large collection. Study rooms and a large collection. Study rooms and a large collection. Study rooms and a large collection. Study rooms and a large collection. Study rooms and a large collection. Study rooms and a large collection. Study rooms and a large collection.

UMSL students enrolled in classes and paying student fees can obtain a free semester meter­pass, also from the Cashier's Office. Students requiring Call-A-Ride accommodations should document their disability and apply with Disability Access Ser­vices and also the Cashier's Office to obtain a pass.

The UMSL Shuttle Service is yet another way to get around campus for those who do not drive or want to avoid losing their parking spot. Students can board the shuttle at any of the designated stops. Those residing in Villa Hall or Oak Hall can board the shuttle at the Provincial House shuttle stop.

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During the fall and spring semes­ters, there are shuttle des­ignated for South Campus and North Campus that travel between the buildings on each side of campus, respectively. Both shuttle shuttles, however, make stops at a variety of places where students can switch shuttles, if necessary. There are a limited number of express shuttles that travel directly from the Missouri State's Main Campus, and vice versa, to accommodate students who have early morning classes. In the evening hours, a single shuttle services both sides of campus with larger gaps in between stop times. Detailed schedules are posted on the Parking and Transportation webpage.

First-time students are encouraged to do a test drive (or test ride) in the days leading up to the beginning of classes. Be sure that all permits and passes are in hand before the first day to avoid fines and complications.

With a little planning, getting around the UMSL campus can be a smooth and easy process.

At their Welcome Week kick-off popcorn bar, Tuesday, August 20, will salute the 1970s with a movie poster trivia contest at UBP's Drive-In Movie, an annual Welcome Week event, which features a summer blockbuster movie shown free. Wednesday, August 21, will take us back to the 1980s with that decade's music on the U Campus radio station and a record-shape Fisheye giveaway at Expo, a showcase of campus services. Thursday, August 22, will celebrate the 1990s with a Ka-Zoom, a throw-back to '90s boy bands like Boyz 2 Men. Friday, August 23, will wrap up the week with the pool party celebrating the 2000s.

As the new semester begins, the UMSL Alumni Association will celebrate the Jubilee at its annual UMSL Night. At the ballpark for a Cardinals eve­ning game on September 6. The guests will enjoy a pre-game buffet and ticket for $30.

Authors who are UMSL alums offer "A Creative Celebration for UMSL's Birthday!" The event is a talk and book reading by Mary Troy and John Dalton, award-winning fiction writers who also teach at UMSL.

University Services

Getting oriented onto campus can be a much smoother process when students know where to go for their day-to-day needs at UMSL. These offices are located in the MSC:

Office of Student Life (OSL)

OCSL coordinates and oversees the many student organizations on the UMSL campuses and their operations. For the new student, this office is a great place to find out about campus events and inquire about student organizations on-campus.

Disability Access Services

This office assists students in coordinat­ing accommodations such as note-taking, special seating, and extended testing. If you require any ac­commodations due to a physical or men­tal condition, this office will assist you in arranging any services or provisions to ensure that you have a fair and equal op­portunity for success here at UMSL.

Health, Wellness and Counseling Services

This student clinic offers health and counseling services at discounted rates to UMSL students. Some services include physical exams, prescription and over-the-counter treatment, contraception, prescription drug refills, blood pressure and glucose checks, personal counseling, and many more. The office is staffed by licensed nurses with doctoral degrees and registered nurses.

University Libraries

The Thomas Jef­ferson, Mark Twain, and Word E. Banes libraries house UMSL's collection of his­torical documents, academic journals, books, and microfilm collection accessible for faculty and student research. Refer­ence librarians are eager and valuable resources for students, researchers, and the campus community. A large collection. Study rooms and a si­lent floor also provide suitable spaces for both individual and group study. Need to use the library? Students can check out libraries at the front Circulation Desk for two hours at a time. Students may also request books from the collection and have them delivered to their residence hall or minor university and request delivery to UMSL within days or weeks.

Instructional Computing Labs

Enrolled students with a valid 20 sign-in to access several computer labs around the UMSL campuses. Each student is allotted a printing quota per semes­ter and can print any needed papers for class in both color and black-and-white printers. UMSL students who require technical assistance. Short courses in computing are also offered with dates posted on the main campus calendar and the department's webpage.

