STUDENT’S CHECKLIST
FOR
PRE-HEALTH INTERVIEW

YOUR PRE-HEALTH FILE MUST CONTAIN THE FOLLOWING:

___ Completed General Information Form
___ Evaluation Profile
___ Signed Waiver Forms
___ Signed agreement to inform the Pre-Health Committee of interviews granted and which medical school the student matriculated to
___ Three Letters of Recommendation

ALL FORMS AND LETTERS OF RECOMMENDATION ARE TO BE SUBMITTED BETWEEN NOV 1ST AND MARCH 30TH.

THE COMMITTEE INTERVIEW WILL BE SCHEDULED AS SOON AS EVERYTHING IS RECEIVED.
GENERAL INFORMATION

Please provide the information requested on both forms. (Please print or type):

Name ________________________________ Student Number __________________________

Primary Phone #_________________ Secondary Phone # _______________ Email address _______________________

Undergraduate Major __________________ Undergraduate Minor (if any)___________________________

Post-Graduate Training or Degree ________________________________________________________________

Overall GPA __________________ GPA in major __________________ GPA at UMSL_______________________

(GPAs should reflect ALL college and university work)

National Standardized Examinations Scores (e.g., MCAT, DAT, OAT)*:

Name of Exam _______________ When Taken _________________ Composite Score _______________________

(If taken more than once, please state this.)

Evaluation Profile: Please answer all questions provided at the end of the packet.

Waiver Forms: Please fill out and sign all waivers. Failure to do so may exclude you from receiving an interview and letter.

*not required

University of Missouri – St. Louis 1 University Blvd St. Louis 63121-4400

UMSL is an Equal Opportunity Institution
Grade Report and Institutional Action Requisition for Pre-Health Professions Committee Interview

By completing this form, the student consents to allowing the Pre-Health Advisor to access all academic data available by the institution. Upon completion, the Pre-Health Advisor will include the report in the student’s interview packet. This report is for use by the Pre-Health Professions Committee to evaluate the student’s academic performance up to the time of the interview. The student retains the right to inspect the report and contest any discrepancies with the Office of the Registrar.

If the student wishes to review the report, he or she should consult the Pre-health Advisor who will provide a copy at the time of request. If the student wishes to contest any grades or any actions taken, the student has the option of delaying the interview process until after resolution of the discrepancy. If the student chooses to proceed with the process, the interview will be conducted as if no challenges were in progress and the evaluation will be based strictly on the grade report generated. The committee will not take into consideration any challenges when drafting the letter of recommendation.

I agree to all of the terms and conditions described above:

_______________________________________________________________
(Printed Name)

_______________________________________________________________
(Signature)

_______________________________________________________________
(Student ID Number)

_______________________________________________________________
(Date)
Letter of Recommendation Waiver

With the knowledge that confidential letters of recommendation carry more influence than letters not of a confidential nature, I request that the letters of recommendation contained in my Pre-Health Interview file and the evaluations and letters of recommendation written by the Pre-Health Professions Committee be held strictly confidential and I waive my right to see or be informed of the contents of these letters in order to maintain this status of confidentiality.

I authorize the Pre-Health Professions Committee at the University of Missouri - St. Louis, to convey the information contained in my Pre-Health interview file, including personal data, academic records, and confidential evaluations to any professional school, upon my request or at the request of a professional school to which I have applied, this being done at the discretion of the Pre-Health Professions Committee Sciences at the University of Missouri - St. Louis.

I agree to all of the terms and conditions described above:

____________________________________________________________________
(Printed Name)

____________________________________________________________________
(Signature)

____________________________________________________________________
(Student ID Number)

____________________________________________________________________
(Date)
Formal Agreement to Inform Pre-Professional Committee of Matriculation to Professional Health School

As the Pre-Health Professions Committee provides a valuable service to the student population at UMSL, I agree to assist the committee with this service by informing them of both interviews granted and which school I matriculated to. I further agree to provide this information as soon as it is available. Finally, I grant the committee permission to contact medical schools that the evaluation is sent to in the event that I am unable to provide matriculation information.

I agree to all of the terms and conditions described above:

______________________________________________________________________
(Printed Name)

______________________________________________________________________
(Signature)

______________________________________________________________________
(Student ID Number)

______________________________________________________________________
(Date)
EVALUATION PROFILE

Please respond to each section to the best of your ability. Responses must be typed.

**Background:** List education level and occupation of parents or guardians, sibling information, and any particular circumstances or challenges faced growing up.

**Academics:** Explain reasons for choosing your major(s), academic load, reference to grade trend, bad semester (if applicable), independent work, explanation of any time off, awards/fellowships received.

**Extracurricular Activities:** List 15 activities that you have been involved in over the past three years. Include your role, level of engagement, and what you learned from the experience. Include research, community and public service, and medically-related activities; other activities such as organized sports, music groups, student government, paid employment, summer experiences, etc. should also be included.

What would you describe as your most important non-academic strength or asset?

What would you describe as your greatest area for improvement?

Describe your reasons for wanting to enter the health professions beyond, “I like science and want to help people.”

If you are a senior or alumnus, what are your plans for the time prior to your expected matriculation and/or what have you been doing since graduation?

If you are unable to enter the healthcare professions for any reason, what other types of jobs or professions would you consider as viable alternatives?

Competency-Based Admissions is an approach that employs processes intended to determine each applicant’s ability to demonstrate a core set of entry-level competencies needed to succeed in medical school, in residency, and in practice. Briefly comment on each of the Interpersonal and Intrapersonal competencies listed below, and how you’ve worked or are working toward meeting it.

**Service Orientation:** Demonstrates a desire to help others and sensitivity to others’ needs and feelings; recognizes and acts on responsibilities to society – locally, nationally, and globally.
**Social Skills**: Demonstrates awareness of others’ needs, goals, feelings, and the ways social and behavioral cues affect peoples’ interactions and behaviors, adjusts behaviors appropriately in response to these cues; and treats others with respect.

**Cultural Competence**: Demonstrates knowledge of social and cultural factors that affect interaction and behaviors; shows an appreciation and respect for multiple dimensions of diversity; interacts effectively with people from diverse backgrounds.

**Teamwork**: Works collaboratively with others to achieve shared goals; shares information & knowledge with others and provides feedback; puts team goals ahead of individual goals.

**Communication**: Effectively conveys information using both written and spoken words; listens effectively; recognizes potential communication barriers and adjusts.

**Ethical Responsibility to Self and Others**: Behaves in an honest and ethical manner; cultivates personal and academic integrity; adheres to ethical principles and follows rules and procedures; resists peer pressure and encourages others to behave in honest and ethical ways; develops and demonstrates ethical and moral reasoning.

**Reliability and Dependability**: Consistently fulfills obligations in a timely and satisfactory manner, takes responsibility for personal actions and performance.

**Resilience and Adaptability**: Demonstrates tolerance of stressful or changing environments or situations and adapts effectively to them; is persistent, even under difficult situations, recovers from setbacks.

**Capacity for Improvement**: Sets goals for continuous improvement and for learning new concepts and skills; engages in reflective practice for improvement; solicits and responds appropriately to feedback.