

# UM-St. Louis

## National Student Exchange



## Handbook

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### Important Dates

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#### **FALL SEMESTER – 2007**

August 20 Monday, classes begin 8:00 a.m.  
September 1 Saturday, Labor Day holiday begins 5:00 p.m.  
September 4 Tuesday, classes resume 8:00 a.m.  
November 17 Saturday, Fall Break (Thanksgiving holiday) begins 5:00 p.m.  
November 26 Monday, classes resume 8:00 a.m.  
December 8 Saturday, classes end 5:00 p.m.  
December 10 Monday, final examinations begin  
December 15 Saturday, Fall Semester closes, end of day  
December 15 & 16 Saturday / Sunday, Fall Commencement

#### **SPRING SEMESTER – 2008**

January 14 Monday, classes begin 8:00 a.m.  
January 21 Monday, Martin Luther King Holiday  
March 22 Saturday, Spring recess begins 5:00 p.m.  
March 31 Monday, classes resume 8:00 a.m.  
May 3 Saturday, classes end 5:00 p.m.  
May 5 Monday, final examinations begin  
May 10 Saturday, Spring Semester closes, end of day  
May 10 & 11 Saturday / Sunday, Spring Commencement

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### Important Numbers

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Admissions: to check the status of your admission to UMSL: 314-516-5451

International Admissions (for Canadian Students): Contact Annette Burris, 314-516-6870

NSE coordinator: Kate Spencer, [spencerkw@umsl.edu](mailto:spencerkw@umsl.edu) / 314-516-7769

Registering for classes: John Perez: [perezj@umsl.edu](mailto:perezj@umsl.edu) / 314-516-4890. You can register in mid April- I will email you the specific date.

On-campus Housing: Maxine Thompson: [thompsonmj@umsl.edu](mailto:thompsonmj@umsl.edu) / 314-516-6877.

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### Things to do before you Arrive

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Apply for admission to UMSL. Please fill out the application you received with this packet- since it is labeled w/ NSE. Also, included with the application should be the \$35 application fee (yes, you have to pay it) and official transcript(s). As soon as you do this, we will be able to register you!

Apply for on campus Housing: <http://www.umsl.edu/services/reslife/>. There is a \$25 application fee. Or start looking at off-campus housing, see housing below.

Decide which classes you want to take, be sure to look at Fall 07, You can register mid April:  
[https://tomsawyer.umsl.edu/webapps/courseschedules/search\\_basic.cfm?search\\_type=B](https://tomsawyer.umsl.edu/webapps/courseschedules/search_basic.cfm?search_type=B) Please take note of the reference numbers and class titles. We need all of this information in order to register you. Please email me [spencerkw@umsl.edu](mailto:spencerkw@umsl.edu) your class schedule request.

If you have above a 3.2 you can take a class in Honors, available with the course schedule under "honors". These classes are recommended by past NSEers.

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### Transportation

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**Taxi Service:** ABC taxi service is used a lot on campus. Phone: 314-725-2111

**Metro Link:** Our light rail service to parts of St. Louis:  
<http://www.metrostlouis.org/MetroLink/stationlist.asp>, **Metro Bus** is also located on this website.

The metro Link is on South and north campus, You can go to sites such as the Arch, Forest Park, Union Station, Central West End, and the Loop. There are shuttles through Forest Park and Central west end, your metro link ticket serves as your shuttle ticket, too!

**Campus Shuttle:** University of Missouri St. Louis, Parking and Transportation Department shuttle service is provided for faculty, staff, students and visitors. For more information, please contact our office at 314-516-4190 <http://www.umsl.edu/~asd/parkingandtransportation/campusshuttle.html>  
Operates: **Monday through Thursday:** 7:30 a.m. until 10:45 p.m **Friday:** 7:30 a.m. until 5:00 p.m.

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### Maps

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#### CAMPUS MAP

[UMSL - CIS Activities MAP](#)

#### METROLLINK ROUTE MAP

[MetroLink](#)

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### Arriving

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If you are living on campus and you want to arrive before Aug 17<sup>th</sup>, you will need to make arrangements at a local hotel:

You can go directly to UM-St. Louis Residential Life or the University Meadows during the day between 9am and 5pm. It will cost approximately \$10-\$15 to go by taxi. The taxi services are located outside the main airport terminal (look for signs). If you are traveling light, you can take the Metro Link (\$2 one way) to UMSL's dorms on South Campus.