UMSL Bookstore: The bookstore is your source for all things UMSL, from decals to t-shirts to hooded sweatshirts. Textbooks, general school supplies, books for leisure reading, software at discounted prices, computer hardware, and snacks can be purchased there. The bookstore also has the textbooks submitted by faculty that can be found both in the store and online on the store webpage.

Career Services: The staff at Career Services provides career counseling and interna­tional education, organizes workshops, and held job fairs throughout the year. This office can help you plan your career, and with possible career choices via a number of interest inventories and counseling with the staff and also get pointers on putting together resumes and CVs.

Math Tutoring Learning Center: Aiding from being a place for comput­er-based introductory of mathematics, students can also get free tutoring in many levels of mathematics by instructors who have completed the courses they are tutoring. Appointments are not required, walk-ins welcome.

Writing Center: Student writing and editing in writing papers can receive help from graduate students in the UMSL English program with an appointment.

Science and Technology Aca­demic Center: With a relaxed, coffee­house-like atmosphere, students can get free tutoring in the physical and biological sciences as well as psychology from graduate teaching assistants and undergraduate supplementary in­structors. Schedules and course subject availability are announced at the begin­ning of each semester and is posted on the Center webpage.
Art galleries at UMSL

CATE MARQUIS
A&E EDITOR

Exposure to culture and art are an important part of the college experience, even if you're not majoring in the arts. An "art break" can also be a refreshing distraction from the stresses of classes. A quick tour of an art exhibit can take your mind off of the pressures of academic life and allow you to return to your homework with a refreshed mind. Art can enlighten and delight, take you into another world, or give your new perspective on this one.

South Grand, Webster Groves, and Kirkwood are also easily within reach with a short drive. A must-see in St. Louis is the City Museum downtown. Sculptor and rehabber Bob Cassily created this unique, nearly-indescribable, multi-story playground out of recycled objects, including architectural gems from demolished St. Louis buildings. You can get a workout climbing, sliding and squirming through the structures in the City Museum. After that, chill out with a beverage at Beanzik Bob's (a recreated Gaslight Square cafe) and then peruse the architectural museum nearby. The City Museum also houses the World Aquarium, the Shoelace Factory and the Everyday Circus, a school for learning circus arts.

The City Museum is located just off of Washington Avenue, which is home to some of the city's hottest clubs and its loft district. Downtown St. Louis is also home to the Arch (and the museum underneath it), historic sights such as the Old Courthouse, The Old Cathedral, the riverfront and Laclede's Landing, as well as Busch Stadium and the St. Louis Cardinals. St. Louis is a great baseball town and a trip to a Cardinals game is a must. Other sports teams, the St. Louis Rams football team and the St. Louis Blues hockey team, are also located downtown, at the Edward Jones Dome and the Savvis Center respectively.

One of the most fascinating aspects of St. Louis is how many of the attractions are free. St. Louis offers many world-class cultural attractions to the public free of charge, many of which are located in Forest Park.

Hotspots near campus

CATE MARQUIS
A&E EDITOR

Neighborhoods add a lot to a university. Missouri State University-St. Louis is located near two, Ferguson and the Loop, that have a lot to offer college students. There is plenty to see and do here.

Charming little Ferguson is the closest, although it is easier to reach the Loop by Metrolink. Ferguson is a little like a mini Webster Groves, with an appealing old main street of brick buildings, restaurants and bars. A big draw is the Ferguson Farmers Market on Saturday mornings in warm weather months. Unlike some so-called farmers markets, this is the real thing, with local produce and organic foods sold by the actual farmers. It's a great place to stroll around, have a fresh lunch, hear some live music and sample some crafts, before heading home with a bag of fresh produce for the week. Ferguson offers ice cream at the cute little Whistle Stop Cafe, a former train station, and boasts its own brew pub, the Ferguson Brewery, as well as the Cook Wine bar. Ferguson has the closest grocery and pharmacy as well as numerous other shops and restaurants.

The University City Loop, also known as the Delmar Loop, is the spot for everything from concerts and movies to quirky shops and galleries. The Loop has been named one of the "best streets in America" and with good reason. It is simply a great place to be.

