CHILDREN'S YOGA + MINDFULNESS TEACHER TRAINING

This powerful training provides you with the understanding and tools you need to teach a well-rounded program to youth 3 to 18. Learn to teach in a wide variety of settings including schools, community spaces and studios. Meet the physical, emotional and social needs of students with our 5 element methodology that makes teaching easy and effective.

University of Missouri-St. Louis: Nov. 9-10, 9AM-7PM
Tuition: $795 USD, early registration $695 by October 8th

www.littlefloweryoga.com

*This training can be taken as a stand-alone workshop, or combined with L2 and L3, along with online requirements, for complete LFY Certification. Learn more or register at littlefloweryoga.com.