Travelodge	9645 Natural Bridge Rd	890-9000	\$49-\$125
Doubletree Club Hotel- St. Louis Airport	9600 Natural Bridge Rd	427-7600	\$69-\$138
Best Western Airport Inn	10232 Natural Bridge Rd.	427-5955	\$59-\$79
Howard Johnson St. Louis Airport	4430 Lindbergh Blvd	731-3800	\$65-\$85

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### Orientation

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You must attend orientation on August 17th. The New Student Orientation is from 8:30 to 3pm-MSA. This is when you will get your campus ID and work out any problems. <https://fusion.umsl.edu/orientation/>

## Housing/Living

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### Living On Campus

You might want to live on campus for your first academic year or term, particularly if you are an undergraduate. On-campus housing often is less expensive and more convenient than off-campus options. On campus, you will have easy access to the library, computer equipment, the student center, sports and recreation facilities, cafeterias, and your classes. More important, you will have the greatest possible opportunity to interact with other students.

The typical residence hall or "dormitory" offers more than just a place to sleep. Emphasis is placed upon supporting students' academic objectives through academic and social activities. For example, the residence halls and student housing at UM-St. Louis (Normandie, Bellerive, Seton, Le Gras, Villa, Villa North, the Meadows and Mansion Hills) offer quiet areas for study, recreation areas and rooms for social activities.

Res Life: <http://www.umsl.edu/services/reslife/>

### Living Off Campus

Many students prefer the independence of living off campus. In some cases, students find off-campus living to be more affordable, because they can share costs. You should exercise care, however, in selecting the right apartment or house.

Local newspapers are also good sources for information: *St. Louis Post-Dispatch* and *The Riverfront Times*. Both are available in the Library.

When choosing an apartment you should consider its cost, proximity to campus, and safety. Is the property well lighted? Are there adequate locks on the windows and doors? A "lease" is a binding legal contract between you and the property owner, or landlord. When you sign a lease, you are obligated to pay the landlord monthly rent for the duration of the lease. Most leases are for 9 or 12 months, and it is usually very difficult to break or alter a lease. Therefore, before you sign you should be reasonably sure that you can live with your decision for the duration of your lease. With permission from your landlord, you may be allowed to find a tenant to take your place for the remainder of your contract. If you "sublease" your apartment to other tenants, however, you probably will remain responsible for their actions.

Never sign a lease unless you are completely satisfied with the apartment and surrounding property. Sign only when you understand all the terms of the lease.

When you sign a lease, you will typically be required to pay a "security deposit," usually equivalent to at least one month's rent, as well as the rent for the first month. The security deposit will be returned to you when you move out, provided you leave the apartment in good condition. In addition, you may incur expenses that you would not incur on campus. For example, most apartments come equipped with basic appliances such as stove and refrigerator, but you may need to purchase or rent a bed and other furniture, as well as kitchen equipment, a telephone, and other items.

Also, you probably will be responsible for paying the cost of your telephone service and "utilities": water, electricity, and gas. The utility companies may require you to pay a deposit before service is activated. These deposits will be refunded to you or credited to your account when you terminate your service, provided you have paid all of your bills.

Meadows: On campus but not operated by UMSL: <http://www.campushousing.com/umsl/>

### Some Apartment Listings

The following table is a general description of apartments near the UM-St. Louis campus. Students interested in these housing options should contact the apartment management offices directly to get the most current information regarding rates and services.

<b>Apartments</b>	<b>Distance from UMSL</b>	<b>Deposit</b>	<b>1-Bedroom Rate</b>	<b>2-Bedroom Rate</b>
Austin Investments Apartments 8401-8428 Engler Park Ct. (314) 220-1640	1.3 miles	Yes, One month rent	-	\$495 to \$525
Bermuda Heights Apartments 7744 Springdale Dr, #3F (314) 381-8797	0.7 miles	Yes, amount varies	\$325	\$435
Carson Court Apartments 8813 Carson Ct (314) 521-5551	1.2 miles	Yes, One month rent	\$340	\$390
Greenwood Apartments 4511 Park Ave. #A (314) 521-8444	1.1 miles	Yes, One month rent	\$325	N/A
Hanley Crossings 8806 Dragonwyk Dr. (314) 426-7667	0.9 miles	Yes, 1 month rent	?	?
Hillcrest Apartments 4625 San Diego Ct. (314) 381-3530	1.1 miles	Yes, One month rent	\$365 to \$380	\$445 to \$465
Homes by Stella 735 Interdrive Avenue (314) 914-1408 or (314) 914-1409	5.0 miles (close to MetroLink stop)	Yes, \$800	-	\$695 (2 full bedrooms, plus possible 3rd)
Lackland Plaza Apartments 8432 Plazarock Ct. #D (314) 423-2125	1.4 miles	Yes, \$200 & up	\$360	\$435
Lucas Hunt Village Apt 5303 Lucas& Hunt Rd (314) 381-0550	1.5 miles	Yes, \$250-\$300 UMSL discount \$45/ month	\$360 to \$410	\$410 to \$455
Normandy Villa Apartments 4335 Walker Lane #A (314) 524-6456	0.7 miles	?	?	?
Norwood Ct.- Redfield Apartments 7217 Woodstead Ct. (314) 381-9555	1.3 miles	Yes, One month rent	\$400 to \$440	\$495 to \$535
Park Glen Echo Townhouse 2550 Lucas& Hunt Rd (314) 385-0728	1.3 miles	Yes, \$275	\$275	\$425
San Rafeaal Town House Apartments 8456 San Rafeaal Pl. (314) 426-1638	1.4 miles	Yes, 1 month rent	\$450	\$500 to \$515
Springwood Apartments 4222 Springdale Ave. #A (314) 429-5609	1.3 miles	Yes, \$99 & up	\$350	\$445