The variety of shops, restaurants and venues in the walkable Loop are amazing. Shops in the Loop include Avalon Exchange, Star Clipper Cookies and Vintage Vinyl. It also home to Subterranean Books, Meshuggah Coffee Stop, fair-trade non-profit shop Fourhundred, Craft, Phoenix Rising gifts and many, many more unique shops.

Continued on page 7.

Interested in joining our team and want to learn more?

Stop by our office to learn more about the internships and volunteer experience available at our Open House on Monday, August 26th, from 3:30 pm to 6:30 pm. Our office is located in room 388 on the third floor of the MSC. There will be plenty of snacks and games for those who attend. Don’t miss out!
Plenty of options nearby for eating off-campus

CATE MARQUIS
A&E EDITOR

Tired of the Nosh? If you want to get off campus for lunch or dinner, both the part of Natural Bridge Road near campus and the nearby town of Ferguson offer an array of eateries.

One option is to take the free Ferguson Lunch Trolley, which runs on Wednesdays to various restaurants in Ferguson. The trolley has several pick up points on campus and a parking spot while you hop on the free trolley. 

The stretch of Natural Bridge just west of campus is the closest spot to find off-campus restaurants. A longtime lunch favorite with faculty is the Breakaway Cafe (8418 Natural Bridge Road), a casual restaurant offering salads, sandwiches and Italian favorites, with table service at an affordable price. Spiro’s (8406 Natural Bridge Road) offers a more formal dining experience along with fruit, pastries and soft drinks.

If you hop on the free Lunch Trolley, many more choices await you in the town. Small town Ferguson, which resembles a miniature Webster Groves and has been booming in recent years. Stops include the Ferguson Brewery, which has a good food and a pub atmosphere. Another special spot is the Corner Coffee House, which has a great menu, appealing atmosphere and a friendly staff that would be an asset to any college neighborhood.

The Ferguson Lunch Trolley makes four continuous loops between 11:30 a.m. and 2 p.m. and there are sandwich board signs at trolley pick-up sites at Woods Hall, the MSC and Marillac Hall on South Campus. The choices for lunch and dinner range from fast food chains, pizza, Chinese, Mexican, Italian to unique local spots. You’ll find everything from an ice cream parlor to a wine bar. You can even grab something fresh at the Ferguson Farmers Market on Saturday mornings during the correct season.

Ferguson restaurants with trolley stops include Celebirty Southern Soul Food, Corner Coffee House, El Palenque Mexican restaurant, Faraci Pizza, Ferguson Brewing Company, Imo’s Pizza, KFC, Little Caesar’s Pizza, Mary’s Bar & Grill, Mimi’s Subway Bar & Grill, New Chinese Gourmet, Popeye’s Chicken, Queen’s Chinese Restaurant, Quinn’s, Subway and Vincenzo’s Italian Ristorante.

There are even more dining options in Ferguson. These include Chinese Express (718 S Florissant Road), Smokemaster’s Bar-B-Que (701 S Florissant Road), La Creaisia’s Kitchen (Mexican, 501 S Florissant Road), Taste of Maine (603 S Florissant Road), and Cork Wine Bar (423 South Florissant Road). Ice cream/dessert stops include Frosty Treats (7579 Minuet Industrial Drive) and the Whirlie Stop (1 S Carron Road), which also serves sandwiches and subs.

Bakeries are Cosi Dulci (100 S Florissant Road), Spencer’s Bakery (100 Church Street) and Piccolino’s (10 Church Street), an Italian bakery which also serves sandwiches and subs.

CATE MARQUIS
A&E EDITOR

You’ve been studying hard and now you’re hungry. So where do you go to eat on campus?

There are dining opportunities on and around campus, offering everything from a snack, a quick lunch or a full meal. If you want to stay on campus or you just have limited time, there are several choices. If you are eating on a meal plan, the Nosh and the Provincial House Dining Hall are the places to use your plan. All others require cash or credit.

For more information on campus dining, including menus and updates on hours, check out the Sodexo UMSL dining website at www.umsldining.com and the UMSL dining web page at www.umsl.edu/~mac/Food%20Services/index.html.

NORTH CAMPUS

THE NOSH

The Nosh Food Court is located in the lower level of the MSC and is the main food option for many on campus. Selections include salads, burgers, pizza, sandwiches, and sushi, in a mix of self-serve and grill style, with items priced separately.

