

Allergy injection Information/Procedure

Health Services offers allergy injection appointments to students by a registered nurse. Allergy injection consultation appointments are to be scheduled in advance by calling 314-516-5671.

Please bring the following with you when you come to your **first appointment**:

- 1) Allergy serum vials
- 2) Instructions/paperwork for injections from allergist
- 3) Epinephrine or Epi Pen

You must have Epinephrine with you before you receive allergy injections.

- If you do not have an Epi Pen, we can write an order for you or ask your allergist.
- Serum vials can be stored at Health Services or brought to each appointment. You may bring your own syringes if you like; we also have syringes on hand.
- You will be required to wait 20 minutes (or longer if ordered by allergist) after injection, and have injection site checked by the nurse before leaving. You should always return to our office if you experience generalized itching, hives, sneezing, or difficulty breathing. If this happens after hours, go to the Emergency Room or call 911.
- Systemic reactions will be treated as ordered by your allergist; generally Epinephrine will be given and repeated if necessary. Paramedics will be called and your allergist notified.
- Allergy injections will not be given during acute asthma attacks, infectious illness, or if you have a fever greater than 100 degrees Fahrenheit. Taking an oral antihistamine before your appointment is recommended.
- Allergy injections are \$5 per shot for each visit. We accept cash, check or student account for payment.
- It is your responsibility to notify Health Services if you are unable to keep your appointment by calling 314-516-5671.