### Other Listings

Additionally, students can access resources such as [www.apartmentguide.com](http://www.apartmentguide.com) or [www.stlouis.craigslist.org](http://www.stlouis.craigslist.org) to research other options in the St. Louis area. Students can also find houses for Rent in Ferguson by contacting the Ferguson Residential Resource at: (314) 524-5062.

## Safety

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### **Avoiding Trouble and Staying Safe**

There is an escort service provided by the Campus Police if you would like to be escorted across campus or to your car. The campus shuttle also runs Monday through Friday and is an alternative to walking. For information on either of these services, contact the Campus Police at 516-5155.

“Better safe than sorry.” No matter how safe your campus and community appear to be, you should acquaint yourself with your new environment by reading the safety information your institution provides. Upon arrival, begin orienting yourself:

- Familiarize yourself with your neighborhood and campus by walking around in the daylight.
- Ask fellow students or staff members about areas you should avoid at night.
- Do not walk alone at night.
- Note the address and telephone of your country’s nearest consulate or embassy.
- Locate the police station that serves your neighborhood.
- Locate the nearest fire-alarm box and learn how to report a fire.
- Identify the hospital emergency room nearest to your home and know what to do in case of an accident.
- Keep “emergency” numbers near your phone at home

### **Urban Transportation**

St. Louis has a large metropolitan transportation system, which provides inexpensive and convenient transportation for students. Riding the MetroLink and Bi-State buses is free to all UMSL students. Stay safe by observing these rules:

- When riding the MetroLink, choose a car in which others are riding and avoid riding in a car alone.
- Note the location of emergency equipment, usually located near the doors or at the end of the car.
- Do not fall asleep.
- Do not stand on the edge of the platform.
- Do not display money, jewelry, or other valuable items.
- Keep your wallet in a side pocket, keep your purse closed and in your arms.
- If someone is bothering you, change your car or inform the train operator or a security guard. Avoid confrontations.
- To avoid unwanted attention, be discreet when consulting maps.

Beware of pickpockets and purse snatchers, skillful people who may gently remove your wallet or purse.

### **Automobiles**

Cars are the most common form of transportation in the St. Louis, but they are also a very great responsibility. You can avoid a lot of trouble by observing several rules that apply to owning and driving a car:

- Automobile insurance is required in Missouri.
- Never drink alcohol and drive; you may end up in jail even if you are not in an accident.
- Lock your car and keep valuables out of sight.
- Keep your car in good operating condition.
- Keep safety equipment (e.g., a flashlight and reflectors) and a first-aid kit in the trunk.
- Observe speed limits.
- Report all accidents; failure to do so is a crime.

### **Crimes and “Scams”**

Sadly, crime is a fact of life. University and college campuses are not immune to these problems, but help is

available. The primary duty of the police is to serve and protect you, and you should not hesitate to seek their help at any time.

### **On Campus**

The most common crime on campuses is theft of property left unattended or in an unlocked room, car, or apartment.

Protect yourself by exercising good sense and caution:

- Keep your dorm room or apartment locked whenever you are away.
- Do not leave your books, backpack, or purse unattended anywhere.
- Buy a good lock for your bicycle and use it.
- Learn what parts of town you should avoid at night.
- Use caution with strangers who are overly friendly, who offer you gifts, or who ask you to accompany them to an unknown place.
- Remember 911 is an emergency number you can call at any time from any telephone for help in an emergency.
- Ask a reliable friend or UMSL staff/faculty you are in doubt about a person or an activity.