SUBWAY

The campus Subway franchise is located in the lower level of the MSC, inside the Pilot House, a warehouse-style cafe space that also has a small stage for concerts, comedy shows and other smaller events. Subway serves subs, sandwiches, soups, and salads, with chips, cookies, and soft drinks.

EINSTEIN BROS BAGELS

This lively spot for a quick snack is located in the busy main level of the MSC, next to the rotunda. It offers bagels, yogurt, pastries, sandwiches, beverages and more. There are a number of tables available for students looking to rest their feet while enjoying a quick snack between classes.

Cafe TJ

The newest dining option on campus, Cafe TJ, is located inside the Thomas Jefferson Library in the middle of North Campus. It serves Starbucks drinks, has sandwiches and salads to-go and drinks in vending machines.

PONY EXPRESS

This coffee stand offers coffee and other beverages, along with fruit, pastries and snacks. It is located in SSB by the north door.

SOUTH CAMPUS

PROVINCIAL HOUSE DINING HALL

This is the main dining option on South Campus. It is an all-you-can-eat cafeteria and it uses a block meal plan. It is also the only one open late.

SOUTHSIDE CAFE

This cafe serves light breakfast items like muffins, a couple of hot entrees, side dishes, soups, salads, wraps, fruit and snacks along with beverages like lattes and juice. It is located on the first floor of the South Campus Classroom Building.

STUDENT C-STORE IN OAK HALL

Student residents of the Oak Hall student apartments also have the option of the complex’s convenience store and cafe for a quick bite.
Options for campus living

SHARON PRUITT
EDITOR-IN-CHIEF

The University of Missouri – St. Louis offers a variety of options for students looking to live on campus. From dormitories to apartments, there’s bound to be a match for any budget.

OAK HALL

Oak Hall, located on South Campus, is reserved for students aged 22 and younger, accommodates more than 400 students every year. Inside the 130,000-square-foot residential hall are a multitude of four-bedroom suites. There are four private rooms in each suite; each suite includes a bathroom with a dual vanity and bathroom stall for the four student residents to share. Each wing of suites is aided by a Residential Assistant, who can help students adjust to life on-campus and get acclimated to their new homes.

Oak Hall amenities include cable TV and wireless internet, 24-hour laundry room and fitness center, 24-hour front desk and RA’s on call, study lounges on each floor, and a heated pool for all students to enjoy. For a full list of amenities, and to take a virtual tour of Oak Hall, visit the website of Residential Life and Housing at umsl.edu/services/reslife.

VILLA HALL SOUTH

Villa Hall South, also located on South Campus, is home to “Eye Live and Learn,” a living community for optometry students. This space is home to over twenty optometry students and is open for students enrolled in the Optometry Program at UMSL who are looking to live on campus. Villa Hall South features many of the same amenities as Villa Hall, but also includes access to a recreational lounge that features a pool, ping pong, and a big-screen TV.

MANSION HILL

Mansion Hill Apartments are a viable option for students who are married or engaged, students who have children. To live in Mansion Hill, students must be at least 21 years old and enrolled in at least three credit hours at UMSL. To live at Mansion Hill, the age requirement is waived for students with children, students who are married or engaged, students who have completed at least 60 credit hours, and students who are applying for the athletic community’s themed housing (with the main office’s permission). Mansion Hill Apartments are located just off I-70 at New Florissant Road and is on the UMSL shuttle route.

Mansion Hill offers both one and two-bedroom apartments. Amenities include an on-site laundry facility, a 24-hour on-call staff, a police substation on site, a clubhouse with a 60-inch flat screen television, and a swimming pool.

UNIVERSITY MEADOWS

At University Meadows Apartments, students can choose between a variety of rooms and rates. Efficiency units are 495 square feet of unfurnished space, ideal for accommodating 1 or 2 residents. 1-Bedroom units have 1 bathroom and 637 square feet of unfurnished space. 2-bedroom units have 2 bathrooms and 873 square feet of unfurnished space. University Meadows Apartments are located on South Campus and included in UMSL’s shuttle route.

