LOW COST REFERRAL OPTIONS

Missouri

Lutheran Family and Children’s Services
3670 W. Clay, St. Charles, MO
St. Charles & Franklin County.
- Serves all religions
- Sliding scale fee starting at $40 & most insurances

Care and Counseling
St. Charles, MO
- Serves all religions
- Sliding scale starting at $50 (lower under special circumstances) & most insurances
- They can help arrange a referral to a psychiatrist
- Can provide counseling that incorporates spiritual concerns

** Catholic Family Services
Union, Troy, O’Fallon, MO
- Serves all religions
- Sliding scale fee starting at $20 & most insurances
- Has one psychiatrist so may have wait list. Appointments are self-pay or through insurance. Psychiatrist does not serve adult ADHD clients.
- Participates in Language Access Metro Project (LAMP), which provides interpreters who collectively are fluent in more than 40 languages.

** Crider Health Center
St. Charles, Warrenton, Wentzville, Union, MO
- Comprehensive counseling and psychiatric services

** Comtrea
Festus, Arnold, High Ridge, MO
- Comprehensive counseling and psychiatric services
- DV program & Substance abuse treatment

East St. Louis/Illinois

** Centerstone
2615 Edwards St., Alton, IL
- Most insurances (incl. IL Medicare and Medicaid)
- Offer walk-in hours to start services from 9-2 M-F
- Comprehensive counseling and psychiatric services
- Community support and case management

** Chestnut Health Systems
Granite City, Belleville, Edwardsville, Bloomington
- Most insurance
- Comprehensive Mental Health services
- Comprehensive Addiction Treatment
** Comprehensive Behavioral Health  
505 South 8th St., East St. Louis  
(618) 482-7330  
http://cbhc1.org/  
- Comprehensive counseling and psychiatric services  
- Substance abuse treatment, homelessness assistance, parole re-deployment program

** Provident Counseling  
5016 North Illinois, Suite A, Fairview Heights  
(314) 533-8200  
http://www.providentstl.org/  
- Sliding scale fee starting at $30 & most insurances, no Medicaid

* Sliding scale is usually based on **household** income and how many persons live in the home.  
** Psychiatrist is available through this agency