## Places of interest near UMSL

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**Wal-Mart** :10835 Saint Charles Rock Rd, St Ann, MO 63074.

Driving Directions: Turn Left on Natural Bridge Road, and take it to 1-70 West (Natural Bridge will merge into the highway. Exit on Cypress Road. Stay on Cypress Road and Wal-Mart will be on the right of the intersection of Cypress and St. Charles Rock Road (enter parking lot off Cypress).

**Convenience Store/ 24 hr Pharmacy:** Walgreens, 7199 Natural Bridge Rd.

Driving Directions: Turn right on Natural Bridge

What if I get sick? We have a health center, and there is a hospital near by too.

**Health Center:** <http://www.umsl.edu/~uhwcs/> phone 314-516-5671

**Hospital:** DePaul Hospital is located at 122303 DePaul Dr.

Directions: Turn Left on Natural Bridge Road, and take it to 1-70 West (Natural Bridge will merge into the highway. Exit on I-270 north. Immediately get into the St. Charles Rock Rd Lane (on the right). Turn right on St. Charles Rock Road, staying in the right lane. The entrance to the hospital is within a few blocks.

**Mall/Shopping:** All over St. Louis, the closest is Northwest Plaza

Driving Directions: Turn Left on Natural Bridge Road, and take it to 1-70 West (Natural Bridge will merge into the highway. Exit on I-270 north. Go 'til Lindberg exit, take Lindberg South.

**Concerts:** Available all over St. Louis. The Pageant, The American, Riverport...

There a couple venues in the Loop (also has shopping, restaurants, bars and such), you can take the Metro Link there. The Pageant: <http://www.thepageant.com/> , and Blueberry Hill:

<http://www.blueberryhill.com/> .

**Restaurants/eating:** Again, all over but there are several that are close by.

Break Away Cafe, Spiro's, Steak 'n Shake, Imo's Pizza, Domino's Pizza, White Castle, Penn Station, MacDonald's, Subway are all located on Natural Bridge road. There are also close eateries in Ferguson and many in aforementioned Loop area.

## St. Louis

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St. Louis, MO, has a lot to offer to students and visitors. The links below provide a general introduction to the activities and entertainment opportunities available in the St. Louis Metro area. With friendly people, reasonable prices, and seasonal weather, St. Louis is a great place to live and explore!

### St. Louis Information

[All About St. Louis](#)  
[Digital City St. Louis](#)  
[St. Louis Visitor's Commission](#)

### Local Media

[St. Louis Post-Dispatch](#) (daily newspaper)  
[Riverfront Times](#) (weekly newspaper)  
[KWMU](#) (St. Louis (UMSL) franchise of National Public Radio)  
[KSDK](#) (St. Louis NBC television station)

### St. Louis Sports

*Baseball:* [St. Louis Cardinals](#)  
*Football:* [St. Louis Rams](#)  
*Ice Hockey:* [St. Louis Blues](#)

### Notable Local Businesses and Tours

[Anheuser Busch Breweries](#)  
[Boeing](#)  
[Chrysler](#)  
[Pharmacia](#)  
[Monsanto](#)

### Sightseeing

[Gateway Arch](#)  
[Old Cathedral](#)  
[Cathedral Basilica of St. Louis](#)  
[Old Courthouse](#)  
[Missouri Botanical Garden](#)  
[St. Louis Science Center](#)  
[St. Louis Zoo](#)

### Just for Fun!

[Raging Rivers Waterpark](#)  
[Six Flags St. Louis](#)  
[Casino on the Mississippi](#)  
[Gateway Riverboat Cruise](#)

### Museums

[St. Louis City Museum](#)  
Contemporary Art museum:  
<http://www.contemporarystl.org/>  
[St. Louis History Museum](#)  
[The Museum of Transportation](#)  
[St. Louis Art Museum](#)  
[St. Louis Cardinals Hall Of Fame Museum](#)

### Theater and Symphony

[Opera Theatre Of St. Louis](#)  
[Repertory Theatre of St. Louis](#)  
[St. Louis Fox Theatre](#)  
[The MUNY](#)  
[Blanche M. Touhill Performing Arts Center](#)  
[St. Louis Symphony Orchestra](#)

### How to Get There

[St. Louis Metrolink](#)  
[Amtrak Rail Service](#)  
[Greyhound Bus Service](#)  
[Yahoo Car Rentals](#)  
[Expedia Online Travel](#)

### General Tourism Information

[Missouri Tourism](#)  
[MapQuest!](#)  
[Lonely Planet Online](#)