Living in University Meadows Apartments gives students access to their clubhouse, which has a flat screen TV and wireless internet access. Students who make University Meadows their home also have access to the daily breakfast bar. Other amenities include a 24-hour coinless laundry facility, a sand volleyball court, and a swimming pool and spa.

A price comparison chart that includes a full list of rates on every option listed above (excluding University Meadows) and information on meal plan prices and requirements are available online at umsl.edu/services/reslife. For more information of University Meadows Apartments, visit universitymeadows umsl.com.

Get involved on campus; it's easy!

HUNG NGUYEN
MANAGING EDITOR

Aside from classes, college is a great place to explore your interests and meet new people. Student organizations and campus events are a great way to achieve both. It’s never too late or too early to join a group and the University of Missouri-St. Louis offers many options for students.

Fall Expo, held on August 21 from 11:00 a.m. to 1:30 p.m., is a small fair where student organizations table in the Millennium Student Center (MSC) Main Floor Rotunda and set up booths in the Quad area to recruit new members. Representatives from each group, including officers, are present to answer questions about membership, activities, and benefits. Students should treat this event as a way to obtain information and register for mailing lists. Those interested in joining a sorority or fraternity should speak to the members about rushing and the pledging process.

It is wise to consider joining organizations associated with your major department such as the Chemistry Club, the Physics Club, the Biology Club, International Business Club, and the Philosopher’s Forum. Pre-professional organizations like the Pre-Med Society and Pre-Dental Society are also available. These groups are great places to meet people at all stages of their education who are typically quite friendly and willing to provide some advice and assistance to those new to the respective programs.

After the initial meet-up, think about all the organizations you speak to and determine which ones interest you the most. Attend the first meeting or event of those groups to get to know the people better. Groups are often eager to have new members so don’t be shy to approach the officers and current members.

If you are unsure whether or an organization is for you, go to the event or meeting, anyway. First impressions can be deceiving and so further exploration can help you become more decisive.

Sometimes, for various reasons, a small number of organizations will not be able to attend Fall Expo. If you already know which organizations you want to meet or join, contact the Office of Student Life (osl) for organization information and send an email or call the group directly. A list of all registered student organizations can be found on osl’s main webpage.

After Expo, be on the lookout for posted flyers and banners, too. Even if you have your heart set on specific student groups, it doesn’t mean that you can’t meet people in other clubs, too. Going to campus events throughout the year is a great way to continue meeting new people.
Art galleries Continued from pg 4.

The gallery has two main exhibit spaces, Galleries A and B, plus a smaller space for video art and some special exhibitions. Exhibits change frequently throughout the year, and new exhibits generally open with a free reception offering refreshments and often an artist's talk. Gallery 210 also offers a few permanent exhibits as well. The gallery's name comes from its original location in room 210 of Lucas Hall.

Gallery 210 is closed for the summer but will reopen in August with "Exposure 16," the annual UMSL faculty art exhibit. Information on Gallery 210 exhibits, hours and events is available at http://galleries.umsl.edu.

Gallery Visio is the student-run art gallery on campus. Art by UMSL students and alumni are the focus of Visio, which also gives students experience as curators of art exhibits. Visitors can feast their eyes on the high level of artistic talent to be found on campus and displayed at Visio. Visio exhibits usually open with a free reception that is often a fun art event itself. Gallery Visio is located in the lower level of the MSC, just off of the Nosh and before you reach the Pilot House. The convenient location makes it easy to drop in for a quick tour of the gallery's current exhibit, "Achromatic." You can learn about upcoming Gallery Visio exhibits at http://www.umsl.edu/~galvisio/events.html or by calling 314-516-3722.

UMSL's Fine Arts Building is home to Gallery FAB. This is the place to see current works by campus faculty or art majors, with occasional exhibits by invited artists. The gallery is actually the hallway of the Fine Arts Building, meaning a visit to the building is a stroll through the gallery FAB. Poster art, photography and mixed media works are frequent exhibits.

St. Louis Attractions

The St. Louis Zoo is the largest free zoo in the nation and offers extensive wildlife exhibits in an attractive setting while working on conservation. The Zoo is one of the university's partners, along with the Missouri Botanical Garden, in the Harris World Ecology Center, which trains graduate students in conservation and research, primarily in tropical ecology. Be sure to check out the new seal and sea lion exhibit. The St. Louis Art Museum boasts free admission to its world-class galleries. SLAM just opened a new wing, a modern architecture addition to the classical Cass Gilbert-designed building. The new wing houses the modern art collection. The Art Museum also has special exhibits for which it charges a reasonable fee but even those are free on Fridays.

Other cultural institutions in St. Louis are the Missouri History Museum and the Missouri History Museum, both also free. In warm weather months, the park is home to the free St. Louis Shakespeare Festival and the Muny, the latter of which stages multiple productions of a variety of Broadway musical classics every year.

Another great cultural institution is the Missouri Botanical Garden. The Garden is a great place for a walk, showcasing flowers and garden styles from around the world, ranging from a formal English garden to the large Japanese garden.

St. Louis is home to a number of unique movie theaters. The Tivoli in the Delmar Loop is one of the best the city has to offer but just down the road from the Tivoli is the Hi-Pointe, another renovated 1920s movie house. The Hi-Pointe screens a mix of blockbusters and Oscar-bait films, with a few retrospectives and has great plush, comfy seats. The Moolah, housed in a restored former Shriners' temple, is an entire entertainment center that includes a unique movie theater.

For music fans, venues like The Pageant in the Loop, The Firebird near Grand Center and the Peabody Opera House downtown welcome an impressive assortment of first-rate touring performers throughout the year. Humble indie "dungeons" like The Plush and Off Broadway are the places to find local rising musical acts. Scottrade Center and Verizon Wireless Amphitheater are home to visiting pop idols and big tours. The world-class St. Louis Symphony makes its home at Powell Symphony Hall on Grand.

Theater is big in St. Louis. The Fabulous Fox hosts touring Broadway shows in Grand Center. The Repertory Theater of St. Louis stages some of the best dramas at the Loretto Hilton theater in Webster Groves. The same theater is home to the acclaimed Opera Theater of St. Louis, which present first-class opera in English. Dance fans can look forward to the Dance St. Louis season, another Jubilee concert, bringing current music students together with the music alumni.

United States Post Office at UMSL

8230 Florissant Road

For questions or comments, call: 314-516-5299

Hours: Monday - Friday 8:30 a.m. to 4:30 p.m.

UMSL Postal Services is on the shuttle route.

UMSL Postal Services is a United States Postal Service Contract Unit. Services such as express mail, priority mail, domestic and international mail, insured mail, certified/registered mail with return receipt to include delivery and/or signature confirmation. Stamps will also be available for purchase. Pre-paid letters and packages are accepted at this location. Packages up to 70 pounds can be mailed through the USPS Contract Unit. We accept cash, debit or credit cards.

Jubilee Continued from pg 3.

Troy and Dalton will be joined by Kelli Allen and Michael Nye, published authors who are recent UMSL grads. This free event is scheduled for September 26 from 10-11 a.m. in Gallery 210.

On October 1, the UMSL Alumni Band will perform at its first concert at UMSL. The free 3 p.m. concert at the Toshull PAC opens with a performance by the University Wind Ensemble, bringing current music students together with the music alumni.

October 18 will bring another Jubilee concert, this one the Ariaena String Quartet's "Reunion Concert" which will bring back former music students to reunite with the UMSL Artists-in-Residence quartet and showcase their talents. This free, one-time special concert will be held at the Toshull PAC at 8 p.m.

The 45th annual Crucial Early Years Institute's professional conference on October 19 will honor the UMSL Jubilee and the university's contributions to early childhood education. The conference will bring together early childhood educators, teachers, center directors, Parents as Teachers staff, and parents at the J.C. Penney Conference Center 3:30 p.m. to 3 p.m. The $64 fee includes lunch.

Other Jubilee events may be added throughout the semester, so check the UMSL Calendar at https://apps.umsl.edu/webapps/weboffice/calendar/calendar.cfm for updates. A listing of UMSL's Jubilee events past and future, plus a brief history of the university, are available at http://blogs.umsl.edu/jubilee/ and on UMSL's public relations website, UMSL Daily.
Campus Recreation at UMSL has plenty to offer students

SHARON PRUITT
EDITOR-IN-CHIEF

Are you looking to get in shape and have fun while at the University of Missouri — St. Louis? Look no further! Campus Recreation. The Mark Twain Athletic and Recreation Complex has all the equipment you need to get fit and have fun, whether it’s through circuit training, cardio, or group activities. Facilities feature free towel service, saunas, spacious lock rooms, and free equipment rental. Campus Recreation also boasts multiple fitness centers, an indoor track, four indoor racquet sports courts, five full-size tennis courts, a 25-yard swimming pool available for laps and free-swim, one and a half full-size gymnasiums, and a multi-purpose field.

The hours of operation of each facility change varies daily, so check online often at http://www.umsl.edu/services/recsport/Facilities/ hours.html.

Intramural

Intramural activities at UMSL consist of a variety of sports and activities with men’s, women’s, and coed divisions. All activities are free for UMSL students, faculty, and staff. Individual and dual sports include badminton, bowling (doubles), golf, pickleball, tennis, racquetball, and table tennis. Intramurals at UMSL also offer students the opportunity to participate in a variety of activities throughout the year, such as the Coed Softball Tournament and BAR-B-Q, Basketball Free Throw contests, Basketball Hot Shot Tourneys, the Recreation Fun Run, Friday Fun Nights, Frisbee Golf Tournaments, Golf Closest to the Pin Contests, Golf Longest Drive Contests, Punt Pass Kick Contests, and Weightlifting Contests. Team sports and activities offered may include basketball, volleyball, soccer, softball, floor hockey, flag football, wallyball, wiffleball, and skill contests and special events.

Intramural semester schedules and entry forms can be found in the Office of Campus Recreation, located in room 203 in the Mark Twain building.

Wellness Classes and Programs

Campus Recreation offers a variety of wellness classes and personalized services. Wellness Classes include activities such as aerobics, yoga, and pilates. Students also have the option of meeting with a Personal Fitness Specialist for services such as Complete Fitness Consultations, Personal Training and Fitness Instruction, and a Body Fat Analysis. These services are available for students at a discounted rate and by appointment only.

For a more complete listing of classes, services, and prices, visit the Office of Campus Rec online at http://www.umsl.edu/services/recsport/index.html or become friends with UMSL Campus Rec on Facebook.

Rec Trek

Campus Recreation sponsors a number of off-campus student outings throughout the year. Rec Trek adventures give students the opportunity to learn new skills and try out new activities in a manner that is low-cost and accessible. In past years, students have had the opportunity to enjoy skiing and snowboarding at the Hidden Valley Resort in Europa, Missouri and indoor rock climbing at Upper Limits Rock Gym in downtown St. Louis.

Check the Rec Trek website regularly for more information on upcoming outings at http://www.umsl.edu/services/recsport/RecTrek/index.html.

Get moving with campus recreation!

JENNY LYN THE CURRENT

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### Campus Resources

**CAMPUS POLICE**
44 Campus Police Building
314.516.5155

**CAMPUS SHUTTLE SCHEDULE**
http://www.umsl.edu/transportation/campus-shuttle/index.html

**CAREER SERVICES**
278 Millennium Student Center
314.516.5111

**COMMUNITY PSYCHOLOGICAL SERVICE**
232 Stadler Hall
314.516.5824

**DISABILITY ACCESS SERVICES**
144 Millennium Student Center
314.516.6554

**HEALTH, WELLNESS, AND COUNSELING SERVICES**
Located in the Wellness Resource Center
180 Millennium Student Center
314.516.5380

**MATH AND WRITING ACADEMIC CENTER**
222 Social Science Building
314.516.6863

**OFFICE OF STUDENT LIFE**
366 Millennium Student Center
314.516.5291

**TECHNOLOGY SUPPORT CENTER**
211 Lucas Hall
314.516.6034

**UNIVERSITY BOOKSTORE AND TRITON TECH**
Computer Center
209 Millennium Student Center
314.516.5763

**UNIVERSITY CHILD DEVELOPMENT CENTER**
130 South Campus Classroom Building
7800 Natural Bridge Road
314.516.5658

**UNIVERSITY OF MISSOURI-ST. LOUIS POSTAL SERVICES**
8230 Florissant Road
314.516.5203

**UNIVERSITY EYE CENTER**
7800 Natural Bridge Road
314.516.5131

**VETERAN’S AFFAIRS OFFICE**
211 Clark Hall
314.516.5705